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WELCOME TO UMW

IN THIS SECTION:

- Calendar with Red-Letter Dates
- Contacts
- EagleOne Card
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- Technology
Congratulations

on your decision to join the University of Mary Washington, a place where you will juggle rigorous academics with a rich array of extracurricular activities. We look forward to welcoming you in January to your new home away from home.

This book contains a checklist of important, time-sensitive information that will serve as your guide over the next several months. Please pay close attention to the deadlines!

As of Nov. 4, 2013, you will be connected to a whole new world. At that time, you can go online to retrieve your UMW NetID and password.

For continuing updates, go to EagleNet.umw.edu. There you will be able to access your UMW email, find academic advising information, register for classes, and learn even more about UMW.

If you do not have access to a computer ...

We prefer that you return your completed forms by email. If you do not have access to a computer and need paper copies of forms and contracts, please call the appropriate office and return the requested information to that department.
Calendar Red-Letter Dates

All forms to become a UMW student can be completed and submitted by email with one exception: All incoming full-time students, whether residential or commuting, are required to submit to the Health Center by **Jan. 3, 2014**, a completed Health History, Tuberculosis Screening, and Immunization Record form signed by a health care provider. For more information and to download the form, please see “New Students” at [students.umw.edu/healthcenter](http://students.umw.edu/healthcenter), or call the Health Center at 540/654-1040.

**ACADEMIC CALENDAR**

- Transfer student registration
- First-year student registration
- Schedule adjustment period (new students)
- Offices closed
- Residence halls open (new students)
- Residence halls open (returning students)
- Classes begin
- Last day to add courses
- Course-drop deadline (without a “W” grade)
- *Spring break*
- Individual course withdrawal deadline
- Advance registration
- Multicultural Fair
- Classes end/last day to withdraw from UMW
- Reading days
- Final exams
- Commencement
- Residence halls closed

**SPRING 2014**

- Dec. 9 (begins)
- Dec. 11 (begins)
- Jan. 10
- Jan. 12
- Jan. 13
- Jan. 17
- Jan. 31
- Feb. 28 (5 p.m.)-March 9
- March 14
- March 24-April 4
- April 12
- April 25
- April 26-27
- April 28-May 2
- May 10
- May 3 (except for graduates)
- May 11 (for graduates)

*Residence halls close for spring break (except Eagle Landing).*
Contacts Questions regarding the contents of this book or any other areas of the University should be directed to the following offices.

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<th>Office</th>
<th>Phone/Fax</th>
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<tr>
<td>General Information</td>
<td>654-1000 (area code 540)</td>
<td>umw.edu</td>
</tr>
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<td>Academic and Career Services</td>
<td>654-1010 or 1022</td>
<td>academics.umw.edu/academicandcareerservices</td>
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<td>Admissions</td>
<td>654-2000</td>
<td>admissions.umw.edu</td>
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<td>umw.edu/bookstore</td>
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<td>Business Services</td>
<td>654-1009</td>
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<td>Campus Recreation</td>
<td>654-1732</td>
<td>students.umw.edu/recreation</td>
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<td>Cashier’s Office</td>
<td>654-1251 or 1247</td>
<td>adminfinance.umw.edu/cashier</td>
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<tr>
<td>Center for Honor, Leadership, and Service</td>
<td>654-2272</td>
<td>students.umw.edu/chls</td>
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<td>Center for International Education</td>
<td>654-1434 or 1870</td>
<td>academics.umw.edu/international</td>
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<tr>
<td>Community Service</td>
<td>654-1122</td>
<td>coar.umwblogs.org</td>
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<tr>
<td>Copy Center</td>
<td>654-1935</td>
<td>adminfinance.umw.edu/copies</td>
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<td>Counseling and Psychological Services</td>
<td>654-1053</td>
<td>students.umw.edu/caps</td>
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<td>Dining Services</td>
<td>654-1928</td>
<td>umwdining.com</td>
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<td>Disability Resources</td>
<td>654-1266</td>
<td>academics.umw.edu/disability</td>
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<tr>
<td>EagleNet Portal</td>
<td>654-2255</td>
<td>eaglenet.umw.edu/default.aspx</td>
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<td>EagleOne ID Center</td>
<td>654-1005</td>
<td>adminfinance.umw.edu/eagleone</td>
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<tr>
<td>Financial Aid</td>
<td>654-2468</td>
<td>adminfinance.umw.edu/financialaid</td>
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<td>Health Center</td>
<td>654-1040 or 1077</td>
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<td>IT Help Desk</td>
<td>654-2255</td>
<td>technology.umw.edu/helpdesk</td>
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<td>Libraries</td>
<td>654-1125</td>
<td>libraries.umw.edu</td>
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<td>Multicultural Center</td>
<td>654-1044 or 1782</td>
<td>students.umw.edu/multicultural</td>
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<td>Residence Life</td>
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<td>students.umw.edu/residencelife</td>
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<td>Speaking Center</td>
<td>654-1347</td>
<td>academics.umw.edu/speaking/speaking-center</td>
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<td>Student Accounts</td>
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<td>adminfinance.umw.edu/studentaccounts</td>
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<td>Student Activities &amp; Engagement</td>
<td>654-1061</td>
<td>students.umw.edu/studentactivities</td>
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<td>Student Employment</td>
<td>654-2468 or 1685</td>
<td>adminfinance.umw.edu/financialaid</td>
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<td>Study Skills</td>
<td>654-1010</td>
<td>academics.umw.edu/academicandcareerservices/ focus-seminars/</td>
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<td>Tutoring</td>
<td>654-1010</td>
<td>academics.umw.edu/academicandcareerservices/ tutoring/</td>
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<tr>
<td>University Hotline</td>
<td>654-2424</td>
<td>umw.edu/police</td>
</tr>
<tr>
<td>University Police</td>
<td>654-1025</td>
<td>umw.edu/police</td>
</tr>
<tr>
<td>Emergency</td>
<td>4444</td>
<td>From Fredericksburg campus phones only</td>
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<td></td>
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<td>From cell, dial 540/654-4444</td>
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<tr>
<td>Writing Center</td>
<td>654-1036</td>
<td>academics.umw.edu/writing-fredericksburg</td>
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EagleNet Portal

The EagleNet Portal is your way to stay connected with what’s happening at UMW. The screenshot below illustrates where to find specific information in the EagleNet Portal. Just click on “My University Resources” to access these student portal pages.

Regularly accessing the EagleNet Portal at eaglenet.umw.edu to check for announcements is essential.
EagleOne Card

Your official UMW identification card is called the EagleOne card. Stop by the EagleOne Card Center in Lee Hall to have your photo taken and receive your card. Visit the EagleOne Card website for more details.

The card has a myriad of uses on campus and should be carried at all times to...

- gain access to your residence hall, the fitness center, the gym, and numerous campus events
- borrow books from the Simpson Library, and pay library fees
- use in the campus dining facilities and check meal plan and balance information
- use as a debit card to your EagleOne account (activated with an initial deposit of $25 or more)
- make purchases at the UMW Bookstore, Copy Center, Post Office, Health Center, Klein Theatre, all dining operations, and University Tennis Center
- use in vending machines for snacks, drinks, and laundry
- use for public copiers and printing at campus computer labs
- make purchases from participating off-campus merchants
- gain admission to events

Funds can be added to your EagleOne account 24/7 online (the EagleOne Card website), by mail, at the Cashier’s Office and at the EagleOne Card Center, both in Lee Hall. With the EagleOne card, you won’t need to carry cash, write checks, or use a bank credit card anywhere you see the EagleOne logo.

If you lose your card...

All lost cards should be invalidated immediately by deactivating the card online or reporting the loss in person at the EagleOne Card Center during regular business hours. On evenings and weekends, you may report a lost card at the UMW Police Office. Replacement cards are available for a fee at the EagleOne Card Center.
Technology

Students are encouraged to bring laptop computers to take advantage of mobile computing. UMW provides wireless network connectivity in all buildings on campus, and there are more than 24 computer labs equipped with computers and printers.

