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WELCOME TO UMW

- Calendar with Red-Letter Dates
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- Technology

In this section
If you do not have access to a computer...

We prefer that you return your completed forms by email. If you do not have access to a computer and need paper copies of forms and contracts, please call the appropriate office and return the requested information to that department.

Claudia Emerson
Professor of English and Pulitzer Prize-winning poet
Calendar

Red-Letter Dates

All forms required to become a UMW student can be completed and submitted by email with one exception:

All incoming full-time students, whether residential or commuting, are required to submit to the Health Center by January 5, 2012 a completed Health History, Tuberculosis Screening, and Immunization Record Form signed by a health care provider. For more information and to download the form, please see “New Students” at students.umw.edu/healthcenter, or call the Health Center at 540/654-1040.

CHECKLIST:

☐ NetID available online
☐ Housing and Dining Contract available online
☐ Foreign Language Placement Testing online
☐ Scholarship Information Form
☐ NCAA Intercollegiate Athletic Form
☐ Health History, Tuberculosis Screening, Immunization Record Forms
☐ New Student Questionnaire
☐ Emergency contact information in EagleNet
☐ Application for Housing Accommodation to Disability Resources
☐ Move-in Day and Orientation (residential students)
☐ Check-in Day (commuters) and Orientation (all students)
☐ Final Grades or Transcripts
☐ Parent and Family Information Form

DUE DATES:

November 9
November 11
December 10 - January 16, 2012
December 15
January 1, 2012
January 3
January 3
January 5
January 5
January 12
January 13
January 13
January 29

ACADEMIC CALENDAR

New Student Course Registration
Schedule Adjustment (Drop/Add period)
Offices Closed
*Residence Halls Open (new students)
Residence Halls Open (returning students)
Martin Luther King, Jr. Day (closed)
Classes Begin
Last Day to Add Courses
Course-Drop Deadline (without penalty)
Spring Break
Advising Period
Individual Course Withdrawal Deadline
Advance Registration
Classes End/Last Day to Withdraw from UMW
Final Exams
Commencement
*Residence Halls Close for Spring Break (except Eagle Landing)

SPRING 2012

December 12-13, 2011
December 14, 2011-January 20, 2012
December 22, 2011-January 1, 2012
January 12
January 15
January 16
January 17
January 20
February 3
March 2 (5pm)- March 12
March 12-23
March 16
March 26-April 6
April 27
April 30-May 4
May 12
March 2 (9 p.m.) - March 11 (2 p.m.)
May 5 (except for graduates)
May 11 (for graduates)
Questions regarding the contents of this book or any other areas of the University should be directed to the following offices.

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<tr>
<th>Office</th>
<th>Phone/Fax (Area code 540)</th>
<th>Website</th>
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<tr>
<td>General Information</td>
<td>654-1000</td>
<td><a href="http://www.umw.edu">www.umw.edu</a></td>
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<tr>
<td>Academic Services</td>
<td>654-1010</td>
<td>academics.umw.edu/academicservices</td>
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<td>Admissions</td>
<td>654-2000</td>
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<td>Athletics</td>
<td>654-1039</td>
<td>athletics.umw.edu</td>
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<td>Bookstore</td>
<td>654-1017</td>
<td><a href="http://www.umw.edu/bookstore">www.umw.edu/bookstore</a></td>
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<tr>
<td>Business Services</td>
<td>654-1009</td>
<td>adminfinance.umw.edu/business-services</td>
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<td>Campus Recreation</td>
<td>654-1732</td>
<td>students.umw.edu/recreation</td>
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<td>Career Services</td>
<td>654-1022</td>
<td>academics.umw.edu/careerservices</td>
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<tr>
<td>Cashier’s Office</td>
<td>654-1251 or 1247</td>
<td>adminfinance.umw.edu/cashier</td>
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<tr>
<td>Center for International Education</td>
<td>654-1434 or 1870</td>
<td>academics.umw.edu/international</td>
</tr>
<tr>
<td>Community Service</td>
<td>654-1122</td>
<td>coar.umwblogs.org</td>
</tr>
<tr>
<td>Copy Center</td>
<td>654-1935</td>
<td>adminfinance.umw.edu/copies</td>
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<tr>
<td>Counseling and Psychological Services</td>
<td>654-1053</td>
<td>students.umw.edu/caps</td>
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<tr>
<td>Dining Services</td>
<td>654-1928</td>
<td>umwdining.com</td>
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<tr>
<td>Disability Resources</td>
<td>654-1266</td>
<td>academics.umw.edu/disability</td>
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<td>EagleNet Portal</td>
<td>654-2255</td>
<td>eaglenet.umw.edu/default.aspx</td>
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<td>654-1005</td>
<td>adminfinance.umw.edu/eagleone</td>
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<tr>
<td>Financial Aid</td>
<td>654-2468</td>
<td>adminfinance.umw.edu/financialaid</td>
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<tr>
<td>Health Center</td>
<td>654-1040 or 1077</td>
<td>students.umw.edu/healthcenter</td>
</tr>
<tr>
<td>IT Help Desk</td>
<td>654-2255</td>
<td>technology.umw.edu/helpdesk</td>
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<tr>
<td>Libraries</td>
<td>654-1125</td>
<td>sites.umw.edu/library</td>
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<td>Multicultural Center</td>
<td>654-1044 or 1782</td>
<td>students.umw.edu/multicultural</td>
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<td>Post Office</td>
<td>654-1049</td>
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<td>Public Safety</td>
<td>654-1097</td>
<td>adminfinance.umw.edu/publicsafety</td>
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<td>Registrar</td>
<td>654-1063</td>
<td>academics.umw.edu/registrar</td>
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<td>Residence Life</td>
<td>654-1058 or 1527</td>
<td>students.umw.edu/residencelife</td>
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<td>Speaking Center</td>
<td>654-1347</td>
<td>academics.umw.edu/speaking/speaking-center</td>
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<td>students.umw.edu/studentactivities</td>
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<td>adminfinance.umw.edu/financialaid</td>
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<tr>
<td>Study Skills</td>
<td>654-1010</td>
<td>academics.umw.edu/academicservices/study-skills-signup</td>
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<tr>
<td>Tutoring</td>
<td>654-1010</td>
<td>academics.umw.edu/academic-support/tutoring-services</td>
</tr>
<tr>
<td>University Hotline</td>
<td>654-2424</td>
<td>umw.edu/police</td>
</tr>
<tr>
<td>University Police</td>
<td>654-1025</td>
<td>From Fredericksburg campus phones only</td>
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<tr>
<td>Emergency</td>
<td>4444</td>
<td>From cell, dial 540/654-4444</td>
</tr>
<tr>
<td>Writing Center</td>
<td>654-1036</td>
<td>academics.umw.edu/writing-fredericksburg</td>
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The EagleNet Portal is your way to stay connected with what’s happening at UMW. The chart below illustrates where to find specific information in the EagleNet Portal. Just click on “My University Resources” to access these student portal pages.

Regularly accessing the EagleNet Portal at eaglenet.umw.edu to check for announcements is essential.

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<td>Important Dates</td>
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<td>Important Links</td>
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<td>UMW Alert Program</td>
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<td>Update Personal Information</td>
<td>Study Abroad</td>
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<td>Vehicle Registration</td>
<td>Transcripts</td>
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<td>EagleNet Portal</td>
<td>Financial Aid Awards</td>
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<td>Financial Aid Requirements and Outstanding Documents</td>
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<td>Financial Aid Resources</td>
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<td>EagleOne ID Card</td>
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<td>Academic Catalog</td>
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<td>Transcripts</td>
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EagleOne Card

Your official UMW identification card is called the EagleOne card. Stop by the EagleOne Card Center in Lee Hall to have your photo taken and receive your card. Visit eaglenet.umw.edu for more details.

The card has a myriad of uses on campus and should be carried at all times to...

- gain access to your residence hall, the fitness center, gym, and numerous campus events
- borrow books from the Simpson Library, pay library fees
- use in the campus dining facilities and check meal plan and balance information
- use as a debit card to your EagleOne account (activated with an initial deposit of $25 or more)
  - for purchases at the UMW Bookstore, Copy Center, Post Office, Health Center, Klein Theatre, all dining operations and University Tennis Center
  - in vending machines for snacks, drinks, and laundry
  - for public copiers and printing at campus computer labs
  - for purchases from participating off-campus merchants
  - for admission to events

Funds can be added to your EagleOne account 24/7 online (eagleone.umw.edu), by mail, and at the Cashier’s Office and at the EagleOne Card Center, both in Lee Hall. With the EagleOne card, you won’t need to carry cash, write checks, or use a bank credit card anywhere that you see this logo:

WING TIPS

- If you lose your card...

