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WELCOME TO UMW

IN THIS SECTION:

- Calendar **Red-Letter Dates**
- Contacts
- EagleNet Portal / OrgSync
- EagleOne Card
- Technology
Congratulations on your decision to join the University of Mary Washington, a place where you will juggle rigorous academics with a rich array of extracurricular activities. We look forward to welcoming you in August to your new home away from home.

This book contains a checklist of important, time-sensitive information that will serve as your guide over the next several months. Please pay close attention to the deadlines!

As of **March 3, 2014**, you are connected to a whole new world. You can go online to retrieve your UMW NetID and password.

For updates throughout the summer, go to [EagleNet.umw.edu](http://EagleNet.umw.edu). There you will be able to access your UMW email, find academic advising information, and learn even more about UMW.

---

**If you do not have access to a computer...**

We prefer that you return your completed forms by email. If you do not have access to a computer and need paper copies of forms and contracts, please call the appropriate office and return the requested information to that department.
Calendar **Red-Letter Dates**

All forms to become a UMW student can be completed and submitted by email with one exception: All incoming full-time students, whether residential or commuting, are required to submit to the Health Center by **Aug. 1, 2014**, a completed Health History, Tuberculosis Screening, and Immunization Record Form signed by a health care provider. For more information and to download the form, please see “New Students” at [students.umw.edu/healthcenter](http://students.umw.edu/healthcenter), or call the Health Center at 540/654-1040.

**CHECKLIST:**

<table>
<thead>
<tr>
<th>Task</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>□ NetID Available Online</td>
<td>March 3</td>
</tr>
<tr>
<td>□ *Register for New Student Orientation (available in EagleNet)</td>
<td>March 11</td>
</tr>
<tr>
<td>□ Student Scholarship Application Form</td>
<td>May 15</td>
</tr>
<tr>
<td>□ Textbook Reservation Opens</td>
<td>May 19</td>
</tr>
<tr>
<td>□ Online Photo Submission for EagleOne Cards</td>
<td>May 30</td>
</tr>
<tr>
<td>Submissions open March 24 and must be received by May 30</td>
<td></td>
</tr>
<tr>
<td>□ Application for Housing Accommodation to Disability Resources</td>
<td>June 30</td>
</tr>
<tr>
<td>□ Final Grades or Transcripts</td>
<td>July 1</td>
</tr>
<tr>
<td>□ Housing &amp; Dining Services Agreement (due)</td>
<td>July 7</td>
</tr>
<tr>
<td>□ Parent and Family Information Form</td>
<td>July 15</td>
</tr>
<tr>
<td>□ Housing Assignments Sent</td>
<td>July 18</td>
</tr>
<tr>
<td>□ Textbook Reservation Program</td>
<td>July 24</td>
</tr>
<tr>
<td>□ Health History, Tuberculosis Screening, Immunization Record Form</td>
<td>Aug. 1</td>
</tr>
<tr>
<td>□ Move-In Day</td>
<td>Aug. 22</td>
</tr>
</tbody>
</table>