Each year, the Department of Information Technologies posts recommended configurations for various types of computers on its website, technology.umw.edu/new. In addition to information about the type of computer you should bring, you’ll find information about accessories, software, and best practices. The UMW Bookstore website, umw.edu/bookstore, provides links to vendors who offer computers configured to UMW specifications.

On move-in day, support teams will be available in the residence halls to assist students with connecting to the network. Throughout the year, students may contact the IT Help Desk via email at helpdesk@umw.edu or by phone at 540/654-2255 for assistance. The University is not equipped to provide hardware repair services for student computers, but will provide a list of manufacturer-certified computer repair specialists in the Fredericksburg area.

Apogee is the service provider for residential networking, including Internet access, wired and wireless connectivity, and cable TV and IPTV service. To learn more about Apogee’s services, visit technology.umw.edu/new.

TIPS

When do I get a UMW email account?
You will be issued a network identifier – NetID – and a temporary password that will enable you to use the UMW network beginning Nov. 4, 2013. You may find your NetID by following the step-by-step instructions at technology.umw.edu/logins.

Viruses, Worms, and Spam...
All computers on the UMW network are required to have anti-virus software and current security updates installed on their operating systems. We also strongly recommend that you install, keep current, and run a spyware application. See technology.umw.edu/new for information about combating viruses and malware, and for keeping your system up-to-date.

Wireless
UMW has a wireless network for residence halls and a wireless network for academic and administrative buildings. Information on how to connect to these networks is available at: technology.umw.edu/connecting.

Technology Policies
Students should be aware of network and computing policies that govern access to the campus network and systems. technology.umw.edu/it-policies.
ORIENTATION

IN THIS SECTION:

- Orientation Schedule
- Avoid the Move-In Day Blues
- Directions to Campus
- Essential Information
Orientation Schedule Overview

For updates or changes to the orientation schedule as a result of inclement weather conditions, please call the University Information Hotline (540/654-2424) or go to umw.edu/advisories.

The complete orientation schedule, Jan. 10-12, will be posted at orientation.umw.edu. Printed copies will be distributed during check-in on Friday, Jan. 10.

Friday, Jan. 10

8 a.m.-6 p.m.  EagleOne Card Center (Lee Hall, room 110) – Get your EagleOne ID Card made today! You must present it for meals. ID Center will NOT be open on Saturday!
9 a.m.-noon  Residential students move in. Check in at the front desk of Eagle Landing. For move-in day instructions, see students.umw.edu/residencelife/movein.
11:30 a.m.-1 p.m.  Lunch on your own. Students and families can have lunch in the dining hall (Seacobek). Students can use their EagleOne Card. Cost for family members is $9.25.
12:30-1:30 p.m.  Commuter and residential students check in. Check in at Dodd Auditorium, GW Hall, and receive your complete orientation schedule.
1:30-2 p.m.  Welcome session – Dodd Auditorium, GW Hall. Students and families/guests will hear a brief welcome from President Hurley and others.
2-5 p.m.  Afternoon sessions – Parents and guests will remain for an information session; students will participate in academic advising and registration at various locations.
5-6 p.m.  Dinner – Seacobek Hall. Students use their EagleOne Card. Family members may remain for dinner as guests of UMW. Families/guests depart by 6 p.m.
6-6:45 p.m.  Commuter student meeting – Room 411, Lee Hall. Residential student meeting – Room 412, Lee Hall.
7-10 p.m.  Orientation activities.

SATURDAY, JAN. 11

9 a.m.-4 p.m.  All new students – Mandatory orientation programming continues, including information sessions, honor and judicial training, etc. All students should consult their printed orientation schedule for specific activities and times for the weekend.

SUNDAY, JAN. 12

1:30-5 p.m.  All new students – Optional orientation programming continues.

MONDAY, JAN. 13 - CLASSES BEGIN!

If you wish to request disability-related accommodations, please contact the Student Affairs Office at 540/654-1062.
Avoid the Move-In Day Blues

Please see page 44 for directions to campus once in Fredericksburg.

Please keep your vehicle on paved areas only, unless directed otherwise by UMW staff. When your vehicle is empty, please move it off campus so others may move closer.

Ask orientation leaders for assistance carrying items – these volunteers are there to help!

Fredericksburg can be very cold in January. Dress appropriately!
Essential Information

**Administrative Offices:** Regular business hours are Monday-Friday, 8 a.m.-5 p.m. During certain times in the semester, including the first week of classes and registration period, some offices will have extended hours.

**Assistance:** If you find you are lost, confused, or otherwise bewildered at any time during orientation, help is available. The Lee Hall information desk, on the third floor, will serve as a “triage” point on move-in day to help anyone determine where to go for assistance with concerns. After move-in, the central location for answers to your questions during regular business hours is the Office of Student Activities and Engagement in the lower level of Seacobeck. If you need help after 5 p.m. or on weekends, check with the Residence Life staff in your assigned residence hall.

**Automobiles:** First-year freshmen are not permitted to bring cars. This applies to the entire academic year, regardless of UMW credits earned during the fall semester. Any student who attempts to avoid this restriction by parking a car off campus on streets surrounding UMW is subject to disciplinary action, which may include loss of parking privileges as a second-year student and other judicial sanctions.

**Automobiles:** Upperclassmen are permitted to bring cars, which they must register for parking decals using the EagleNet Portal. Instructions will be posted on the Parking Management website prior to the registration period. The decal fee (see EagleNet for cost) will be added to the student’s account upon registering a vehicle. A residential student may register only one vehicle. Failure to register your vehicle will result in both a fine and a review of your privilege to have a vehicle on campus. It also may result in towing.

**Bicycles:** Bicycle registration with the University Police is highly recommended, and there is no charge. The police will lend students an engraver to mark their bikes. Bicycles should be securely locked to racks when not in use; they may not be stored or parked on campus walkways or steps; in building hallways, stairwells, or doorways; or on stairs.

**Parking:** Parking regulations will be enforced beginning Monday, Jan. 13, 2014, at 7 a.m. If you are qualified to have a car on campus, park in a student parking area. Do not park your vehicle in areas designated for faculty/staff or in the surrounding neighborhoods. Illegally parked vehicles will be ticketed, either by the University or the city of Fredericksburg.

It is the responsibility of each student driver to be familiar with the parking regulations. For complete information, you may refer to the Parking Management website at adminfinance.umw.edu/parking.

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**What to Bring**

- This book!
- Packed and labeled belongings
- Collapsible dolly or cart to help move larger items
- Your sense of humor
- Official, final transcripts of transfer or dual enrollment credits and AP, IB, CLEP, and/or Cambridge results
- Photo ID
- Paper, pens, and pencils for note- and test-taking
ACADEMICS FIRST

IN THIS SECTION:

- Academic Planning and Advising
- First-Year Seminar
- Frequently Asked Questions (FAQ)
- General Education Requirements
- Simpson Library
- Academic and Career Services
- Tutoring and Study Skills
Academic Planning

Launch your first year at UMW by taking the following steps:

Expect a phone call from a student success coordinator in Academic and Career Services soon after you pay your deposit. During this phone call, you will schedule an advising appointment. During the appointment, you will prepare to register for your first semester at UMW and understand UMW degree requirements and academic expectations. If you do not receive this initial phone call from Academic and Career Services within a week of paying your deposit, please call us at 540/654-1010.

In preparation for advising and preregistration, request that official copies of results of Advanced Placement (AP), International Baccalaureate (IB), Cambridge, College Level Examination Program (CLEP), dual enrollment classes, and transcripts of any college transfer credit be sent to the UMW Office of the Registrar immediately. The UMW CEEB code is 5398.

Check the Student and Financial Aid section in the EagleNet Portal to review your student record for any AP, IB, Cambridge, CLEP, dual enrollment, and college transfer credits that have been received and processed by the Office of the Registrar. If you know your prospective major, be sure to run a degree evaluation (a “What-If Analysis,”) to see where your transfer courses fit into your degree.

Use the appropriate Express Guide to Advising and Registration Freshman or Transfer. The UMW Catalog is a helpful resource.