All lost cards should be invalidated immediately by deactivating the card online or reporting the loss in person at the EagleOne Card Center during regular business hours. On evenings and weekends, you may report a lost card at the UMW Police Office. Replacement cards are available for a fee at the EagleOne Card Center.
Technology

Nearly all students bring their own computers to UMW. All students are encouraged to bring laptop computers to take advantage of mobile computing. UMW provides wireless network connectivity in all buildings on campus, and there are more than 24 computer labs equipped with both PC and Macintosh computers and printers.

Each year, the Department of Information Technologies posts recommended configurations for various types of computers on their website, technology.umw.edu/new; look around at the wealth of information at the Technology Information web site at technology.umw.edu/info while you’re there. The UMW Bookstore website, umw.edu/bookstore, provides links to vendors who offer computers configured to UMW specifications.

The University relies on the network, the EagleNet Portal, campus mail, and email to notify students of official communications such as deadlines, policies, announcements, and other critical information. Professors communicate with students electronically and use the University network for instructional purposes. It is incumbent upon each student to utilize these resources on a regular basis.

Throughout the year, students may contact the IT Help Desk for technology related assistance via email at helpdesk@umw.edu or by phone at 540-654-2255. The University is not equipped to provide hardware repair services for student computers, but will provide a list of manufacturer-certified computer repair specialists in the Fredericksburg area. For IT Help Desk assistance, visit http://technology.umw.edu/helpdesk/.

Residential network service is provided by Apogee. This includes residential networking, Internet access, wireless, and cable TV and IPTV service. Students are provided basic service at no charge. Premium services are available for additional fees. You will receive further information over the winter. To learn more about Apogee’s services, visit www.apogeenet.net/myresnet.

WING TIPS

❖ When do I get a UMW email account?

You will be issued a network identifier – NetID – and a temporary password that will enable you to use the UMW network beginning November 9, 2011. You may find your NetID by following the step-by-step instructions found at technology.umw.edu/logins.

❖ Viruses, Worms, and Spam...

All computers on the UMW network are required to have anti-virus software and current security updates installed on their operating systems. We also strongly recommend that you install, keep current, and run a spyware application. See technology.umw.edu/hss/ for information about combatting viruses/malware, as well as for keeping your system up to date.
ACADEMICS FIRST

- Academic Planning and Advising
- First-Year Seminar
- Frequently Asked Questions (FAQ)
- General Education Requirements
- Simpson Library
- Tutoring and Study Skills

In this section
Academic Planning

Launch your first semester at UMW by taking the following steps:

1. **Expect a phone call from** someone in Academic Services (540/654-1010) within a week after you pay your deposit. You will be asked questions that will allow us to select your faculty advisor, answer general questions and set up an on-campus or telephone appointment with one of the deans for pre-registration advising.

2. **Request official copies** of results of Advanced Placement (AP), International Baccalaureate (IB), Cambridge, College Level Examination Program (CLEP), dual enrollment classes, and/or transcripts of any college transfer credit be sent to the UMW Office of the Registrar immediately. The UMW CEEB code is 5398.

3. **Check the Student and Financial Aid section in the EagleNet Portal** to review your student record for any AP, IB, Cambridge, CLEP, dual enrollment, and/or college transfer credits that have been received and processed by the Office of the Registrar. If you know your prospective major, be sure to run a Degree Evaluation (a “what-if analysis”) to see where your transfer courses fit into your degree.

4. **Check the Academic Services website** for Express Guides to Advising and Registration, as well as for general information, and courses specifically recommended for new students. Use the Course Scheduling Worksheet and the New Student Course Registration Request Form to assist you when you plan for your spring classes.

5. The Dictionary of Academic Regulations found at publications.umw.edu/dictionary/ may also be helpful as you plan your academic experience at UMW.

Advising

6. In addition to the above-noted resources, the Academic Services staff will assist you as you make your initial course selection and through the registration process, **December 12 and 13**. The staff can be reached by phone at 540/654-1010 or email at advise@umw.edu. Before you come to the January orientation, you will be assigned a faculty academic advisor. This faculty member will meet with you during orientation and throughout your first semester and will serve as your academic advisor until you declare a major.

First-Year Seminar

First-Year Seminar courses introduce students to the pursuit of intellectual inquiry. Seminars are designed to provide an opportunity to interact with outstanding faculty members while exploring nontraditional topics in nontraditional ways. **One first-year seminar is required as part of UMW’s general education program.** (Transfer students are not required to take a first-year seminar.) While there will be many different courses offered, everyone will not be able to enroll in a seminar in the fall semester. Students who do not take the course in the fall should sign up for it in the spring semester. Specific topics will vary from course to course, but all will include

- college as you imagined it: a life of the mind taught by great faculty
- small classes, capped at 15 students each
- active, discussion-based formats
- exploration of primary texts rather than textbooks
- critical examination of the class literature
- development of writing and speaking skills
Frequently Asked Questions

When will I register for spring classes? Online course registration will open to incoming students beginning December 12. Students will be contacted by Academic Services to make an advising appointment. Walk-in requests will be honored as time permits.

My advisor is not in my major department. Does that matter? No. When you declare your academic major, you will be reassigned an advisor within your major. All faculty members have been trained to advise you in scheduling and fulfilling general education requirements. If your advisor is unable to answer your questions, you may talk to someone in the Office of Academic Services in Lee Hall.

What classes may I take pass/fail? You may take any class pass/fail, but there are guidelines. All classes that count toward general education, intensives, or major requirements must be taken for a letter grade. The only exceptions are physical education requirements, which are taken “satisfactory/unsatisfactory.” You may take as many as eight pass/fail classes, and you are limited to one per semester.

If I didn’t get into any classes for my major. What do I do? Majors are designed to be completed in less than four years, giving first-year students time to work on general education requirements and electives. Electives – courses that you decide to take to pursue personal interests and goals – are a part of the degree program. Even if a particular course on your schedule doesn’t meet a general education or major requirement, it will serve as one of your elective credits. In certain programs, such as biology or chemistry, it is important to get started in a few major courses right away. In such cases, there will be opportunities during orientation to adjust schedules to get necessary courses. If you are still concerned that you may be behind in major requirements, discuss this with your advisor during your individual meeting during orientation.

Can I declare my major? What if I declare then change my mind later? Students who enter UMW with more than 28 completed credits may declare a major, and after that an optional minor. Major declaration is a two-step process: online major declaration is done by the student and is followed by the major department’s assignment of a major advisor. Minor declaration is a single, online step for most minors. You may change your major; on average, students do so several times during their college careers.

Are there any offices on campus that can help me with papers or presentations? UMW’s Writing Center has tutors to review your writing assignment with you; they’ll ask questions rather than give you answers, and they’ll help you see what you can do to correct any problems. There also is a Speaking Center to help you develop presentation and public speaking skills. Consultants can videotape your practice presentation and provide feedback. There is no charge to UMW students for these services.

I need help with my class. What can I do? If you are having difficulty with a class, you’re not alone. First, talk with your professor during his or her office hours, or make an appointment. Professors are there to help and will listen. For help in a certain area, you can request tutoring, academic workshops, or advising through the Office of Academic Services. Tutoring and study skill sessions are free to UMW students, and dates are posted in the EagleNet Portal.

Students and parents are urged to enroll in the University’s free emergency notification system: Alert UMW. This will be the primary (although not the only) system used in case of emergencies. Sign up at alert.umw.edu
General Education Requirements

General Education is the foundation of a liberal arts and sciences education. The course work is designed to cultivate the skills, knowledge, and habits of mind that are essential in every field of study and that enable graduates to make effective decisions as citizens of a rapidly changing, richly diverse, and increasingly interconnected world. The requirements are designed to put the liberal arts in a contemporary context and to provide students with maximum flexibility in the way the requirements may be met. For complete details, students should see the Undergraduate Academic Catalog, which will be available online via the EagleNet Portal. A brief sketch of the new requirements appears below.

Summary of General Education Requirements

- First-Year Seminar (one course); not required for transfer students
- Quantitative Reasoning (two courses)
- Natural Science (two-course sequence; at least one course with a lab)
- Human Experience and Society (two courses from two separate disciplines)
- Arts, Literature, and Performance (two courses; one exploring the process for creating artistic work, the other course focusing on appreciation and interpretation of artistic works)
- Global Inquiry (one course)
- Language (intermediate competency in a second language)
- Experiential Learning (one faculty-supervised experience)
- Writing Intensive Requirement (four courses designated WI)
- Speaking Intensive Requirement (two courses designated SI)
Simpson Library

Conveniently located on Campus Walk, Simpson Library provides a skilled staff to help with research. It gives access to a full range of innovative and cost-effective services that satisfy the changing needs of UMW students and faculty – whether for information, education, or even recreation. Your library has in excess of 390,000 print and multimedia items, 80,000 e-books, more than 1,000 DVDs, and a wide array of databases that provide full-text articles in thousands of magazines, journals, and newspapers.