**ACADEMIC CALENDAR**

<table>
<thead>
<tr>
<th>Event</th>
<th>FALL</th>
<th>SPRING</th>
</tr>
</thead>
<tbody>
<tr>
<td>*Residence Halls Open (new students)</td>
<td>Aug. 22</td>
<td>Jan. 9</td>
</tr>
<tr>
<td>Residence Halls Open (returning students)</td>
<td>As assigned</td>
<td>Jan. 11</td>
</tr>
<tr>
<td>Classes Begin</td>
<td>Aug. 25</td>
<td>Jan. 12</td>
</tr>
<tr>
<td>Last Day to Add Courses</td>
<td>Aug. 29</td>
<td>Jan. 16</td>
</tr>
<tr>
<td>Course-Drop Deadline (without a “W” grade)</td>
<td>Sept. 12</td>
<td>Jan. 30</td>
</tr>
<tr>
<td>Family Weekend</td>
<td>Sept. 19 - 21</td>
<td>Feb. 27 (5 p.m.) - March 8</td>
</tr>
<tr>
<td>Fall/Spring Break</td>
<td>Oct. 10 (5 p.m.) - 14</td>
<td>March 13</td>
</tr>
<tr>
<td>Homecoming Weekend</td>
<td>Oct. 24</td>
<td>March 23 - April 3</td>
</tr>
<tr>
<td>Individual Course Withdrawal Deadline</td>
<td>Oct. 27 - Nov. 7</td>
<td></td>
</tr>
<tr>
<td>Advance Registration</td>
<td>Nov. 26 - 30</td>
<td></td>
</tr>
<tr>
<td>Thanksgiving Break</td>
<td>Dec. 5</td>
<td>April 24</td>
</tr>
<tr>
<td>Classes End/Last Day to Withdraw from UMW</td>
<td>Dec. 6 - 7</td>
<td>April 25 - 26</td>
</tr>
<tr>
<td>Reading Days</td>
<td>Dec. 8 - 12</td>
<td>April 27 - May 1</td>
</tr>
<tr>
<td>Final Exams</td>
<td>Nov. 26 - 30</td>
<td>May 9</td>
</tr>
<tr>
<td>Commencement</td>
<td>Dec. 13 - Jan. 11</td>
<td>Feb. 27 (5 p.m.) - March 8 2 p.m.</td>
</tr>
<tr>
<td>Residence Halls Closed</td>
<td></td>
<td>May 2 (except for graduates)</td>
</tr>
<tr>
<td>Residence Halls Closed</td>
<td></td>
<td>May 10 (for graduates)</td>
</tr>
</tbody>
</table>

*NOTE: Student athletes who have been directed by their coaches to return early should arrive on the date specified by the coach.*
**Contacts**  Questions regarding the contents of this book or any other areas of the University should be directed to the following offices.