First-Year Seminar

First-Year Seminar courses introduce students to the pursuit of intellectual inquiry. Seminars provide an opportunity to interact with outstanding faculty members while exploring nontraditional topics in nontraditional ways. One first-year seminar is required as part of UMW’s general education program. (Transfer students are not required to take a first-year seminar.) Specific topics will vary from course to course, but all will include:

- college as you imagined it: a life of the mind taught by great faculty
- small classes, capped at 15 students each
- active, discussion-based formats
- exploration of primary texts rather than textbooks
- critical examination of the class literature
- development of writing and speaking skills

Classes at Mary Wash are challenging compared to many schools. The upside is that class sizes are small, which means more chances to ask questions and get to know the professors.
When you arrive in January you will see two major construction projects on campus. The Information and Technology Convergence Center, on Campus Walk next to Simpson Library, is expected to be complete by about June 2014. This “academic commons” building will bring together technology, information, and teaching resources in a modern and vibrant setting. Students will enjoy a variety of spaces such as:

- self-service computer workstations and an “email bar” where you can quickly check messages;
- a self-service multimedia lab outfitted with everything you need to do computer and video productions;
- a more sophisticated video production room (outfitted like a small television studio);
- collaboration spaces throughout the building where students can meet around a flat-panel screen to work on whatever they like;
- conference and meeting rooms throughout the building; and
- the new locations for the Speaking and Writing Centers.

To learn more about this new building, and to keep up with events as the project unfolds, you can go to: provost.umw.edu/convergence-center.

Construction of the new Campus Center is just beginning. Located on Ball Circle, it will rise in the spot where Chandler Hall stood until its demolition in summer 2013. The new Campus Center is designed to be the hub of campus life, where students will enjoy expanded UMW dining facilities and other retail dining, improved student organization office space, and numerous large and small meeting rooms. A ballroom will accommodate large programs. The space will serve as our “campus living room” – warm and welcoming, with comfortable seating spaces and views onto Ball Circle. Construction will continue until the targeted opening date of fall 2015. Visit umw.edu/campuscenter for more information.
Registration will be available online. Check the EagleNet Portal for additional information and instructions.

When will I register for spring classes?
Online course registration opens for incoming transfer students Dec. 9 and incoming first-year students Dec. 11. Students will be contacted by Academic and Career Services to make a preregistration advising appointment. If you have questions about this process, contact Academic and Career Services at 540/654-1010 or advise@umw.edu.

My advisor is not in my major department. Does that matter? No. When you declare your academic major, you will be reassigned an advisor within your major. If you need additional help, contact the Office of Academic and Career Services in Lee Hall.

I need help with my class. What can I do?
First, talk with your professor during his or her office hours, or make an appointment. Professors are there to help and will listen. You can also request tutoring, academic workshops, or advising through the Office of Academic and Career Services. Tutoring and study skill sessions are free, and dates are posted on the Academic and Career Services website.

If I want to change my schedule, how do I do this? You make schedule adjustments online through the EagleNet portal. The schedule adjustment period for dropping or adding courses is Dec. 11 to Jan. 17. After that, you can no longer add courses but can still drop courses through 5 p.m. on Jan. 31, 2014.

I didn’t get into any classes for my major. What do I do? Majors are designed to be completed in less than four years, giving first-year students time to work on general education requirements and electives. Even if a particular course on your schedule doesn’t meet a general education or major requirement, it will serve as one of your elective credits. In certain programs, such as biology or chemistry, it is important to get started in a few major courses right away. In such cases, discuss schedule adjustments with your advisor at your individual meeting during orientation.

Can I declare my major? What if I declare, then change my mind later? Students may declare a major after completing at least 28 credits. There is no limit to the number of times students may change their major, and the process is the same with each change. Students also have the option of declaring a minor.

Where can I get help with papers or presentations? UMW’s Writing Center has tutors to review your writing assignment with you; they’ll ask questions rather than give you answers, and they’ll help you see what you can do to correct any problems. There also is a Speaking Center to help you develop presentation and public speaking skills. Consultants can videotape your practice presentation and provide feedback. There is no charge to UMW students for these services.

What classes may I take pass/fail? You may take any class pass/fail, but there are guidelines. All classes that count toward general education, intensives, and major or minor requirements must be taken for a letter grade. The exceptions are some experiential learning classes. You may take as many as eight pass/fail classes, but no more than one in any semester. However, until you declare a major, we typically advise against pass/fail classes unless you are fairly confident the class is not a requirement for your potential major or minor program.
General Education Requirements

General education is the foundation of a liberal arts and sciences education. The course work is designed to cultivate the skills, knowledge, and habits of mind that are essential in every field of study and that enable graduates to make effective decisions as citizens of a rapidly changing, richly diverse, and increasingly interconnected world. The requirements are designed to put the liberal arts in a contemporary context and to provide students with maximum flexibility in the way the requirements may be met. For complete details, students should see the Undergraduate Academic Catalog, which will be available online via the EagleNet Portal.

Summary of General Education Requirements

- First-Year Seminar (one course); not required for transfer students
- Quantitative reasoning (two courses)
- Natural science (two-course sequence; at least one course with a lab)
- Human experience and society (two courses from two separate disciplines)
- Arts, literature, and performance (two courses; one exploring the process for creating artistic work, the other course focusing on appreciation and interpretation of artistic works)
- Global inquiry (one course)
- Language (intermediate competency in a second language)
- Experiential learning (one faculty-supervised experience)
- Writing-intensive requirement (four courses designated WI)
- Speaking-intensive requirement (two courses designated SI)

Students and parents are urged to enroll in the University’s free emergency notification system: UMW Alerts. This will be the primary (although not the only) system used in case of emergencies. Sign up at alert.umw.edu.
Simpson Library

Conveniently located on Campus Walk, Simpson Library gives access to a full range of innovative and cost-effective services that satisfy the changing needs of UMW students and faculty – whether for information, education, or even recreation. Your library has more than 420,000 volumes and 63,000 periodicals, links to thousands of electronic publications, and a wide array of databases that furnish online access to books, magazines, journals, and newspapers.

Stop by the soft-seating area on the first floor with its shelves of popular reading volumes, movies on DVD, and the comfortable chairs and casual atmosphere that invite conversation and relaxation. A full list of offerings and services can be found on the library’s extensive website at libraries.umw.edu.

Office of Academic and Career Services: Career Preparation

Career development support and the academic internship program can:

• Help you choose a major and explore related career fields.
• Help you plan for a career or graduate school.
• Identify opportunities to network and connect with employers and alumni.
• Provide guidance on experiential learning opportunities that get you out of the classroom and give you new skills.
• Teach you about the academic internship program - one way to meet the experiential learning general education requirement.

Visit umw.edu/academicandcareerservices for additional tools and resources.

Tutoring and Study Skills

Peer tutors are provided by appointment for almost every lower-level course, and walk-in tutoring is available for math courses. Visit the Academic and Career Services website for more information. In addition, online resources for various courses of study can be found at academics.umw.edu/academicandcareerservices/tutoring-resources.

Study skills workshops cover time management, note-taking, test preparation, and other strategies for academic success. Visit the Academic and Career Services website at academics.umw.edu/academicandcareerservices/focus-seminars for more information.
BUSINESS MATTERS

IN THIS SECTION:

- Banking
- Bookstore
- Copy Center
- Financial Aid
- Post Office
- Student Accounts
Banking

There is an ATM in Lee Hall operated by BB&T Bank. For BB&T accounts there will be no transaction fee. For all others the transaction fee will be $2.

Financial institutions in the vicinity of campus include the following (all area codes are 540):

BB&T 400 George St. 899-5500
Bank of America 1481 Carl D. Silver Parkway 548-2827
First Citizens Bank 3205 Plank Road 786-2709
NSWC Federal Credit Union 2004 Augustine Ave. 373-5127
Partners Bank 410 William St. 899-2265
Peoples Community Bank 175 Kings Highway 371-6889
PNC Bank 900 Princess Anne St. 899-3243
Stellar One 1016 Charles St. 373-9700
SunTrust Bank 3557 Plank Road 899-5631
Union Bank & Trust 2811 Fall Hill Ave. 372-7760
Wells Fargo 501 1/2 Jefferson Davis Highway 899-9203

Order textbooks online at umw.edu/bookstore

Return textbooks without dropping a course by Jan. 17.
Return textbooks with a dropped course by Jan. 31.