Take a break and have a cup of coffee in the coffee shop and enjoy the comfortable chairs and casual atmosphere that invite conversation and relaxation. A full list of offerings and services can be found on the Library’s extensive website at sites.umw.edu/library.

Check our website for hours.

sites.umw.edu/library

Tutoring and Study Skills

Peer tutors are provided by appointment for almost every lower-level course, and walk-in tutoring is available for math courses. UMW faculty-recommended websites with lessons, quizzes, and tips for various courses of study can be found at academics.umw.edu/academicservices/academic-support/tutoring-services.

Learning to Focus: Studying for Success! is a workshop series developed and presented by students, for students. The following topics are presented twice each semester: note-taking and reading strategies, time management, test preparation and taking, paper preparation, and how to manage studies in and after class. Links to similar information via lessons, exercises, and tips can be found at academics.umw.edu/academicservices/study-skills-signup.
BUSINESS MATTERS

- Banking
- Bookstore
- Copy Center
- Financial Aid
- Post Office
- Student Accounts
Banking

There is an ATM in Woodard Campus Center operated by Virginia Credit Union (VACU). Students interested in opening VACU accounts may find it helpful to make arrangements before school starts. Call 800/323-6800 or visit the VACU website at www.vacu.org.

Financial institutions in the vicinity of campus include the following (all area codes are 540):

- BB&T 400 George Street 899-5500
- Bank of America 1481 Carl D. Silver Pkwy. 548-2827
- First Citizens Bank 3205 Plank Road 786-2709
- NSWC Federal Credit Union 2004 Augustine Ave. 373-5127
- Partners Bank 317 William Street 899-2265
- Peoples Community Bank 175 Kings Highway 371-6889
- PNC Bank 900 Princess Anne Street 899-3243
- Stellar One 1016 Charles Street 898-1110
- SunTrust Bank 3557 Plank Road 899-5630
- Union First Market 2811 Fall Hill Ave. 372-7760
- Wachovia 4501 Jefferson Davis Hwy. 899-9203

Bookstore

The Bookstore offers a one-stop shopping experience for course materials, offering new and used textbooks, course packets, e-books, computer and art supplies, and other related instructional materials required for courses at UMW. In addition, the Bookstore carries a large selection of general reading books, school supplies, clothing, gifts, UMW memorabilia, and convenience items including health and beauty aids, beverages and snacks.

The University Bookstore boasts a large inventory of used textbooks. Books can be sold back at the end of each semester for even greater savings. When you purchase textbooks from the Bookstore, you can take comfort knowing that you have bought the correct textbooks on time for your classes. There are no shipping expenses, and textbook purchases are covered by a liberal return policy. The Bookstore also offers a textbook rental program with flexible rental periods and convenient returns.

The store sells MS OfficePro 2010 for PCs and MS Office Pro 2011 for Macs at academically discounted prices. You may order computers custom-designed to meet University specifications by using links to computer manufacturers on the UM Bookstore website.

Because the Bookstore is owned and operated by the University, all profits support the enrichment of UMW students’ lives by contributing to Student Life programs, intramural sports, recreational activities, and repair and maintenance of nonacademic buildings and grounds.

www.umw.edu/bookstore
306 Lee Hall
540-654-1017

WING TIPS

Order textbooks online at www.umw.edu/bookstore

Return textbooks without dropping a course by January 24.

Return textbooks with a dropped course by February 6.
Copy Center

For a nominal fee, you may take care of all your personal copying and printing needs and send or receive faxes at the UMW Copy Center, located in the basement of Searcobeck Hall. Options include transparencies, laminations, specialty paper, personalized stationery, binding, labeling, shredding, inserting, collating, and scanning, as well as digital photo processing.

Financial Aid

Initial financial aid award letters are mailed November through mid-January for students who file the FAFSA by December 1. After that date, applicants’ award letters are mailed weekly as FAFSA results are received. Subsequent notifications and requests for information are through the UMW email system.

The Office of Financial Aid (540/654-2468) administers a variety of UMW Foundation scholarship programs. Most scholarships are need-based and require you to complete the FAFSA as well as the UMW General Scholarship Application by the published dates. Many scholarships are renewable and do not require a new scholarship application every year.

Parent and student loans will not appear on tuition bills, nor will other financial aid, if your file is incomplete. If you requested a loan through the Office of Financial Aid and completed the appropriate paperwork, you may deduct the amount of your loan from the bill and pay the remaining balance. Be sure to subtract any fees associated with these loans to determine the net amount you should deduct from the bill. Student workers must present appropriate work eligibility documents before starting their jobs. Check the Financial Aid website for acceptable documents. Student employment earnings are paid directly to students and are not applied to their accounts. The on-time filing date for the 2012-13 FAFSA is March 15 for students planning to enroll in fall 2012 or spring 2013.

Post Office

The campus post office is a full-service postal center. All residential and commuting students will be assigned a mailbox to be used for official mail from UMW and for personal mail, including magazines, newspapers, packages, and mail requiring a signature.

You may retrieve your mailbox information, including your combination, on the campus Banner system, accessible through the EagleNet Portal. You will keep the same mailbox as long as you reside on campus; if you move off campus, you will be issued a new mailbox.

Access your mailbox:
Monday-Friday 8 a.m.-midnight
Saturday 8 a.m.-2 p.m.
Sunday noon-midnight

Window services:
(including parcel pick up)
Monday-Friday 10 a.m.-4:30 p.m.
Student Accounts

Everything you need to know about current tuition and fees, room and board, payment options, and more can be found at adminfinance.umw.edu/studentaccounts; or by phone at 540/654-1250 or 1289.

Freshman and transfer tuition bills are available online thru EaglePAY. An email notification will be sent to your UMW email address once they are available. Students can add additional email addresses or sign up Authorized Payers within EaglePAY. After your first semester, the billing schedule consists of fall semester bills being available during the first two weeks of July, and the spring semester bills being available during the first two weeks of November. All new charges or unpaid account balances will be billed periodically throughout the semester. Accounts not covered by financial aid, prepaid tuition programs, or by the installment payment plan are due by the date specified on the bill (typically the end of July for the fall semester and mid-December for the spring).

You may pay your account with cash, a cashier’s check, money order, personal check, or credit card. Credit card payments are made through a University-approved third party, and they do charge a convenience fee. Students who wish to grant access to another person to view and make payments on their account must first set up the person as an Authorized Payer within EaglePAY.

Your payment may either be paid online thru EaglePAY or mailed to the processing center along with the payment coupon; send to University of Mary Washington, P.O. Box 37084, Baltimore, MD 21297-3084. Payments sent by express mail or without the payment coupon should be mailed directly to the UMW Cashier’s Office. You may also make payments in person on the second floor of Lee Hall. Failure to pay by the due date of a bill may result in late fees and a hold on your account.

Grants, loans, and scholarships are credited to student accounts in the order that UMW receives them. Accounts are reviewed periodically to identify overpayments in order to issue refunds. Refunds are mailed to students’ UMW campus mailboxes during the academic year and to students’ home addresses when school is not in session.
CAMPUS DINING AND HOUSING

- Application and Contract for Residential Students
- Frequently Asked Questions (FAQ)
Application and Agreement for Residential Students

The education you receive at UMW extends beyond the classroom into the residence halls, where you will meet people whose lifestyles, backgrounds, personalities, and values may be different from your own. You have a unique opportunity to grow and learn about yourself and others through new and important friendships, and you’ll share the good and the difficult times with students facing many of the same challenges. UMW’s goal is to provide a living-learning environment that offers support, fosters academic achievement and personal development, and provides a sense of community to all its members.

Complete the online housing application/agreement (found under the University Life tab on EagleNet) after submitting your Admissions deposit. (No additional housing deposit is required for new students.) When submitted online, this application becomes a binding agreement between you and the University for the remainder of the academic year. No housing assignment will be made without a completed Housing and Dining Services Contract record on file.

Students joining the residential community for Spring 2012 will be notified of their housing assignments in December after the end of the Fall 2011 term. Notifications will be done via EagleNet.

Read carefully the contents of the official Housing and Dining Services Agreement, then submit it through the EagleNet Portal at EagleNet.umw.edu.
Can I request to live in a specific residence hall?
Assignments for students coming in January are done on a space-available basis. Translation: we’re going to assign you where we have space available. If you know someone here and there is space in that room, we’ll do our best to accommodate that request. We also try to accommodate building preferences, but aren’t always able to do so. Please keep in mind that freshmen (by credit) are not permitted to live in the UMW Apartments or Eagle Landing.

What are community standards?
Community standards are rules and regulations relating to visitation, quiet hours, or any other issue that affects everyone in the community. The community will vote on standards for your residence hall at the first hall meeting of the semester.