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<thead>
<tr>
<th>Office</th>
<th>Phone/Fax</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Information</td>
<td>654-1000</td>
<td>umw.edu</td>
</tr>
<tr>
<td>Academic and Career Services</td>
<td>654-1010 or 1022</td>
<td>academics.umw.edu/academicandcareerservices</td>
</tr>
<tr>
<td>Admissions</td>
<td>654-2000</td>
<td>admissions.umw.edu</td>
</tr>
<tr>
<td>Athletics</td>
<td>654-1039</td>
<td>umweagles.com</td>
</tr>
<tr>
<td>Bookstore</td>
<td>654-1017</td>
<td>umw.edu/bookstore</td>
</tr>
<tr>
<td>Business Services</td>
<td>654-1009</td>
<td>adminfinance.umw.edu/business-services</td>
</tr>
<tr>
<td>Campus Recreation</td>
<td>654-1732</td>
<td>students.umw.edu/recreation</td>
</tr>
<tr>
<td>Cashier’s Office</td>
<td>654-1251 or 1247</td>
<td>adminfinance.umw.edu/cashier</td>
</tr>
<tr>
<td>Center for Honor, Leadership &amp; Service</td>
<td>654-2272</td>
<td>students.umw.edu/chls</td>
</tr>
<tr>
<td>Center for International Education</td>
<td>654-1434 or 1870</td>
<td>international.umw.edu</td>
</tr>
<tr>
<td>Community Service</td>
<td>654-1122</td>
<td>coar.umwblogs.org</td>
</tr>
<tr>
<td>Copy Center</td>
<td>654-1935</td>
<td>adminfinance.umw.edu/copies</td>
</tr>
<tr>
<td>Counseling Services</td>
<td>654-1053</td>
<td>students.umw.edu/caps</td>
</tr>
<tr>
<td>Dining Services</td>
<td>654-1928</td>
<td>umwdining.com</td>
</tr>
<tr>
<td>Disability Resources</td>
<td>654-1266</td>
<td>academics.umw.edu/disability</td>
</tr>
<tr>
<td>EagleNet Portal</td>
<td>654-2255</td>
<td>eaglenet.umw.edu/default.aspx</td>
</tr>
<tr>
<td>EagleOne ID Center</td>
<td>654-1005</td>
<td>adminfinance.umw.edu/eagleone</td>
</tr>
<tr>
<td>Financial Aid</td>
<td>654-2468</td>
<td>adminfinance.umw.edu/financialaid</td>
</tr>
<tr>
<td>Health Center</td>
<td>654-1040 or 1077</td>
<td>students.umw.edu/healthcenter</td>
</tr>
<tr>
<td>IT Help Desk</td>
<td>654-2255</td>
<td>technology.umw.edu/helpdesk</td>
</tr>
<tr>
<td>Libraries</td>
<td>654-1125</td>
<td>libraries.umw.edu</td>
</tr>
<tr>
<td>Multicultural Center</td>
<td>654-1044 or 1782</td>
<td>students.umw.edu/multicultural</td>
</tr>
<tr>
<td>Parking Management</td>
<td>654-1129</td>
<td>adminfinance.umw.edu/parking</td>
</tr>
<tr>
<td>Post Office</td>
<td>654-1049</td>
<td>adminfinance.umw.edu/mail</td>
</tr>
<tr>
<td>Public Safety</td>
<td>654-1025</td>
<td>adminfinance.umw.edu/publicsafety</td>
</tr>
<tr>
<td>Registrar</td>
<td>654-1063</td>
<td>academics.umw.edu/registrar</td>
</tr>
<tr>
<td>Residence Life/ Commuter Student Services</td>
<td>654-1058 or 1527</td>
<td>students.umw.edu/residencelife</td>
</tr>
<tr>
<td>Speaking Center</td>
<td>654-1347</td>
<td>academics.umw.edu/speaking/speaking-center</td>
</tr>
<tr>
<td>Student Accounts</td>
<td>654-1250 or 1289</td>
<td>adminfinance.umw.edu/studentaccounts</td>
</tr>
<tr>
<td>Student Activities &amp; Engagement</td>
<td>654-1061</td>
<td>students.umw.edu/studentactivities</td>
</tr>
<tr>
<td>Student Employment</td>
<td>654-2468 or 1685</td>
<td>adminfinance.umw.edu/financialaid</td>
</tr>
<tr>
<td>Study Skills</td>
<td>654-1010</td>
<td>academics.umw.edu/academicandcareerservices</td>
</tr>
<tr>
<td>Tutoring</td>
<td>654-1010</td>
<td>academics.umw.edu/academicandcareerservices</td>
</tr>
<tr>
<td>University Hotline</td>
<td>654-2424</td>
<td></td>
</tr>
<tr>
<td>University Police</td>
<td>654-1025</td>
<td>umw.edu/police</td>
</tr>
<tr>
<td><strong>Emergency</strong></td>
<td><strong>4444</strong></td>
<td>From Fredericksburg campus phones only</td>
</tr>
<tr>
<td><strong>From cell, dial 540/654-4444</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Writing Center</td>
<td>654-1036</td>
<td>academics.umw.edu/writing-fredericksburg</td>
</tr>
</tbody>
</table>
The EagleNet Portal is your way to stay connected with what’s happening at UMW. The image below illustrates where to find specific information in the EagleNet Portal. Just click on “My University Resources” to access these student portal pages.

It’s essential that you regularly check for announcements on the EagleNet Portal at eaglenet.umw.edu.

OrgSync is the easiest way for YOU to find out what’s happening at UMW! Check out 140+ organizations, plan your social calendar, track your service hours and activities, upload and view pictures and videos…the list goes on and on! It's simple to get started. Just follow the steps below and connect with your friends and UMW.

2. Look in the upper right hand corner and select Login.
3. Select the University of Mary Washington! Use your EagleNetID and password to sign in! Visit Student Activities & Engagement to find out more about OrgSync!
EagleOne Card

Your official UMW identification card is called the EagleOne card. You may submit your photo online March 24 - May 30 by logging on to EagleNet and clicking “submit your photo,” or stop by the EagleOne Card Center in Lee Hall to have your photo taken and receive your card. Visit adminfinance.umw.edu/eagleone for more details. Please note, you must bring a valid, government issued photo ID in order to receive your EagleOne card.

The card has a myriad of uses on campus and should be carried at all times to...