Bookstore

The University Bookstore offers a one-stop shopping experience featuring new, used, and rental textbooks, e-books, computer supplies, and related instructional materials. In addition, the bookstore carries a large selection of general reading books, school supplies, clothing, gifts, UMW memorabilia, and convenience items, including health and beauty aids, beverages, snacks, and more.

The bookstore boasts a large inventory of used textbooks. Books can be sold back at the end of each semester for even greater savings. When you purchase textbooks from the bookstore, you can take comfort knowing that you have bought the correct textbooks on time for your classes. There are no shipping expenses, textbook purchases are covered by a liberal return policy, and the bookstore’s knowledgeable and helpful staff is eager to provide guidance.

The store offers the most current Office Home and Student (2013) and Office: Mac (2011). To order Dell and Apple computers designed to UMW specifications, and for discount packages, order through the bookstore website, umw.edu/bookstore.
Copy Center

For a nominal fee, you may take care of all your personal copying and printing needs and send or receive faxes at the UMW Copy Center, in the basement of Seacobeck Hall. Options include transparencies, laminations, specialty paper, personalized stationery, binding, labeling, shredding, inserting, collating, and scanning, as well as digital photo processing.

Regular hours are:

**Fall & Spring Semesters:**
- Mon.-Thurs.  8 a.m.-7 p.m.
- Fri.    8 a.m.-5 p.m.

**Summer Semester:**
- Mon.-Fri.   8 a.m.-5 p.m.

Put the Copy Center to work!

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Financial Aid

Initial financial aid award letters are mailed November through mid-January for students who file the FAFSA by Dec. 1. After that date, applicants’ award letters are mailed weekly as FAFSA results are received. Subsequent notifications and requests for information are through the UMW email system.

The Office of Financial Aid administers a variety of UMW Foundation scholarship programs. To be considered for all scholarships, you must complete and submit the New Student Scholarship Application form to the Office of Financial Aid by May 15 for the following fall. The form is available through your EagleNet Portal and the Financial Aid Web page. Most of these scholarships are need-based and also require you to complete the FAFSA by the published dates. Recipients of UMW Foundation scholarships are notified in July. Detailed information about scholarships and financial aid is located online at [umw.edu/financialaid](http://umw.edu/financialaid).

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Post Office

The campus post office is a full-service postal center. All residential and commuting students will be assigned a mailbox to be used for official mail from UMW and for personal mail, including packages and mail requiring a signature.

You may retrieve your mailbox number and combination through the Banner program, by way of the EagleNet portal. You will keep the same mailbox as long as you reside on campus. Students at Eagle Landing will be assigned a box there. If you move off campus, you will be issued a new mailbox.

**Access your mailbox:**
- Mon.-Wed.  7 a.m.-11 p.m.
- Thurs.-Fri.  7 a.m.-1:30 a.m.
- Sat.  8 a.m.-1:30 a.m.
- Sun.  8 a.m.-11 p.m.

**Window services:**
- Mon.-Fri.  10 a.m.-4:30 p.m.

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Student Accounts

Everything you need to know about current tuition and fees, room and board, payment options, due dates, and more can be found at adminfinance.umw.edu/studentaccounts, or by phone at 540/654-1250 or 1289.

Freshman and transfer tuition bills are available online through EaglePAY. An email notification will be sent to your UMW email address once the bills are available. Students can add email addresses or sign up authorized payers within EaglePAY. After your first semester, fall semester bills will be available during the first two weeks of July, and the spring semester bills will be available during the first two weeks of November. All new charges or unpaid account balances will be billed periodically throughout the semester. Accounts not covered by financial aid, prepaid tuition programs, or by the installment payment plan are due by the date specified on the bill (typically the end of July for the fall semester and mid-December for the spring).

You may pay your account with cash, cashier’s check, money order, personal check, automated clearing house (ACH), or credit card. Credit card payments are made online through a University-approved third party, which charges a convenience fee. Online ACH payments are not charged a convenience fee. Students who wish to grant access to another person to view and make payments on their account must first set up the person as an authorized payer within EaglePAY.

We encourage everyone to make payments online through EaglePAY, to avoid mailing delays that might cause a hold or a late fee on the account. If payments are mailed, they should be mailed directly to the UMW Cashier’s Office with the student ID attached. You also may make payments in person on the second floor of Lee Hall. Outside scholarships must be received by the due date of the bill. Failure to pay a bill by its due date may result in late fees and a hold on your account. Grants, loans, and scholarships are credited to student accounts in the order that UMW receives them. Accounts are reviewed periodically to identify overpayments, in order to issue refunds. Please see adminfinance.umw.edu/studentaccounts for further information.
CAMPUS DINING AND HOUSING

IN THIS SECTION:

- Application and Agreement for Residential Students
- Frequently Asked Questions (FAQ)
Application and Agreement for Residential Students

The education you receive at UMW extends beyond the classroom into the residence halls, where you will meet people whose lifestyles, personalities, and values may be different from your own. You have a unique opportunity to learn about yourself and others through new friendships, and to share both good times and challenges. UMW’s goal is to provide a living-learning environment that offers support, fosters academic achievement and personal development, and provides a sense of community to all its members.

Complete the online housing application/agreement (found under the University Life tab on EagleNet) after submitting your admissions deposit (which includes the $250 housing deposit). When submitted online, this application becomes a binding agreement between you and the University for the remainder of the academic year. No housing assignment will be made without a completed Housing and Dining Services Agreement record on file.

Students joining the residential community for spring 2014 will be notified of their housing assignments by Jan. 7, 2014. Notifications will be sent to student UMW email accounts and will be available in EagleNet.
Can I request to live in a specific residence hall? Assignments for students coming in January are done on a space-available basis. If you know someone here and there is space in that room, we’ll do our best to accommodate that request. Please keep in mind that freshmen (by credit) are not permitted to live in the UMW Apartments or Eagle Landing.

Is there a housekeeping service to clean my room and bathroom? No, but housekeeping does clean hall bathrooms that are shared by an entire floor.

How many roommates will I have? Residence halls have double, triple, and quad rooms, and every student has the same chance of being placed in any of them. Roommates are randomly assigned based on preferences noted on the Housing and Dining Services Agreement.

What are bathroom facilities like? In some residence halls each floor shares a common bathroom containing individual toilet stalls and shower stalls. Others have suite-style bathrooms with two bedrooms connected by a shared bathroom. UMW students will attest that each style has unique advantages.

What are community standards? Community standards are rules and regulations relating to visitation, quiet hours, or any other issue that affects everyone in the community. The community will vote on standards for your residence hall at the first hall meeting of the semester.

May I install a window air conditioning unit in my room if my building does not have AC? No. Window AC units are prohibited in the residence halls unless you have submitted documentation of a medical need for AC and have been approved. The form can be found on the Residence Life forms page at students.umw.edu/residencelife/forms.

What are resident assistants, and how can they help me? Resident assistants are specially trained upperclass students who live in the building and assist residents in their adjustment to life at UMW. They can help with everything from work orders and maintenance requests to providing social and educational programming. RAs are available to answer any question a resident might have about life at UMW.

I usually just use my cellphone. May I bring it to UMW? Absolutely! Most students on campus have cellphones and many elect to use them for long-distance service. Residence hall rooms are not equipped with phones, but there are phones on every hall for emergency purposes. Students also can contract for a phone with Apogee, our digital services partner, for an additional fee. Cellphone reception in the area and in campus buildings varies for some service providers.

Can I bring a fridge for my room? Personally owned refrigerators that are 2 amps or 4.5-cubic feet or less in size are permitted, providing they are UL approved. Only one refrigerator is permitted in a double or triple room, and two are permitted in a quad.
What is included in my room? Each residence hall is unique, but standard furnishings include an extra-long twin-bed frame and mattress, desk and chair, dresser, and closet space for each resident. Rooms are equipped for cable television and computer network connections for each resident. Wireless network access is also provided throughout the residential buildings.