May I install a window air conditioning unit in my room if my building does not have A-C?
No. Window A-C units are prohibited in the residence halls unless you have submitted documentation of a medical need for A-C and have been approved. The form can be found on the Residence Life forms page.

May I smoke in my room?
No. Smoking is not allowed in any UMW residence halls. Also, while smoking is allowed outside of residence halls, policy requires that smoking take place at least 50 feet away from the buildings at all times.

Is there a housekeeping service to clean my room and bathroom?
No, but housekeeping does clean hall bathrooms that are shared by an entire floor.

Can I request to have a certain room or certain style bathroom?
Unfortunately it is not possible for us to honor specific requests for room style, such as a double room, corner room, or suite bathroom.

How many roommates will I have?
Residence halls have double, triple, and quad rooms, and every student has the same chance of being placed in any of them.

What are Resident Assistants, and how can they help me?
Resident Assistants are specially trained upperclass students who live in the building and assist residents in their adjustment to life at UMW. They can help with everything from work orders and maintenance requests to providing social and educational programming. RAs are available to answer any question a resident might have about life at UMW.

What are bathroom facilities like?
In some residence halls each floor shares a common bathroom containing individual toilet stalls and shower stalls. Others have suite-style bathrooms with two bedrooms connected by a shared bathroom. UMW students will attest that both styles have their own unique advantages.
Where can I get a fridge for my room?
For students entering in January, we recommend that you pick one up at a local store (many big box retailers are available in the area) or you can check out the kiosks around campus to see if anyone is selling one. Check first to see if your new roommate already has one – only one per room is permitted. Personally-owned refrigerators that are 2 amps or 4 cubic feet or less in size are permitted, providing they bear the Underwriters Laboratory (UL) seal of approval.

What is included in my room?
Each residence hall is unique, but some standard furnishings include a twin-bed frame and mattress, desk and chair, dresser, and closet space for each resident. Rooms are currently equipped for cable television and computer network connections for each resident. Wireless network access is also provided throughout the residential buildings.

Do all residence halls have elevators?
No. Halls that do have elevators are Alvey, Arrington, Marshall, South, Jefferson, and Eagle Landing.

When is move-in?
Move-in for new incoming students is Thursday, January 12, 2012, beginning at 11 a.m. All new residential students should check in at the front desk of Eagle Landing. Early arrivals will not be permitted except in connection with a University activity, nor may personal belongings be moved in early. Please plan accordingly. If you need to arrive in the Fredericksburg area early, you should make arrangements at a local hotel. A schedule of the openings and closings of residence halls for the entire academic year can be found in the EagleNet Portal.

What size sheets should I buy?
All resident rooms have twin beds, and most have extra-long 80-inch mattresses. It is best to buy XL twin sheets or twin sheets with “expanded” or “deep” pockets.

Can I have overnight visitors in the residence halls?
Overnight visitation is decided upon by community standards vote. Most communities permit overnight visitors, but check with your roommate first!

Should I bring a loft?
The choice to purchase a loft is up to you. However, Russell, Virginia, Custis, Bushnell, and Marshall halls, Eagle Landing and the UMW Apartments do not permit lofts. Please, do not purchase a loft until you have received your room assignment. Prefabricated, commercially manufactured lofts are preferred, and it is important to make certain that the loft you purchase will accommodate an 80-inch-long mattress.

Can I request to live with a certain person?
You are welcome to indicate a preferred roommate on your housing contract. Please bear in mind that these requests can only be honored if both individuals request each other on their respective housing contracts. Due to the nature of housing assignments in January, we will do our best to get you together but cannot guarantee roommate requests.
Sustainability Initiatives

**Light Bulb Exchange** Every year a light bulb exchange offers a swap of incandescent bulbs at no charge for more energy efficient compact fluorescent bulbs (CFLs).

**Green Dining** UMW is one of only five Virginia schools to achieve the “Virginia Green” environmental certification. UMW Dining Services is committed to reducing/recycling waste, minimizing the use of disposable products, recycling grease, using water efficiently, and conserving energy.

**Recycling** Recycling is available in all campus buildings. Information how and what to recycle is available at sustainability.umw.edu/recycling. In 2009, UMW diverted more than 115 tons of waste from the landfill.

**Energy Conservation** UMW is committed to conserving energy through building retrofits and human behavior modifications. Lighting upgrades, energy management systems, electricity peak demand reductions, and pipe insulation saved 8,728,459 pounds of CO2 in 2009.

**Sustainability Policies and Procedures** UMW’s defined commitment to sustainability can be found at sustainability.umw.edu.

**LEED** All new university buildings and renovations are LEED (Leadership in Energy and Environmental Design) certified.

Getting Involved in Sustainability at UMW!

**Student activism works toward a green future at Mary Washington.**

**Environmental Sustainability Minor** This interdisciplinary sustainability minor explains what sustainability is and how it is used in the real world. Students can deepen their understanding of the environmental movement, social justice, economic development, and the interactions among them.

**Ecology Club** The student-run Ecology Club leads the sustainability movement on campus, partnering with national organizations like the Campus Climate Challenge and Energy Action Coalition, local associations like the Chesapeake Climate Action Network, and the Rappahannock Chapter of the Sierra Club, and on-campus groups like Environmental Action and Awareness.

**Residence Hall Sustainability Positions** RA Sustainability Organizers help implement sustainability initiatives and increase awareness in their residences and across campus. Recycling Coordinators are elected hall council positions in each residence hall.

**President’s Council on Sustainability** This Council involves students in planning sustainability goals as members or with a PCS Action Group. See sustainability.umw.edu.

**Internships** Sustainability-focused internships are offered through the Career Services Office and have included work on funding and grant writing for sustainability programs, Recyclemania planning and organizing, sustainability PR and communication, and organization of behavior audits in the Eagle Landing apartments.
Frequently Asked Questions ... About Dining

Where can I eat on campus?
There are three dining locations on campus. The Restaurants of Seacobeck Hall have three rooms with various buffet-style menus, specialty items, and cooking stations. The Eagle’s Nest, located in Woodard Campus Center, is home to Vocelli Pizza and WOW Cafe & Wingery; menus feature everything from pizza, stromboli, salads, wings & burgers! The Market, also in Woodard Campus Center, features Joe Stacks Coffee Bar & Deli as well as Simply To Go, which offers conveniently packaged meals for students on the run. Naturally Woodstock, located at The Underground in Lee Hall, focuses on simple cuisine that utilizes local produce and eco-friendly products. Finally, Jazzman’s Cafe & Bakery in Simpson Library offers fresh coffee and treats, perfect for an afternoon snack between classes.

What are EagleOne dollars?
Your EagleOne card is your admission ticket to the dining facilities. You can purchase EagleOne dollars throughout the academic year at the EagleOne ID Center, the Cashier’s Office, by mail, or online at adminfinance.umw.edu/eagleone. EagleOne dollars may be used at Seacobeck Hall, the Eagle’s Nest, The Market, Naturally Woodstock, Jazzman’s Cafe & Bakery, the Bookstore, and most other campus locations and at numerous off-campus businesses. Purchases made with EagleOne dollars are subject to Virginia sales tax. Unused EagleOne dollars will remain in your account for the duration of your enrollment.

What’s being served?
To check the day’s or week’s menus, visit Eagle Dining at www.umwdining.com, follow Eagle Dining on Twitter (@umwdining) or “Like” Eagle Dining on Facebook (UMWdining). Both vegetarian and vegan menu offerings are available during each meal period. If you are on a restricted diet, contact the general manager at 540/654-2230.

What are flex dollars?
Flex is a cash equivalent built into all of the meal plans. Though not real money, flex is a debit account for making additional food purchases at all of the dining operations. Flex balances roll over from the fall to the spring semester. Unused balances at the end of the spring semester will be forfeited.

How can I get a job at one of the dining facilities?
Eagle Dining employs many students to work within dining and catering services. Apply at Seacobeck Hall or the Eagle’s Nest, or call 540/654-1928.

May I bring a guest for dinner?
Yes! Every Block Meal Plan allows you to use 5 of your meals for guests! If you’ve used all your guest meals or your plan does not include them, you may purchase meals at any dining facility with Flex Dollars, EagleOne, cash or credit card.

What is EagleExpress?
EagleExpress is a food cart that can be found along Campus Walk and at campus events. The cart provides hot and cold drinks, snacks, and ready-to-go food items. You can pay with cash, EagleOne, or flex dollars.

How can I change my meal plan?
Meal plans may be changed no later than two weeks into the current semester by emailing your request to umwbills@umw.edu.

How do I choose a meal plan?
Eagle Dining offers six meal plans, one of which is sure to fit your dining preferences. A complete list of meal plans and descriptions are available on our web site www.umwdining.com. You’ll also find a meal plan worksheet on our site, which will help you determine the plan that will best suit your needs.
Where to eat on campus

The Restaurants at Seacobeck Hall

The Washington Diner features "The Grill" with all-American standards like hotdogs, hamburgers, grilled cheese, fries, and veggie burgers. The "Hometown" station offers classic favorites like macaroni and cheese, mashed potatoes and gravy, and more. The "Wild Mushroom" station offers fresh, meatless options for students on vegan and vegetarian diets.