✓ gain access to your residence hall, the fitness center, gym, and numerous campus events
✓ borrow books from the Simpson Library, pay library fees
✓ use in the campus dining facilities and check meal plan and balance information
✓ use as a debit card to your EagleOne account (activated with an initial deposit of $25 or more)
✓ make purchases at the UMW Bookstore, Copy Center, Post Office, Health Center, Klein Theatre, all dining operations and University Tennis Center
✓ use in vending machines for snacks, drinks, and laundry
✓ use for public copiers and printing at campus computer labs
✓ make purchases from participating off-campus merchants

Funds can be added to your EagleOne account 24/7 online (adminfinance.umw.edu/eagleone), by mail, or at the Cashier’s Office and the EagleOne Card Center, both in Lee Hall. With the EagleOne card, you won’t need to carry cash, write checks, or use a bank card anywhere you see the EagleOne logo.

If you lose your card...

All lost cards should be deactivated immediately in person at the EagleOne Card Center during normal business hours or online 24/7. If after hours, you must deactivate your card at the Police Station in addition to online.
Technology

Many technologies are available to students, including wireless Internet access, computer labs equipped with specialized software, and online Web resources and creative spaces. Opening this fall, the state-of-the-art Information and Technology Convergence Center (ITCC) will provide multimedia production equipment for checkout, as well as access to professional audio and video production workstations, a high-end video production studio with green screen capabilities, and electronic team collaboration systems for group work.

As a UMW student, you’ll find that having a computer is essential to a successful academic career. See our technology.umw.edu/new page for more information on suggested computer configurations and things to look for if you are buying a new computer. The UM­W Bookstore website umw.edu/bookstore also includes links to computer vendors providing student discounts.

The Web houses lots of resources you will use as a student, including EagleNet for administrative functions, UM­W Blogs for Web publishing, and the “Domain of One’s Own” initiative, where you can claim your own Web domain and hosting space. Canvas, our online learning system, is used by many UM­W faculty as an integral part of their courses. See technology.umw.edu/new for details on these systems and how to get access.

Students living in residence halls have Internet and television services included as part of their room and board fees. ResNet, provided by Apogee, delivers wired and wireless Internet service for your computers, printer, gaming systems, and mobile devices. Premium services are available at an additional cost. Check out technology.umw.edu/new for details and specs for the services available.

Finally, getting technology help when you have questions is as simple as contacting the IT Help Desk - 540/654-2255, helpdesk@umw.edu, technology.umw.edu/helpdesk. If we can’t help you, we will do our best to direct you to the person or office who can. Info about Help Desk services, including service hours and after-hours resources, is available on the website.

When do I get a UMW Network Account?
You will be issued a network identifier – NetID – and a temporary password that enables you to use the UM­W Network, email, and other online services as of March 3, 2014. Check out the step-by-step instructions at technology.umw.edu/new to get started.

I need wireless!
UM­W has wireless Internet service in every building on campus. Information on how to connect and which network is best for you to use is available at technology.umw.edu/new.

Protect your tech.
We strongly recommend that all students install and regularly update antivirus, spyware, and malware protection on their computers. It’s important to stay current on security updates for your operating system. More info on this can be found at technology.umw.edu/new.

Protect your account and identity.
UMW will NEVER ask you to provide Social Security numbers or other private information via email. You might get a phishing email that asks for this info, but even if it looks as if it’s from UM­W, it is not. If you question the legitimacy of an email or information requested, contact the Help Desk.
NEW STUDENT ORIENTATION

IN THIS SECTION:

- First-Year Orientation (two days)
- Transfer Orientation (one day)
- Early Arrival Trips
- Move-In Day
- Welcome Week
Your Next Steps

New student orientation occurs in June and is required for all first-year and new transfer students. The orientation schedule and more information are available at orientation.umw.edu. You can register for orientation once you have paid your admissions deposit. Families/guests are welcome to attend.

First-Year Orientation Overview (two days)*

<table>
<thead>
<tr>
<th>Session #1</th>
<th>June 18-19</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session #2</td>
<td>June 19-20</td>
</tr>
<tr>
<td>Session #3</td>
<td>June 23-24</td>
</tr>
<tr>
<td>Session #4</td>
<td>June 24-25</td>
</tr>
<tr>
<td>Session #5</td>
<td>June 25-26</td>
</tr>
<tr>
<td>Session #6</td>
<td>June 26-27</td>
</tr>
</tbody>
</table>

The first day of orientation begins with arrival and check-in, where you receive a complete schedule and information for your visit. Students who submitted photos online will receive their EagleOne cards at check-in upon presentation of a valid, government-issued photo ID. After the official welcome, the program splits into a student track and a families/guests track. Families and guests learn more about UMW services and ways to support their student’s success, while students engage in informational programs with their peers and upper-class orientation leaders. If living on campus, students can visit the assigned residence hall with their guests. Students have an evening activity and remain on campus while parents and guests enjoy a reception and are shuttled back to their cars.