Do all residence halls have elevators? No. Halls that do have elevators are Alvey, Arrington, Jefferson, Marshall, Mason, Randolph, and Russell.

When is move-in? Move-in for new students is Friday, Jan. 10, 2014, beginning at 9 a.m. Students should check in at the front desk of Eagle Landing in the Eagle Village Shopping Center off of U.S. 1. Early arrivals will not be permitted, nor may personal belongings be moved in early. Please plan accordingly. If you need to arrive in the Fredericksburg area early, you should make arrangements at a local hotel.

What size sheets should I buy? All resident rooms have twin beds, and most have extra-long 80-inch mattresses. It is best to buy XL twin sheets or twin sheets with “expanded” or “deep” pockets.

Can I have overnight visitors in the residence halls? Overnight visitation is decided upon by community standards vote in each residence hall at the first meeting of the semester. The Office of Residence Life encourages roommates to discuss overnight visitation during their roommate agreement. Most communities permit overnight visitors, but check with your roommates first to ensure that everyone agrees.

How can I get around without a car on campus?
- Ride FRED buses for free with your student ID throughout the city and to the Spotsylvania Towne Center and Central Park retail center. On weekends, “FRED Express” stops just inside the main gates of UMW and on College Avenue in front of Seacobeck Hall.
- Walk downtown and to the Eagle Village Shopping Center.
- Ride your bike.
- Check out “Rides Wanted/Needed” on the UMW Facebook page and share rides.
- Use the Greyhound bus and rail stations that are minutes from campus. Apply for Student Advantage discount cards through Amtrak. Ride the Virginia Railway Express (vre.org) to Northern Virginia and Washington, D.C., for less expensive weekday fares.
- Airports within a 75-mile radius include Richmond, Reagan, Dulles, and BWI.

Read carefully the contents of the official Housing and Dining Services Agreement, then submit it through the EagleNet Portal at EagleNet.umw.edu.
**Green Dining** UMW is one of only five Virginia schools to achieve the “Virginia Green” environmental certification. UMW Dining Services offers comprehensive recycling, trayless dining, reusable takeout containers, and use of local produce and Marine Stewardship Council certified seafood.

**Recycling** UMW ranked first in Virginia for the second consecutive year during Recyclemania 2013. For information on how/what to recycle, see sustainability.umw.edu/recycling.

**Energy Conservation** UMW is committed to conserving energy through building retrofits and human behavior modifications. Lighting upgrades, energy management systems, electricity peak demand reductions, and pipe insulation reduces more than 8,728,459 pounds of CO2 annually.

**Sustainability Policies and Procedures** UMW’s defined commitment to sustainability can be found at sustainability.umw.edu.

**LEED** Renovations to Randolph and Mason halls earned UMW its first LEED GOLD certification. All new UMW building/renovations are LEED (Leadership in Energy and Environmental Design) certified. Energy Star-rated equipment is standard.

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**Get Involved in Sustainability at UMW!**

**Environmental Sustainability Minor** This interdisciplinary sustainability minor explains what sustainability is and how it is used in the real world. Students can deepen their understanding of the environmental movement, social justice, economic development, and the interactions among them.

**Ecology Club** The student-run Ecology Club leads the sustainability movement on campus, partnering with national organizations like the Campus Climate Challenge and Energy Action Coalition, local associations like the Chesapeake Climate Action Network, and the Rappahannock Chapter of the Sierra Club, and on-campus groups like Environmental Action and Awareness.

**Eco Reps** Students work with the Sustainability Office to foster awareness of sustainable living.

**President’s Council on Sustainability** This council involves students in planning sustainability goals as members or with a PCS Action Group. See sustainability.umw.edu.

**Internships** Sustainability-focused internships are offered through the Career Services Office and have included work on funding and grant writing for sustainability programs, Recyclemania planning and organizing, and sustainability PR and communication.
Frequently Asked Questions About Dining

Where can I eat on campus? There are five dining locations on campus. Seacobeck Hall features three dining rooms with buffet-style menus and cooking stations. The Eagle’s Nest, located in Woodard Campus Center, offers national brands Vocelli Pizza and WOW Cafe & Wingery. The Nest also features Joe Stacks Coffee Bar & Deli as well as Simply To Go for meals for students on the run. Naturally Woodstock, The Underground in Lee Hall, focuses on simple cuisine that utilizes local produce and eco-friendly products. Finally, Jazzman’s Cafe & Bakery in Simpson Library offers fresh coffee and treats.

How may I change my meal plan? A meal plan can be changed through EagleNet under “My University Resources - University Life,” starting in January. Students have until the end of the second week of classes to decrease a meal plan.

What’s being served? To check the day’s or week’s menus, visit Eagle Dining at umwdining.com, follow us on Twitter (@umwdining) or “like” Eagle Dining on Facebook (UMWdining). Vegetarian, vegan, and gluten-free menu offerings are available during each meal period. If you are on a restricted diet, contact the general manager at 540/654-2230.

What are flex dollars? Flex is a cash equivalent built into all of the meal plans. Though not real money, flex is a debit account for making additional food purchases at all of the dining operations. Flex balances roll over from the fall to the spring semester. Unused balances at the end of the spring semester will be forfeited.

May I bring a guest for dinner? Yes! Every block meal plan allows you to use five of your meals for guests! If you've used all your guest meals or your plan does not include them, you may purchase meals at any dining facility with Flex Dollars, EagleOne, cash, or credit card.

How do I choose a meal plan? Eagle Dining offers a variety of meal plans tailored to fit the appetite of any residential or commuter student. You may choose from our super (unlimited) meal plan, several block meal plans that provide a set number of meals each semester, or a “Go Green” meal plan.
Where to eat on campus

Seacobeck Hall

The Washington Diner features “The Grill” with all-American standards like hotdogs, hamburgers, grilled cheese, fries, and veggie burgers. The “Hometown” station offers classic favorites like macaroni and cheese, mashed potatoes and more. On weekdays from 4-8 p.m., “Dine Up” provides students with upscale entrees.

The South Market offers a mix of Asian, Tex-Mex, and American cuisine. At the Pacific Rim you can get made-to-order stir fry, like beef and broccoli or General Tso’s chicken. Fresh sushi is available, too!

The UMW Bistro Enjoy classic Italian menu items like freshly made pizza, made-to-order pasta, paninis, tossed salad specials, and a gelato bar.

Lee Hall

Naturally Woodstock Located in Lee Hall, Naturally Woodstock at The Underground offers delicious sandwiches, wraps, salads, and sweet treats, including frozen yogurt and fruit smoothies.

Simpson Library

Jazzman’s Cafe & Bakery, located in Simpson Library, has coffee and tea, freshly baked specialty muffins, scones, and brownies.

Eagle’s Nest

WOW Cafe and Wingery features chicken wings and tenders, burgers, quesadillas and more. Customize your meal with one of our ten spicy, sweet, or savory sauces!

Vocelli Pizza offers fresh-from-the-oven Italian flavor from Vocelli rolls to delicious vegetarian gourmet pizzas. Fresh salads and appetizers are also on the menu.

Simply To Go. Choose from sandwiches, salads, fresh fruit cups, drinks, or desserts all packaged to be convenient and transportable. Stop here and get a full meal fast.

Joe Stacks fixes your sandwich however you like it – choose your bread, meat, cheese, and toppings! Joe Stacks also proudly serves Starbucks coffee drinks, smoothies, and hot or iced teas.

For hours of each restaurant visit umwdining.com.
LIFE AT UMW IN THIS SECTION:

- Athletics
- Commuting Students
- Disability Resources
- Getting Involved at UMW
- Healthy U
  - Campus Recreation
  - Counseling and Psychological Services (CAPS)
  - Health Center
- Center for International Education
- Honor System
- Judicial Affairs and Community Responsibility
Athletics

UMW is a member of the NCAA Division III and is renowned as one of the strongest broad-based programs in the nation. Of the 23 sports at UMW, 22 have competed in national championship events, and the Eagles have brought home national titles in four sports. As a charter member of the Capital Athletic Conference (CAC), the Eagles have won the CAC All-Sports Award 12 times. UMW also has produced hundreds of All-America selections, and countless all-region and all-conference picks.