**Hours:**
- **Monday-Friday:** 7:15 a.m.-11 a.m.
- 11:30 a.m.-8 p.m.
- (Closes at 7 p.m. on Fridays)
- **Saturday:** 11 a.m.-2 p.m.
- **Sunday:** 11 a.m.-2 p.m.
- 5 p.m.-7 p.m.

The South Market offers a mix of Asian, Tex-Mex, and American cuisine. At the Pacific Rim you can get made-to-order stir fry, like beef and broccoli or General Tso's chicken. Fresh sushi is available, too!

**Hours:**
- **Monday-Friday:** 11 a.m.-1:30 p.m.
- 5 p.m.-7 p.m.
- **Saturday:**
  - 9:30 a.m.-11 a.m.
  - 11 a.m.-2 p.m.
  - 4 p.m.-6:30 p.m.
- **Sunday:**
  - 9:30 a.m.-11 a.m.
  - 11 a.m.-2 p.m.
  - 5 p.m.-7 p.m.

The UMW Bistro Enjoy classic Italian menu items like freshly made pizza, made-to-order pasta, paninis, salad toss specials, and a gelato bar.

**Hours:**
- **Monday-Friday:** 11:30 a.m.-1:30 p.m.
- 5 p.m.-7 p.m.
- (No dinner service on Fridays)

Naturally Woodstock

Located in Lee Hall, Naturally Woodstock at The Underground offers delicious sandwiches, wraps, salads and sweet treats, including frozen yogurt and fruit smoothies.

Simpson Library

Jazzman’s Cafe & Bakery, located in Simpson Library, has coffee and tea, to keep you going throughout the day, along with freshly baked specialty muffins, scones, and brownies.

Eagle’s Nest

WOW Cafe and Wingery features chicken wings and tenders, burgers, quesadillas and more. Customize your meal with one of our ten spicy, sweet, or savory sauces!

Vocelli Pizza offers fresh-from-the-oven Italian flavor from their famous Vocelli Rolls to delicious vegetarian gourmet pizzas. Fresh salads and appetizers are also on the menu.

The Market

Simply To Go. Choose from sandwiches, salads, fresh fruit cups, drinks or desserts all packaged to be convenient and transportable. If time is short, stop here and get a full meal fast.

**Joe Stacks** fixes your sandwich however you like it – choose your bread, meat, cheese, and toppings! Joe Stacks also proudly serves your favorite Starbucks coffee drinks as well as smoothies and hot/iced teas.

**Operating Hours are:**
- **Monday – Friday:** 7:30 a.m. - 10 p.m.
- **Saturday and Sunday:** noon - 10 p.m.
- *Joe Stacks deli opens at 10:30 a.m.*
Operating Hours are:
- Monday – Friday 7:30 a.m. - 10 p.m.
- *Joe Stacks deli opens at 10:30 a.m.*
- Saturday and Sunday noon - 10 p.m.
Athletes

UMW is a member of the NCAA Division III and is renowned as one of the strongest broad-based programs in the nation. Of the 23 sports at UMW, 22 have competed in national championship events, and the Eagles have brought home national titles in four sports. As a charter member of the Capital Athletic Conference (CAC), the Eagles have won the CAC All-Sports Award 11 times in the 19-year history of the conference. UMW also has produced hundreds of All-America selections, as well as countless all-region and all-conference picks.

If you are interested in becoming part of the UMW athletics family as an athlete or member of the support staff, and have not been previously contacted, you should immediately call or email the head coach of your sport, listed at www.umweagles.com/staff.aspx. Most sports involve off-season training programs in the summer, and some fall sports require early arrival in August. Because NCAA Division III programs do not give athletic scholarships, open tryouts are held in every sport. As a candidate for a fall and/or winter team, you must register for a 400-level Physical Education Class in your sport(s).

To meet athletic eligibility requirements, several mandatory forms must be completed and returned to your coach by January 1, 2012. Consult www.umweagles.com and select “Athletic Training Forms” from the listing on the left. This information is required prior to participation in any tryout, practice, or game. No exceptions! In addition, each coach will send you an information package, which may include a questionnaire for your respective sport that must be completed and returned by the dates indicated.
Commuting Students

**Between Classes:** Places to study and relax include the Commuter Tan Lounge, Eagle’s Nest, and Wash Room, which are all located in the Woodard Campus Center. Other lounge spaces are available in Lee (The Underground), Seacobeck, Simpson Library, Trinkle study labs, and Combs.

**Commuter Student Services:** Located in Marye House, this office is dedicated to supporting commuting students. Please contact us at 540-654-1058 or rlif@umw.edu if you have questions!

**Counseling and Psychological Services (CAPS):** Services are free to all full-time, degree-seeking students.

**Dome Room:** The Dome Room in Seacobeck is accessible using your EagleOne student ID for late-night study space, 9 p.m. to 6 a.m.

**Health Center:** All incoming full-time students, whether commuting or residential, must submit to the Health Center by January 3, 2012, a completed Health History, Tuberculosis Screening, and Immunization Form signed by a health care provider. For more information and to download the form, please see “New Students” at students.umw.edu/healthcenter, or call the Health Center at 540/654-1040.

**Local Address:** All students who reside off-campus are required to register a local address. This can be done at Orientation check-in.

**Meal Plans:** Commuting students may participate in all meal plans. To enroll, please contact the Office of Student Accounts for details.

**More:** Commuting Student Association (CSA) plans a number of social events as well as an off-campus housing fair. Be sure to attend the Commuter Student Social during orientation and get on the CSA mailing list.

**Official Notifications:** All official notifications will be conducted via your UMW email address. It is essential that you check your University email regularly.

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**Disability Resources**

The Disability Resources office works with the University community to eliminate barriers and create a welcoming and inclusive environment for all students, including students with disabilities. However, there may be classes, programs, or educational experiences in which you require accommodation due to a disability. To request accommodations, you will need to submit documentation of your disability to the Disability Resources office and make an appointment to meet with the director. Please see the Disability Resources website, www.umw.edu/disability, to learn more about documentation requirements, services available, and frequently asked questions.

If you need accommodations in your residence hall, such as a wheelchair accessible room or visual fire alarm, complete the housing accommodations application at academics.umw.edu/disability/forms, under “Housing Accommodations,” by December 5, 2011.
How can I get around without a car on campus?

- Ride FRED buses for free with your student ID throughout the city and to the Spotsylvania Towne Center and Central Park retail center. On weekends, "FRED Express" stops just inside the main gates of UMW and on College Avenue in front of Seacobeck Hall.
- Walk downtown and to the Eagle Village Shopping Center.
- Ride your bike.
- Check out the "Rides Wanted/Needed" bulletin board in Woodard Campus Center and share rides.
- Use the Greyhound bus and rail stations that are minutes from campus. Apply for student-advantage discount cards through Amtrak. Ride the Virginia Railway Express (www.vre.org) to Northern Virginia and Washington, D.C., for less expensive weekday fares.
- Airports within a 75-mile radius include Richmond, Reagan, Dulles, and BWI.
- Make your holiday travel plans in advance!

How can I get involved in promoting diversity on campus?

UMW values and celebrates diversity. The James Farmer Multicultural Center sponsors the Cultural Awareness Series that brings nationally prominent writers, speakers, and performers to campus. In addition, many student organizations focus on celebrating multicultural awareness. You may choose to join such groups as the Black Student Association (BSA), People for the Rights of Individuals of Sexual Minorities (PRISM), Women of Color (WOC), Islamic Student Association (ISA), Asian Student Association (ASA), Latin Student Association (LSA), Brothers of a New Direction (BOND), Voices of Praise Gospel Choir, Students Educating and Empowering for Diversity (SEED), Jewish Student Association (JSA), campus ministries, and other initiatives.

What does UMW offer as entertainment for students?

Every day is different! Our campus organizations plan a wide variety of events, most of which are free! The programming features everything from "drive-in" movies on Ball Circle to themed dances, comics, and barbecues. Many clubs and organizations plan weekend events for their members, host speakers, and offer fun activities. Class Council organizes annual events and school dances. Giant Productions brings major concerts, bands and comedians to campus, and Cheap Seats Cinema shows recently released blockbuster movies for $1. For more information about what’s going on, check Student Activities in the EagleNet Portal. To check on the multitude of athletic competitions with free admission, check the Athletics home page.

Where may I worship?

In addition to Fredericksburg-area houses of worship, several campus ministries and clubs offer fellowship and activities to support students’ spiritual growth. Contacts listed are UMW students.