The second day begins with breakfast and a chance for families to learn “how to prepare your student for college” while students continue to explore campus services and meet with faculty and their student success coordinators to complete the academic registration process. The day’s activities conclude about noon to allow families to begin their travels back home.

Transfer Orientation Overview (one day)*

<table>
<thead>
<tr>
<th>Session #1</th>
<th>Aug. 7</th>
</tr>
</thead>
<tbody>
<tr>
<td>Session #2</td>
<td>Aug. 8</td>
</tr>
<tr>
<td>Session #3</td>
<td>Aug. 11</td>
</tr>
</tbody>
</table>

Orientation begins with arrival and check-in, where you receive a complete schedule and information for your visit. Sessions provide important information about campus services, student accounts, and other student services. After lunch, students meet with student success coordinators, who help register them for fall courses. Families and guests can attend concurrent sessions or explore campus. The day’s activities conclude about 5 p.m.

* Sessions are first-come, first-served. Once a session is full, that option will close and an alternate date must be selected.
Want to **Get Connected Early?**

As a new member of Eagle Nation, you can choose a pre-move-in experience called NEST, New Experiences for Students Transitioning. This program spans **Aug. 18-21** and offers a unique opportunity to bond with fellow students as you explore UMW and surrounding attractions. **Space is limited, and there is an associated cost.** Registration for NEST opens **May 1.** Learn more at students.umw.edu/chls/n-e-s-t or call 540/654-2272.

---

**New Student Move-In & Welcome**

The official move-in day for new residential students is **Friday, Aug. 22, 7:30 a.m. - noon.** UMW offices will be open for families to discuss students’ accounts, financial aid, and transfer credit questions.

---

**Avoid the Move-In Day Blues**

- Please keep your vehicle on paved areas only, unless directed otherwise by UMW staff. When your vehicle is empty, please move it off campus so others may move closer.

- Ask orientation leaders for assistance carrying items – these volunteers are there to help!

- Fredericksburg can be very warm and humid in August. Dress appropriately and have cool water with you.
Once families depart, students can look forward to:

- Ice cream with the president!
- Honor Convocation with the faculty to formalize your commitment to the UMW Honor Code
- The Eagle Gathering
- Movies, comedy nights, dances, river tubing, and more
ACADEMICS FIRST

IN THIS SECTION:

- Academic Planning
- First-Year Seminar
- Academics Q&A
- General Education Requirements
- Simpson Library
- Academic and Career Services
- Tutoring and Academic Success Seminars
Launch your first year at UMW by taking the following steps:

Request that official copies of results of Advanced Placement (AP), International Baccalaureate (IB), Cambridge, College Level Examination Program (CLEP), dual enrollment classes, and transcripts of any college transfer credit be sent to the UMW Office of the Registrar immediately. The UMW CEEB code is 5398.

Check the Student and Financial Aid section in the EagleNet Portal to review your student record for any AP, IB, Cambridge, CLEP, dual enrollment, or college transfer credits that have been received and processed by the Office of the Registrar. If exam scores are missing, bring copies of the test results with you to orientation. They will help during your advising meeting. At your June orientation session, you will complete the registration process. Student success coordinators and faculty will be on hand to assist you.

Complete the first semester schedule questionnaire sent to you via email. This questionnaire asks about academic interests and will be used to help register you for some courses before your arrival at summer orientation. At orientation, you’ll have the opportunity to complete your registration and make adjustments.

TIPS

"Take classes that you are interested in, not what your parents want or expect you to take."

"Put your alarm clock across the room so you have to get out of bed. Missing even one class can make it hard to keep up with the course work."

"Classes at Mary Wash are challenging. The upside is that class sizes are small, which means more chances to ask questions and get to know the professors."