If you are interested in trying out for a spring team, you should immediately call or email the head coach of your sport, listed at umweagles.com/staff. Most sports involve off-season training programs in the summer, and some fall sports require early arrival in August. Note that NCAA Division III programs do not give athletic scholarships. As a candidate for a fall, winter, or spring sport, you must register for a 400-level physical education class in your sport.

To be eligible to try out for a varsity team, you must complete all required forms by Jan. 6, 2014. Please contact Ian Rogol, head athletic trainer, at irogol@umw.edu for directions and access to our required online medical forms. In addition, contact Patrick Catullo, assistant director of athletics for compliance, at pcatullo@umw.edu for directions and access to our required NCAA eligibility forms.
**Overnight housing:**
In the event of severe weather, you may contact the Office of Residence Life to arrange for temporary overnight housing.

**Disability Resources**

The Disability Resources Office works to eliminate barriers and create a welcoming and inclusive environment for all students, including students with disabilities. However, there may be classroom, residential, program, or educational experiences in which you require accommodation. To request accommodations, please submit documentation of your disability with the registration form to the Office of Disability Resources for review. Once our review is complete, you will be contacted via your UMW email for next steps. For the student registration form and information on how to register, please see academics.umw.edu/disability/how-to-register. To learn more about documentation requirements, services available, and frequently asked questions, please see academics.umw.edu/disability.

If you need accommodations in your residence hall, such as a wheelchair-accessible room or visual fire alarm, complete the housing accommodations application at academics.umw.edu/disability/accommodations/housing-accommodations, by **Nov. 22, 2013**.
Getting Involved at UMW

Love a good concert? Excited about traditions?

Student Activities and Engagement (SAE) is the place to go to get involved on campus. More than 120 clubs and organizations help plan and run the weekly events on campus – from bingo in The Underground to major concerts in the Anderson Center. Enjoy culture? Join one of the many cultural groups such as the African Student Union, Jewish Student Association, and People for the Rights of Individuals of Sexual Minorities. Want to apply your classroom knowledge? Join one of our multiple academic-based clubs. You can find all of this and more at students.umw.edu/studentactivities.

Center for Honor, Leadership, and Service

The Center for Honor, Leadership, and Service facilitates activities and services to enhance experiential learning.

Honor infuses everything we do at UMW, and connects leadership and service – with an emphasis on leading and serving with integrity. The center offers leadership workshops for students and faculty as well as consultations for campus organizations seeking to improve their effectiveness. The center also works closely with the student-led Honor Council to educate about academic integrity and foster the Mary Washington culture of trust and respect.

UMW has a strong reputation for service, and the center is home to COAR – Community Outreach and Resources. COAR runs an average of 20 programs – working with children, the elderly, and animals; environmental projects; and a variety of on-campus service programs. Whether you want to volunteer on your own or with a group, COAR can help. Visit coar.umwblogs.org for more information.

For more center information, see students.umw.edu/chls or email us at chls@umw.edu.

Where may I worship?

In addition to Fredericksburg-area houses of worship, several campus ministries and clubs support students’ spiritual growth.

**Baptist Collegiate Ministry (Interdenominational)**
Contact: connect@umwcenter.org; umwcenter.org

**Campus Christian Community**
Contact: 540/373-9255

**Canterbury Club** (associated with Trinity Episcopal Church)
Contact: info@umwcanterbury.com

**Catholic Campus Ministry**
Contact: 540/373-6746; umwccm.org

**Encounter Club** (associated with Spotswood Baptist Church)
Contact: eswauger@gmail.com; encounter647.org

**The Gathering** (interdenominational Christian club)
Contact: Student Activities for more information

**Grace Campus Ministries** (affiliated with Grace Church)
Contact: umw.gcm@gmail.com; gcofonline.org

**Intervarsity Christian Fellowship**
Contact: ivmdub@gmail.com

**Islamic Student Association**
Contact: isa.eagles@gmail.com

**Hillel** (Jewish)
Contact: hillel@umw.edu
Healthy U
Campus Recreation

Students enjoy a comprehensive recreation program with something for everyone. Intramural sports events range from team leagues in basketball and flag football to retro events like dodgeball and kickball. Group fitness classes and a Wellness Resource Center are housed in the state-of-the-art Fitness Center along with cardiovascular, free weight, and circuit equipment. The Campus Recreation Field complex offers synthetic field surfaces with advanced lighting for intramural and sport club use, softball and baseball diamonds, and a premier beach volleyball court.

The Eagle sport club program provides students the opportunity to compete in intercollegiate athletics locally, regionally, and nationally. It offers more structure and commitment than the intramural sports events, yet allows the student-athlete to dedicate less time than the intercollegiate varsity teams. UMW offers the following active sport clubs:

- Baseball
- Basketball (M&W)
- Boxing
- Cheerleading
- Canoe and kayak
- Color guard
- Cycling
- Fencing
- Field Hockey
- Lacrosse (M&W)
- Polo
- Rugby (M&W)
- Ski/Snowboard
- Soccer (M&W)
- Softball
- Tennis
- Terrapins (synchronized swimming)
- Ultimate (M&W)
- Volleyball (Coed&W)

Go to umw.edu/fitness for updates and forms to register for intramural sports.

Counseling and Psychological Services (CAPS)

Good health involves more than your body. Managing stress, attending to your emotions, developing as an individual, and building resilience all contribute to psychological well-being, an important part of staying healthy. CAPS offers brief individual therapy and group counseling to full-time degree-seeking students. Crisis intervention, consultation, educational programming, and referral services are open to the entire UMW community.

To make an appointment, call 540/654-1053 or stop by the CAPS office on the first floor of Lee Hall during regular business hours. CAPS is staffed by licensed professionals who are experienced in working with a wide array of issues that confront college students, from homesickness to social concerns to depression and anxiety. Services are free and confidential.

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If you have recently been or are currently in therapy:

- Learn about the scope of our services – CAPS offers short-term therapy with no session limit and unlimited group therapy, crisis intervention, and consultation services.
- Develop a coping plan with your clinician that addresses your transition to college.
- Talk with your clinician about warning signs and helpful steps to take if your symptoms recur.
- Learn about resources at UMW and in Fredericksburg and how to access them. (Remember, freshmen may not bring cars, so please plan accordingly.)
- Talk with your doctor before making any medication changes and about medication refills. Don’t find yourself calling for a refill the day your prescription runs out!
- If you anticipate needing longer-term therapy or psychiatric services, CAPS can assist you in locating mental health resources in the community, including providers’ insurance information and their respective approaches to therapy. Be sure you have your health insurance information card; many insurance plans require that you use the services from their preapproved lists of providers for the charges to be covered.

TIPS

The Health Center’s Self-Care Center on the first floor of Lee Hall is available 24/7 and offers students

- free access to disposable thermometers
- small quantities of over-the-counter remedies for colds, headaches, and other minor ailments
- condoms
- a large selection of literature on a variety of topics ranging from cold care to body art.

Other services available for small, additional fees include

- an allergy immunotherapy program
- a weekly women’s clinic for gynecologic care, contraceptive counseling, and prescriptions
- lab work (both on site and by referral to local medical labs)
- referrals for x-rays and diagnostic imaging procedures
- prescription medications.

The UMW Student Health Center provides an array of services to assist students when they are ill, and to help them stay healthy through education, prevention, and self-care. Located on the first floor of Lee Hall, the center is open during regular business hours with a medical staff that includes a full-time physician, two nurse practitioners, and three registered nurses. After hours, you may call HealthLink (741-1000), a local nurse- triage service, for a phone consultation for no additional fee.

All full-time students are eligible to use the Health Center.