- Baptist Collegiate Ministries 540/371-3970
- Campus Christian Community 540/373-9255
- Canterbury Club info@umwcanterbury.com (associated with Trinity Episcopal Church)
- Catholic Campus Ministry 540/373-6746
- Encounter Club dadams@spotswood.org (associated with Spotswood Baptist Church)
- The Gathering gcohen@mail.umw.edu (Bible Study)
- Grace Campus Ministries umw.gcm@gmail.com (affiliated with Grace Church)
- Intervarsity Christian Fellowship lvmduk@gmail.com
- Islamic Student Association wershad@mail.umw.edu
- Hillel (Jewish) hillel@mail.umw.edu
Great Events on Campus
No Student Should Miss

Acoustic Nights
Alternative Spring Break
Athletic events
Spring Spirit Week
Devil Goat Day
Victorian Ball
Multicultural Fair
Study Abroad Fair
Powder Puff Football
Spring Formal
Step Show
Plays
Concerts
Comedians
Lecture series
Club Carnival
Cheap Seats Cinema
Barbecues
Day of Silence
Drag Show
Friday Night Dry
Spring Fling
Open mic nights
Drive-in Movies
Winter Carnival
Junior Ring Week
Annual Chefs' Fare at Seacobeck
Healthy U
Campus Recreation

UMW offers a comprehensive campus program to meet the needs and interests of the campus community. Students, faculty, and staff can work out in the state-of-the-art Fitness Center, participate in traditional and non-traditional intramural events, join a group fitness class, or compete as a member of the talented Eagle sports clubs.

The flagship of Campus Recreation, the Fitness Center features free weight and circuit equipment, the most up-to-date cardiovascular equipment, and a spectacular view of Campus Walk. The facility also houses the Department of Campus Recreation offices and the Wellness Resource Center. Also, a new all-weather, lighted recreation field was dedicated in 2009.

The intramural sports program offers everything from the highly competitive flag football and basketball leagues to retro events like dodgeball and kickball. Non-traditional events include a video game challenge as well as competition in billiards, table tennis, and air hockey.

The Eagle sport club program provides students the opportunity to compete in intercollegiate athletics locally, regionally, and nationally. It offers more structure and commitment than the intramural sports events, yet allows the student-athlete to dedicate less time than the intercollegiate varsity teams. UMW currently offers the following active sport clubs:

- Baseball
- Boxing
- Cheerleading
- Canoe and kayak
- Color guard
- Cycling
- Fencing
- Men’s rugby
- Men’s soccer
- Men’s Ultimate
- Tennis
- Terrapins (synchronized swimming)
- Women’s basketball
- Women’s rugby
- Women’s soccer
- Women’s Ultimate
- Women’s volleyball

Counseling and Psychological Services (CAPS)

Good health involves more than your body. Managing stress, attending to your emotions, developing as an individual, and building resilience all contribute to psychological well-being, an important part of staying healthy. CAPS offers brief individual therapy and group counseling to full-time degree-seeking students. Crisis intervention, consultation, educational programming, and referral services are open to the entire UMW community.

To make an appointment, call 540/654-1053 or stop by the CAPS office on the first floor of Lee Hall during regular business hours. CAPS is professionally staffed by clinical psychologists who are experienced in working with a wide array of issues that confront college students, from homesickness to social concerns to depression and anxiety. Services are free and confidential.
If you have recently been or are currently in therapy:

- Learn about the scope of our services – CAPS offers as many as 10 individual therapy sessions each year, as well as group therapy, crisis intervention, and consultation services.
- Develop a coping plan with your clinician that addresses your transition to college.
- Talk with your clinician about warning signs and helpful steps to take if your symptoms recur.
- Learn about resources at UMW and in Fredericksburg and how to access them. (Remember, freshmen may not bring cars so please plan accordingly.)
- Talk with your doctor before making any medication changes and/or about medication refills. Don’t find yourself calling for a refill the day your prescription runs out!
- If you anticipate needing longer-term therapy or psychiatric services, CAPS can assist you in locating mental health resources in the community, including providers' insurance information and their respective approaches to therapy. Be sure you have your health insurance information card; many insurance plans require that you use the services from their pre-approved lists of providers in order for the charges to be covered.

Health Center

The UMW Student Health Center provides an array of services to assist students when they are ill, and to help them stay healthy through education, prevention, and self care. Located on the first floor of Lee Hall, the Center is open during regular business hours with a medical staff that includes a full-time physician, two nurse practitioners, and three registered nurses. After hours, you may call HealthLink (741-1000), a local nurse-triage service, for a phone consultation for no additional fee.

All incoming full-time students, whether residential or commuting, are required to submit to the Health Center by January 3, 2012, a completed Health History, Tuberculosis Screening, and Immunization Form signed by a health care provider. For more information and to download the form, please see “New Students” at students.umw.edu/healthcenter, or call the Health Center at 540/654-1040. Completed forms should be mailed or faxed to:

University of Mary Washington, Student Health Center
1301 College Avenue, Fredericksburg, VA 22401
FAX 540/654-1077

IMPORTANT NOTE: Students who do not submit their Health History, Tuberculosis Screening, and Immunization Form to the Student Health Center by the due date will have a hold placed on their accounts and will not be able to register for the following semester semester classes until their completed form is turned in.

WING TIPS

The Health Center’s Self-Care Center on the first floor of Lee Hall is available 24/7 and offers students

- free access to disposable thermometers
- small quantities of over-the-counter remedies for colds, headaches, and other minor ailments
- condoms
- a large selection of literature on a variety of topics ranging from cold care to body art.

Other services available for small, additional fees include

- an allergy immunotherapy program
- a weekly women’s clinic for gynecologic care, contraceptive counseling, and prescriptions
- lab work (both on site and by referral to local medical labs)
- referrals for x-rays and diagnostic imaging procedures
- prescription medications.
Center for International Education (CIE)

- Every year, hundreds of University of Mary Washington students study abroad at some of the world’s most prestigious universities while earning credit toward their UMW degrees. The intercultural skills students acquire while abroad set them apart to potential employers and graduate schools, which are increasingly seeking globally-educated, trained and experienced graduates. Likewise, every year UMW welcomes talented international students from all over the world, some as degree-seeking undergraduates and others who are themselves studying abroad for a semester or a year at UMW.

- Through the Center for International Education (CIE), students have access to numerous opportunities to study abroad. Students can research programs using CIE’s resource library or the CIE website at academics.umw.edu/international, and easily register to study abroad through EagleNet. CIE works closely with faculty to develop, promote, and enroll students in UMW faculty-led and partner programs; organizes study abroad fairs; and regularly invites study-abroad providers to campus to inform UMW students about their programs.

- CIE provides a warm welcome to international students. From congratulations when they are admitted, to conversations via Skype or email regarding a myriad of pre-arrival questions, to arrangements for pick-up at the airport, CIE staff are here to help. Once students are on campus, CIE arranges assistance from internationally-minded UMW students during early move-in and orientation. CIE organizes special events and outings, and continually assists international students with immigration matters, banking and billing questions, cell phone plans, pre-and post-graduation employment options and much more.

Multicultural Student Affairs

- The University of Mary Washington continually and actively seeks a rich blend of cultural diversity in its faculty and staff, students, curriculum, and activities. The James Farmer Multicultural Center, named after the prominent civil rights leader who taught at UMW, specifically focuses on the academic and social well-being of underrepresented students through programming, mentoring, and leadership opportunities. The Center offers a variety of cultural programming including the highly respected Cultural Awareness Series. The series culminates with the spring Multicultural Fair, which attracts huge crowds to campus.

- Specific interest groups on campus assist in promoting diversity within the UMW community and offer programs and resources that foster an awareness and understanding of cultural differences including the Asian Student Association, the Black Student Association, Brothers of a New Direction, the Latino Student Association, Islamic Student Association, Jewish Student Association, S.E.E.D. (Students Educating and Empowering for Diversity), PRISM (People for the Rights of Individuals of Sexual Minorities), and Women of Color.
Honor System

The student-run Honor System at UMW is a deeply cherished tradition founded upon the personal integrity of each individual member of the University community. It requires honorable conduct at all times and in all dealings with others, and is the basis for the sense of community that characterizes our campus. The system deals specifically with lying, cheating, and stealing in all their forms, and each student is required to verify acceptance of the Honor System by signing the Honor Pledge. Violations of the Honor Code can result in temporary or permanent notations on the student’s transcript. The Honor Council office can be reached at 540/654-1144 and is located on the second floor of Mercer Hall.

Judicial Affairs and Community Responsibility

The Office of Judicial Affairs and Community Responsibility (OJACR) plays a role in helping students to have the best possible living and learning experience at UMW. This is a community in which all students are asked to accept responsibility for their actions, both for their own good and for the good of others. The vast majority of our students consistently rise to that challenge. However, when potentially disruptive or harmful situations arise – for example, irresponsible use of alcohol, serious interpersonal conflicts, sexual misconduct, vandalism, or noise disturbances – they need to be addressed. Through education, as well as through a student-centered hearing process, students learn that their behavior has an impact on others. Students whose experiences at UMW have been compromised by the behavior of others should view OJACR as a resource and as an advocate for their rights. OJACR can be reached at 540/654-1660 and is located in Marye House.
ORIENTATION

- Orientation Schedule
- Avoid the Move-In Blues
- Directions to Campus
- Essential Information
January 2012 Orientation Schedule

For updates or changes to the Orientation schedule as a result of inclement weather conditions, please call the University Information Hotline (540/654-2424) or go to www.umw.edu and select the “Campus Advisories” link.

The complete New and Transfer Student Orientation Schedule, January 12-15, will be posted on the Orientation website by December 10, 2011. Printed copies will be distributed during check-in on Thursday (residential students) and Friday (commuting students).

THURSDAY, JANUARY 12

11 a.m. – 4 p.m.  Residential Students may arrive anytime between 11 a.m. and 4 p.m. You should check-in at the front desk of Eagle Landing and receive your complete Orientation Schedule and keys to your residence hall. The EagleOne Card Center (Lee Hall, room 110) will be open to process your EagleOne ID card. For move-in day instructions, see students.umw.edu/fredericksburg-orientation/unloading-your-possessions.

Lunch on your own

11:45 a.m. – 1 p.m. Lunch  Students and families have the option of having lunch in the dining hall (Seacobeck). Students can use their EagleOne Card. Cost for family members is $8.88

5 p.m. Information Session for Families - Lee 411  Students Begin Orientation - The Underground
Family members are invited to a welcome session in Lee Hall, room 411, from 5-5:30 p.m. At the same time, residential students will meet their Orientation Leaders from 5-5:30 p.m. in Lee Hall, The Underground, to begin their official Orientation activities. Parents and students can reconnect for dinner in Seacobeck Hall from 5:30-6:30 p.m., with family members being guests of the University. After dinner, families are asked to depart so students can continue Orientation activities, slated through 9 p.m. this evening.

FRIDAY, JANUARY 13

8 – 9:30 a.m.  Commuter Students – Check in at the reception desk on the 3rd floor of Lee Hall, across from the Bookstore and receive your complete Orientation schedule. Get your EagleOne ID card in the EagleOne Center in Lee Hall, room 110. Complimentary refreshments will be available in The Underground, Lee Hall.

9:30 – 11:45 a.m. All Students – Welcome and Academic Session for Students and Families (Lee Hall, room 411). Family members are welcome to attend all or part of this initial session.

12 – 7 p.m. All Students – Mandatory Orientation activities continue for students. All students should consult their printed orientation schedule for specific activities and times for Friday evening and the weekend.

There are no classes on Monday, January 16. CLASSES BEGIN on Tuesday, January 17.
Avoid the Move-In Day Blues

- Please keep your vehicle on paved areas only, unless directed otherwise by UMW staff. When your vehicle is empty, please move it off campus so others may move closer.
- Remember that lofts are not permitted in Russell, Virginia, Custis, Bushnell, or Marshall halls or the UMW Apartments.
- Fredericksburg can be very cold in January. Dress appropriately.

Directions to Campus Once in Fredericksburg

To Eagle Landing

From US Route 1: Turn into the Eagle Village Shopping Center. Follow the road straight until you come to a stop sign. Take a right and pull into the parking deck for check-in at Eagle Landing.

To Ball, Custis, Madison, Marshall, Russell, Virginia, or Willard halls

From Route 3: Turn left onto William Street (Route 3 East-Business) at the intersection of Route 3 and the Blue-Gray Parkway. This will be the sixth traffic light past I-95. Continue on William Street one block past College Avenue and turn left at the next intersection onto Sunken Road.

From U.S. Route 1: Turn onto College Avenue at the traffic light by the Eagle Village Shopping Center. Continue to William Street and turn left. Continue one block and turn left at the next intersection onto Sunken Road.

To find Marshall Hall or Russell Hall from Sunken Road: Make the first left into Marshall parking lot or the second left into Russell parking lot.

To find Ball, Custis, Madison, Virginia, or Willard halls from Sunken Road: Follow Sunken Road to the University’s main rear gate, turn left, and follow the road up the hill. At the top of the hill, bear to the right – do not enter the circle. Follow that road until you reach Woodard Campus Center. University personnel will direct you from there.

To Alvey or Arrington halls

From U.S. Route 1, traveling north: Make the first right past College Avenue onto Alvey Drive.
To Bushnell, Framar, Jefferson, Mason, Randolph, South, or Westmoreland halls

From Route 3: Turn left onto William Street (Route 3 East-Business) at the intersection of Route 3 and the Blue-Gray Parkway. This will be the sixth traffic light past I-95. Continue on William Street about one-half mile and turn left onto College Avenue.

From U.S. Route 1: At the traffic light by the Eagle Village Shopping Center, turn onto College Avenue.

To find Mason, Jefferson, Randolph, Bushnell, or Westmoreland halls from College Avenue: Proceed to the University’s main gate (located at a traffic light). Turn onto Double Drive. University personnel will direct you from there.

To find South Hall or Framar Hall from College Avenue via Route 3: From College Avenue, take an immediate right into Jefferson parking lot. (Go slowly – the parking lot is easy to miss!)

To find South Hall or Framar Hall from College Avenue via U.S. Route 1: From College Avenue, proceed through the traffic light at Double Drive and take an immediate left into Jefferson parking lot. (Go slowly – the parking lot is easy to miss!)

Essential Information

Administrative Offices: Regular business hours are Monday-Friday, 8 a.m.-5 p.m. During certain times in the semester, including the first week of classes and registration period, some offices will have extended hours.

Assistance: If you find you are lost, confused, or otherwise bewildered at any time during Orientation, help is available. The Lee Hall Information Desk, on the third floor, will serve as a “triage” point on move-in day to help anyone determine where to go for assistance with concerns. After move-in, the central location for answers to your questions during regular business hours is the Office of Student Activities and Community Service in the lower level of Seacobeck. If you need help after 5 p.m. or on weekends, check with the Residence Life staff in your assigned residence hall.

Automobiles: First-year freshmen are not permitted to bring cars. This applies to the entire academic year, regardless of UMW credits earned during the fall semester. Any student who attempts to avoid this restriction by parking a car off campus on streets surrounding UMW is subject to disciplinary action, which may include loss of parking privileges as a second-year student and/or other judicial sanctions.

Registration: Upperclassmen are permitted to bring a car to campus. Students must apply for a parking decal using the EagleNet Portal. Instructions will be posted on the parking management web site prior to the registration period. The decal fee (see EagleNet for cost) will be added to the student’s account upon registering a vehicle. Residential students may register only one vehicle. Failure to register your motor vehicle will result in both a fine and a review of your privilege to have a vehicle on campus. It also may result in towing.
Bicycles: Bicycle registration with the University Police is not mandatory, but is highly recommended. The Police can loan students an engraver to mark their bikes. Bicycles should be securely locked to racks when not in use; they may not be stored or parked on campus walkways, steps, in building hallways, stairwells, doorways, or on stairs.

Parking: Parking regulations will be enforced beginning Monday, January 16, 2012, at 7 a.m. If you are qualified to have a car on campus, park in a student parking area. Do not park your vehicle in areas designated for faculty/staff or in the surrounding neighborhoods. Illegally parked vehicles will be ticketed, either by the University or the City of Fredericksburg.

It is the responsibility of each student driver to be familiar with the parking regulations. For complete information, you may refer to the Parking Management website at adminfinance.umw.edu/parking.

What to Bring
- This Book!
- Packed and labeled belongings
- Collapsible dolly or cart to help move larger items
- Your sense of humor
- Copies of transfer or dual enrollment transcripts and AP, IB, CLEP, and/or Cambridge results
- Photo ID
- Paper, pens, and pencils for note- and test-taking

Make sure you bring this book with you when you come to Mary Washington in January!
PARENTS AND FAMILIES

Absence from Class: To make up missed work for short absences of one or two days, students should contact each professor personally upon returning to class. For more lengthy absences, the student or his or her family may contact the Office of Academic Services, which will work with you to notify all professors on your student’s schedule.

EagleOne Account: Deposits may be made to your student’s EagleOne account 24/7 by visiting adminfinance.umw.edu/eagleone.