All incoming full-time students, whether residential or commuting, are required to submit to the Health Center by Jan. 3, 2014, a completed Health History, Tuberculosis Screening, and Immunization form signed by a health care provider. For more information and to download the form, please see “New Students” at students.umw.edu/healthcenter/, or call the Health Center at 540/654-1040. Completed forms should be mailed or faxed to:

University of Mary Washington, Student Health Center
1301 College Ave., Fredericksburg, VA 22401
FAX 540/654-1077

IMPORTANT NOTE: Students who do not submit their health form to the Student Health Center by the due date will have a hold placed on their accounts and will not be able to register for next semester classes until their completed form is turned in.
Center for International Education (CIE)

Every year, hundreds of UMW students study abroad at some of the world’s most prestigious universities while earning credit toward their degrees. The intercultural skills students acquire while abroad set them apart to potential employers and graduate schools, which are increasingly seeking globally educated, experienced graduates. Likewise, every year UMW welcomes talented international students from all over the world, some as degree-seeking undergraduates and others who are themselves studying abroad for a semester or a year.

Through the CIE (Lee Hall, fourth floor; international.umw.edu), students have access to numerous opportunities to study, intern, research, or volunteer abroad. CIE works closely with faculty to develop, promote, and enroll students in UMW faculty-led and partner programs; organizes the annual education abroad fair; and regularly invites study abroad providers to campus to inform UMW students about international opportunities.

CIE assists international students with immigration matters, practical matters such as banking and billing questions, cellphone plans, health insurance, and pre- and post-graduation employment options. CIE also coordinates the InterLink Cultural Mentor program, providing each interested international student with a globally minded American counterpart to ease the transition to campus life.

Multicultural Student Affairs

The University of Mary Washington seeks a rich blend of cultural diversity in its faculty and staff, students, curriculum, and activities. The James Farmer Multicultural Center, named after the prominent civil rights leader who taught at UMW, specifically focuses on the academic and social well-being of underrepresented students through programming, mentoring, and leadership opportunities. The center offers a variety of cultural programming including the highly respected Cultural Awareness Series. The series culminates with the spring Multicultural Fair, which attracts huge crowds to campus.
**Honor System**

The student-run Honor System at UMW is a deeply cherished tradition founded upon the personal integrity of each individual member of the University community. It requires honorable conduct at all times and in all dealings with others, and it is the basis for the sense of community that characterizes our campus. The system deals specifically with lying, cheating, and stealing in all their forms, and each student is required to verify acceptance of the Honor System by signing the Honor Pledge. Violations of the Honor Code can result in temporary or permanent notations on the student’s transcript. The Honor Council office can be reached at 540/654-1144 and is located on the second floor of Mercer Hall.

**Judicial Affairs and Community Responsibility**

The Office of Judicial Affairs and Community Responsibility (OJACR) plays a role in helping students to have the best possible living and learning experience at UMW. This is a community in which all students are asked to accept responsibility for their actions. The vast majority of our students consistently meet that expectation. However, when potentially disruptive or harmful situations arise – for example, irresponsible use of alcohol, serious interpersonal conflicts, sexual misconduct, vandalism, or noise disturbances – they need to be addressed. Through education, and through a student-centered hearing process, students learn that their behavior has an impact on others. Students whose experiences at UMW have been compromised by the behavior of others should view OJACR as a resource and as an advocate for their rights. OJACR can be reached at 540/654-1660 and is located in Marye House.

**TIPS**

- Participate in all of the orientation activities and keep your residence hall room door open – you’ll meet more people that way.

- Get involved! Don’t be afraid to try something new just because you don’t know anyone else doing it. The possibilities are endless with sports, student government, and more than 100 clubs.

- Become a tutor, lead others in community service, become a peer mediator or wellness educator. Participate in an alternative break.

- Don’t stay up all night just because you can!
PARENTS and FAMILIES
Welcome! Whether or not this is your first experience sending a son or daughter off to college, you are bound to have questions. This book is a resource to assist you over the next several months finding answers to those questions.

The UMW Office of Alumni Relations has partnered with On-Campus Marketing and the campus post office to provide special-occasion cakes, baked goods, and care packages for birthdays and final exams. Proceeds from the program support the UMW Fredericksburg Network Scholarship. This is the only program endorsed by the University to provide cakes or exam “survival kits.” The unique delivery system allows you to include handwritten notes and ensures on-time notification and delivery. Letters with ordering information will be mailed each semester, or orders can be taken online at ocm.com/mwc/gifts_and_care_packages/baked_goods.

Absence from Class: To make up missed work for short absences of one or two days, students should contact each professor personally upon returning to class. For more lengthy absences, the student or his or her family may contact the Office of Academic Services, which will work with you to notify all professors on your student’s schedule.

EagleOne Account: Deposits may be made to your student’s account 24/7 by visiting adminfinance.umw.edu/eagleone.

FERPA (Family Educational Records and Privacy Act): Unless your student signs the “Student Consent for Release of Information” form and checks the box for “Official Grade Reports,” you will not receive information about your student’s grades. This consent form is available in the Office of the Registrar, Lee Hall, second floor. Faculty and UMW staff are also restricted in the information they may share with you about how your student is doing in a particular course and other academic areas, even if you are financially responsible for the student. This is not a University policy. This is a requirement of FERPA, a federal law. For more information about FERPA, visit the Office of the Registrar online at academics.umw.edu/Registrar/ferpa-policies-procedures-services or the U.S. Department of Education online at ed.gov/policy/gen/guid/fpco/ferpa/index.html. Additional resources for parents can be found at umw.edu/parents/quick-links-2.

Notification of Parents/Guardians: To the extent allowed by federal law, the dean of student life will contact parents/guardians of students who are found responsible through the judicial process for an intoxication violation, or who accumulate two minor alcohol violations*. In most cases, a student’s judicial records are not disclosed to anyone outside the University, including parents, unless the student has signed the “Student Consent for Release of Information” form and checked the box for “Information Concerning Student Conduct/Disciplinary Actions and Their Consequences.”

*Notification also occurs when a student has violated UMW’s Drug Policy.

Opportunities to Stay in Touch: Visit umw.edu/parents, and ask your student to complete the Parent and Family Information Form available in EagleNet Portal to ensure that you receive communications, including information about Family Weekend and other special events, as well as the UMW Magazine.

Parent Leadership Circle: The UMW Parent Leadership Circle is a group of active Mary Washington parents who provide outreach for the University. Members help inform fellow parents of the importance of supporting UMW, and they choose to support the
University with an annual leadership-level gift. For more information, visit giving.umw.local/immediate-impact/parents.

Parking: When visiting your student during the academic year, please use the visitor spaces near George Washington Hall or obtain a free visitor dash pass from the UMW Police Department, located in Brent Hall and open 24/7. adminfinance.umw.edu/parking

Safety and Security: The campus is protected by its own police officers, who are on duty 24 hours a day all year, including holiday and break periods. Our police department is a full-service law enforcement agency with a range of programs including the adopt-a-hall program, which brings programs on topics such as crime prevention tips and personal security seminars. We also offer free licensed RAD (Rape Aggression Defense) courses. Additionally, the PD operates an on-campus safety escort in the evenings, and students may request a ride from outlying parking areas or an escort to their residence hall.

UMW has a comprehensive fire safety program with fire detection and alarm systems in all buildings. Smoke detectors are in the hallways, stairwells, and rooms of residence halls. Each hall has three fire drills each semester to ensure that everyone knows how to be safe during a fire emergency. Fire safety regulations such as false alarms or tampering with fire extinguishers or equipment are taken very seriously and may result in severe disciplinary action such as suspension or loss of housing privileges in addition to responsibility for the cost of damages.

Student Employment: The Office of Financial Aid provides information to students interested in employment on campus. Students wanting information about employment in the campus dining hall, Eagle’s Nest, or catering operation should contact UMW Dining Services.

Study Skills and Tutoring: The Office of Academic and Career Services offers a seminar and a series of workshops on topics such as note taking, time management, textbook reading, and other important study concerns. It also coordinates a peer tutoring program for students who need a refresher or extra help in their courses. More information is available at academics.umw.edu/academicandcareerservices/focus-seminars and academics.umw.edu/academicandcareerservices/request-a-tutor.