FERPA (Family Educational Records and Privacy Act): Unless your student signs the “Student Consent for Release of Information Form” and checks the box for “Official Grade Reports,” you will not receive information about your student’s grades. This consent form is available in the Office of the Registrar, Lee Hall, second floor. Faculty and UMW staff are also restricted in the information they may share with you about how your student is doing in a particular course and other academic areas, even if you are financially responsible for the student. This is not a University policy. This is a requirement of FERPA, a federal law. For more information about FERPA, visit the Office of the Registrar online at academics.umw.edu/registry/ferpa-policies-procedures-services or the U.S. Department of Education online at www.ed.gov/policy/gen/guid/tpco/index.html. Additional academic resources for parents can be found at academics.umw.edu/academic/services/for-parents-and-families.

As allowed by federal law, the Dean of Student Life or designee will contact parents/guardians of underage students who are found responsible through the judicial process for an alcohol intoxication or drug violation, or who accumulate two or more minor alcohol violations.

In most cases, a student’s judicial records are not disclosed to anyone outside the University, including parents, unless the student has signed the “Student Consent for Release of Information” form and checked the box for “Information Concerning Student Conduct/Disciplinary Actions and Their Consequences.”

Opportunities to Stay In Touch: The Office of Academic Services helps you stay connected with UMW. Learn more by visiting umw.edu/parents and academics.umw.edu/academic/services/for-parents-and-families. Ask your student to complete the parent information form available on the EagleNet Portal to ensure you receive communications, including information about Family Weekend and other special events, as well as UMW Magazine.

Parent Leadership Circle: The UMW Parent Leadership Circle is a group of active Mary Washington parents who provide outreach for the University. Members help inform fellow parents of the importance of supporting UMW, and they choose to support the University with an annual leadership-level gift. For more information, visit giving.umw.edu/immediate-impact/parents.

Limited housing options are available during Thanksgiving, winter, and spring breaks for international and out-of-state students, but only for those who apply at least one week prior to the posted closing time. Students should contact the Office of Residence Life to investigate possible housing options for breaks.
Parking: When visiting your student during the academic year, please use the visitor spaces near George Washington Hall or the top level of the UMW parking deck off Alvey Drive, or obtain a free visitor dash pass from the UMW Police Department, located in Brent Hall and open 24/7.

Safety and Security: The campus is protected by its own police officers, who are on duty 24 hours a day and operate a safety escort service in the evenings. Students may request a ride from outlying parking areas or an escort across campus to their residence halls.

Smoke detectors have been placed in the hallways, stairwells, and rooms of residence halls, and each hall has three fire drills each semester. Violations of fire safety regulations such as false alarms or tampering with fire extinguishers or equipment are taken very seriously. Such violations may result in severe disciplinary action such as suspension or loss of housing privileges in addition to responsibility for the cost of repair of damages.

Student Employment: Approximately 25 percent of UMW students work on campus, earning an average of $2,100 each per school year. The Office of Financial Aid provides information to students interested in employment on campus. Students wanting information about employment in the campus dining hall, Eagle’s Nest, or catering operation should contact UMW Dining Services.

Study Skills and Tutoring: The Office of Academic Services offers a series of workshops on topics such as note taking, time management, textbook reading, and other important study concerns. It also coordinates a peer tutoring program for students who need a refresher or extra help in their courses. More information is available at academics.umw.edu/academicservices/study-skills-signup and academics.umw.edu/academicservices/academic-support/tutoring-services.

“Will This Go On the Permanent Record?” – Disciplinary issues, even minor ones, are part of the educational record. All disciplinary violations become part of that record and remain there for at least three years after the last attendance. Graduate schools (especially law and medical schools) and many potential employers consider a student’s disciplinary record before making offers.

Mail sent to a student’s campus mailbox constitutes proper notification of a judicial charge, sanction, hearing attendance, or other judicial matters. “I didn’t check my mail” is not a valid excuse for not responding to such communications.

UMW gives students accused of a judicial violation numerous rights during the judicial process. Urge your student to know them. Understand them. The judicial system is meant to be educational, not adversarial, so students should ask questions and take advantage of all educational opportunities.
UMW GLOSSARY: EagleSpeak – Words you’ll need to know

BANNER – an online administrative system accessed via the EagleNet Portal that provides personal information and transactions such as
- registration for classes during appointed times
- modification and view of current classes and registration holds
- unofficial transcript with final grades for completed classes, term GPA, and cumulative GPA
- view of transferred credits from other institutions
- retrieval of mailbox number and combination
- view of meal plan selection

BALL CIRCLE – grassy area across from Lee Hall frequented by flag football players and sunbathers

BATTLEGROUND – athletic complex one block from campus, home to the outdoor varsity teams, rugby teams, track, and indoor and outdoor tennis complexes

BLUE LIGHTS – emergency lights located throughout campus with phones that are directly connected to UMW Police

BULLET – student-run newspaper published weekly

CAMPUS WALK – large brick walkway through the center of campus with lots of benches and great gathering places

CANVAS – online course management system that provides course information such as notes, grades, assignments, and class announcements. Use varies by professor. May be accessed through EagleNet, through the QuickLinks at the top of the UMW home page, or via canvas.umw.edu.

CENTRAL PARK – 310-acre shopping area located west of campus on Route 3 with more than 100 stores (Target, Wal-Mart, Best Buy, Old Navy, etc.) and almost every major national chain restaurant you can imagine

CHEAP SEATS CINEMA – shows latest blockbuster movies on weekends

CLASS COUNCIL – organization charged with maintaining UMW traditions

CLUB CARNIVAL – annual event in Ball Circle during which students can find out about clubs and organizations

COAR – Community Outreach and Resources, run by students who coordinate volunteer work on and off campus and service-learning programs

DODD – auditorium in GW Hall, home to many UMW traditions including Honor Convocation, Junior Ring Ceremony, concerts, and $1 movies

DOUBLE DRIVE – U-shaped driveway located off College Avenue at the main gates of the University; also known as GW Circle

DOWNTOWN – located within walking distance of campus, featuring shops, restaurants, and historic sites

EAGLE – UMW mascot

EAGLE VILLAGE – a residential and retail mixed-use village for townspeople, students, and faculty to shop, live, work, and enjoy entertainment facilities. EAGLE LANDING is the residence hall at Eagle Village.

EagleNet PORTAL – important source for UMW information; located at EagleNet.umw.edu
EagleOne – relates to EagleOne card, or funds deposited in EagleOne account

EaglePAY - online billing and payment system; located in EagleNet Portal

eSUDS – online laundry monitoring system used in most residence halls

FLEX – (n.) extra money that comes with your meal plan to use at the Eagle’s Nest or Seacobeck; (v.) to use your flex dollars to pay for yourself or someone else, ex. “I’ll flex you today.”

FOUNTAIN – social center of campus, located in Palmieri Plaza

FRED – bus system that can take you almost anywhere you need to go in Fredericksburg

GIANT – a student organization that provides concerts and other entertainment for the campus throughout the year

GW – George Washington Hall, home to Dodd Auditorium and the offices of the President, and others

HONOR COUNCIL – judicial body that promotes awareness of and adherence to the honor system and assesses violations related to lying, cheating, or stealing

HOT LINE – extensions to call for University schedule updates (654-2424) and athletic schedule updates and team results (654-1869)

IT HELP DESK – provides assistance with computers and technology (654-2255)

JEFFERSON SQUARE – lawn located between Jefferson, Bushnell, and Combs halls

JRB – Judicial Review Board holds hearings and issues sanctions regarding violations of the community standards, such as alcohol offenses or property damage

LEE HALL – houses essential student services, The Bookstore, and The Underground

Mdub – otherwise known as Mary Washington

NEST – abbreviation for the Eagle’s Nest food court in Woodard Campus Center

SAE – Office of Student Activities and Engagement, helps students plan events, start a club, request club funding, approve fliers, and more

SEACO – abbreviation for Seacobeck Hall, the main campus dining facility

SGA – Student Government Association, which includes the Honor Council, JRB, Legislative Action Committee, Academic Affairs Council, Association of Residence Halls, Senate, and Commuting Student Association

SPIRIT ROCK – large boulder located near the Campus Center on which students may paint messages

UNDERGROUND – student programming facility which hosts events nearly every night of the week!

WASHROOM – recreation room located in the Campus Center with food service computers, pool tables, air hockey, ping pong, and more

WEBMAIL – email system provided for students and faculty

WMWC – student-run radio station on Channel 26

Red UMW Cap, by the Game. Adjustable red cap with stitched “UMW” in blue and “EAGLES” underneath.

Cross Grain Hooded Sweatshirt
Attractive 85% cotton/15% polyester sweatshirt by Jansport, available in oxford only. S, M, L, XL.

University T-Shirt
100% Cotton by Jansport, available in oxford and navy (shown). S, M, L, XL, XXL.

UMW Better Bottle, by Camelbak. Available in a variety of colors.

Toe Goz Flip Flops

UMW Auto Decal, by Color Shock.

UMW Ribbon Tote Bag, by Moonshine. Small (shown). Large.

More great items are available online. Place your order today at:

540/654-1017  WWW.UMW.EDU/BOOKSTORE