Will This Go on the Permanent Record? Disciplinary issues are part of the educational record and remain there for at least three years after the last attendance. Graduate schools and many potential employers consider such records before making offers. Email sent to a student’s UMW email account or mail sent to a student’s campus mailbox constitute proper notification of a judicial process. “I didn’t check my mail” is not a valid excuse for not responding to such communications.

UMW gives students accused of a judicial violation numerous rights during the judicial process. Urge your student to know and understand them. The system is meant to be educational, not adversarial.

Limited housing options are available during Thanksgiving, winter, and spring breaks for international and out-of-state students, but only for those who apply at least one week prior to the posted closing time. Students should contact the Office of Residence Life to investigate possible housing options for breaks.
UMW GLOSSARY: EagleSpeak — words you’ll need to know

- TECHNOLOGY
- UMW GROUP OR ORGANIZATION
- UMW CAMPUS
- FREDERICKSBURG AREA

BANNER — an online administrative system accessed via the EagleNet Portal that provides personal information and transactions such as:
- registration for classes during appointed times
- modification and view of current classes and registration holds
- unofficial transcript with final grades for completed classes, term GPA, and cumulative GPA
- view of transferred credits from other institutions
- retrieval of mailbox number and combination
- view of meal plan selection

BALL CIRCLE — grassy area across from Lee Hall frequented by flag football players and sunbathers

BATTLEGROUND — athletic complex one block from campus, home to the outdoor varsity teams, rugby teams, track, and indoor and outdoor tennis complexes

BEACH — lawn area between Mason and Randolph halls frequented by Frisbee players and sunbathers

BLUE LIGHTS — emergency lights located on campus with phones that are directly connected to UMW Police

The BULLET — student-run weekly newspaper

CAMPUS WALK — large brick walkway through the center of campus with lots of benches and great gathering places

CANVAS — online course management system that provides course information such as notes, grades, assignments, and class announcements. Use varies by professor. May be accessed through EagleNet, through the QuickLinks at the top of the UMW home page, or via canvas.umw.edu.

CENTRAL PARK — 310-acre shopping area located west of campus on State Route 3 with more than 100 stores (Target, Wegmans, Walmart, Old Navy, etc.) and almost every major national chain restaurant you can imagine

CHEAP SEATS CINEMA — shows latest blockbuster movies on weekends for $1

CLASS COUNCIL — organization charged with maintaining UMW traditions

CLUB CARNIVAL — biannual event held the first week of each semester during which students can find out about clubs and organizations

COAR — Community Outreach and Resources, run by students who coordinate volunteer activities on and off campus and service-learning programs

DODD — auditorium in GW Hall, home to many UMW traditions, concerts, and $1 movies

DOUBLE DRIVE — U-shaped driveway located off College Avenue at the main gates of the University; also known as GW Circle

DOWNTOWN — located within walking distance of campus, featuring shops, restaurants, and historic sites

EAGLE — UMW mascot

EAGLE VILLAGE — a residential and retail mixed-use village for townspeople, students, and faculty to shop, live, work, and enjoy entertainment facilities. EAGLE LANDING is the residence hall at Eagle Village.
**EAGLENET PORTAL** – important source for UMW information; located at [EagleNet.umw.edu](http://EagleNet.umw.edu)

**EAGLEONE** – relates to EagleOne card, or funds deposited in EagleOne account

**EAGLEPAY** – online billing and payment system; located in EagleNet Portal

**EMPLOY·AN·EAGLE** – online database managed by Academic and Career Services where internship and job opportunities are posted

**eSUDS** – online laundry monitoring system used in most residence halls

**FLEX** – (n.) extra money that comes with your meal plan to use at the Eagle’s Nest or Seacobeck; (v.) to use your flex dollars to pay for yourself or someone else, ex. “I’ll flex you today.”

**FOUNTAIN** – social center of campus, located in Palmieri Plaza

**FRED** – bus system that can take you almost anywhere you need to go in Fredericksburg

**GIANT** – a student organization that provides concerts and other entertainment for the campus throughout the year

**GW** – George Washington Hall, home to Dodd Auditorium and the offices of the president, and others

**HONOR COUNCIL** – judicial body that promotes awareness of and adherence to the honor system and assesses violations related to lying, cheating, or stealing

**HOTLINE** – extensions to call for University schedule updates (654-2424) and athletic schedule updates and team results (654-1869)

**IT HELP DESK** – provides assistance with computers and technology (654-2255)

**JEFFERSON SQUARE** – lawn located between Jefferson, Bushnell, and Combs halls

**JRB** – Judicial Review Board holds hearings and issues sanctions regarding violations of the community standards, such as alcohol offenses or property damage

**LEE HALL** – houses essential student services, the University Bookstore, and The Underground

**THE LINK** – connecting area between Mason and Randolph halls

**MDUB** – otherwise known as Mary Washington

**NEST** – nickname for the Eagle’s Nest food court in Woodard Campus Center

**SAE** – Office of Student Activities and Engagement; helps students plan events, start a club, request club funding, approve fliers, and more

**SEACO** – nickname for Seacobeck Hall, the main campus dining facility

**SGA** – Student Government Association, which includes the Honor Council, JRB, Legislative Action Committee, Academic Affairs Council, Association of Residence Halls, Senate, and Commuting Student Association

**SPIRIT ROCK** – boulder near the Campus Center on which students may paint messages

**THE UNDERGROUND** – student programming facility that hosts events nearly every night of the week

**WEBMAIL** – email system provided for students and faculty

**WMWC** – student-run radio station at [wmwc.umwblogs.org/about-us](http://wmwc.umwblogs.org/about-us) and Twitter @radioWMWC
YOUR UMW BOOKSTORE  |  We’ve got all your gear right here.
Directions to Campus

Once in Fredericksburg

To Ball, Custis, Madison, Marshall, Russell, Virginia, and Willard halls

**From Route 3:** Turn left onto William Street (Route 3 East-Business) at the intersection of Route 3 and the Blue-Gray Parkway. This will be the sixth traffic light past I-95. Continue on William Street one block past College Avenue and turn left at the next intersection onto Sunken Road.

**From U.S. 1:** Turn onto College Avenue at the traffic light by the Eagle Village Shopping Center. Continue to William Street and turn left. Continue one block and turn left at the next intersection onto Sunken Road.

To find Marshall Hall or Russell Hall from Sunken Road: Make the first left into Marshall parking lot or the second left into Russell parking lot.

To find Ball, Custis, Madison, Virginia, and Willard halls from Sunken Road: Follow Sunken Road to the University’s main rear gate, turn left, and follow the road up the hill. At the top of the hill, bear right – do not enter the circle. Follow that road until you reach Woodard Campus Center. University personnel will direct you from there.

To Alvey or Arrington halls

**From U.S. 1:** traveling north: Make the first right past College Avenue onto Alvey Drive.

To Bushnell, Framar, Jefferson, Mason, Randolph, South, and Westmoreland halls

**From Route 3:** Turn left onto William Street (Route 3 East-Business) at the intersection of Route 3 and the Blue-Gray Parkway. This will be the sixth traffic light past I-95. Continue on William Street about one-half mile and turn left onto College Avenue.

**From U.S. 1:** At the traffic light by the Eagle Village Shopping Center, turn onto College Avenue.

To find Mason, Jefferson, Randolph, Bushnell, and Westmoreland halls from College Avenue: Proceed to the University’s main gate (located at a traffic light). Turn onto Double Drive. University personnel will direct you from there.

To find South Hall or Framar Hall from College Avenue via Route 3: From College Avenue, take an immediate right into Jefferson parking lot.

To find South Hall or Framar Hall from College Avenue via U.S. 1: From College Avenue, proceed through the traffic light at Double Drive and take an immediate left into Jefferson parking lot.

To Eagle Landing

**From U.S. 1:** Turn into the Eagle Village Shopping Center. Follow the road straight until you come to a stop sign. Take a right and pull into the parking deck for check-in at Eagle Landing.
WHERE DO YOU THINK BEST?