First-Year Seminar

First-year seminar courses introduce students to the pursuit of intellectual inquiry. Seminars are designed to let you interact with outstanding faculty members while exploring nontraditional topics in nontraditional ways. One first-year seminar is required as part of UMW’s general education program. (Transfer students are not required to take a first-year seminar.) While many different courses will be offered, not everyone will be able to enroll in a seminar in the fall semester. Students who do not take the course in the fall should sign up for it in the spring semester. Specific topics will vary from course to course, but all will include

- college as you imagined it: a life of the mind taught by great faculty
- small classes, capped at 15 students each
- active, discussion-based formats
- exploration of primary texts rather than textbooks
- critical examination of the class literature
- development of writing and speaking skills

UMW’s new quality enhancement plan puts greater emphasis on the skills students develop as part of their FSEM experience. You’ll engage through online learning and with specialized staff and peer tutors in the library, Speaking Center, and Writing Center.
First-Year Seminar Courses
Scheduled for Fall 2014

Any course numbered FSEM 100, HIST 201, HIST 201, or HONR 100 will satisfy the first-year seminar requirement. For brief descriptions of these courses, go to umw.edu/qep. In several cases, multiple sections are available for the courses listed below. Students in the Honors Program should take an HONR 100 course or one of the FSEM 100 or HIST 201 or 202 courses with the HN designation.

FSEM 100 Courses

- Writing About Ecology: Literature & Environment in the U.S. and Latin America (This FSEM is part of the Green House living-learning community)
- Autism in Contemporary Literature & Film
- Mozart and Amadeus
- Toys as History
- The Art of Mathematics
- Ted.com – Ideas Worth Sharing
- Cryptology
- French New Wave: Cinema & Society
- Virtual Vernacular: Record Community Music
- Race and Revolution (One section of this FSEM is part of the Justice for All living-learning community.)
- The Idea of Cool
- Representations of the Holocaust in German & U.S. Culture
- Feminism from the Second Wave to Present: We’ve come a long way baby...or have we? (This FSEM is part of the EmpowerU living-learning community.)
- The Bad Seed? Exploring the Roots of Evil
- Mashups & Markerbots: Designing and Building in Virtual and Physical Worlds
- Creating Arts and Ideas
- The Art of Life’s War
- Alfred Hitchcock: The Master of Suspense (HN)

HIST 201 and 202 Courses

- European History: Statesmen, Soldiers and Leadership in Wartime (HN)
- Good, Bad, and Ugly American Tourists (NH)

HONR 100 Courses

- Octavia Butler: Science Fiction
- History of Genocide (This FSEM is part of the Genocide, War Crimes, and Humanitarianism living-learning community.)
- Digital Don Quixote
- Documentary Filmmaking: Its Rhetoric and Production (This FSEM is part of the Documenting Life at UMW living-learning community.)
- Is College Worth It?
- Inventions That Rocked the World
- Who Am I This Time?
- Cold Case: Theatre Mysteries
- The Good Society: Exploring Utopia
- Our Lady of Guadalupe, Mother of Mexico
- International Short Fiction by Women

Note: The Alfred Hitchcock FSEM 100 and the HIST 201 and 202 courses have the Honors (HN) designation for fall 2014 and may be taken by students in the Honors Program.
You will complete your class registration during summer orientation.

Your student success coordinator is your academic coach until you declare a major.

Who is my academic advisor? Faculty and student success coordinators (SSCs) from the Office of Academic and Career Services will assist you during your orientation session with the completion of your course schedule. Your SSC will continue to advise you in the fall and until you declare a major. At that time, you will be assigned to a faculty advisor from your major department.

What courses should I think about taking as a freshman? Your SSC will have preregistered you for a few courses based on the interests you identified in the first semester schedule questionnaire. Beyond those courses, you should explore other electives or general education requirements to complete your schedule. The New Student Guide (academics.umw.edu/academicandcareerservices/new-student-guide) hosted on the Academic and Career Services website (academics.umw.edu/academicandcareerservices/) offers some advice on choosing courses. We recommend that you register for no more than 16 credits your first semester. Keep in mind you must take a first-year seminar during your first year (but not necessarily your first semester). Use the Academic Catalog as your guide and ask your SSC for help if you have trouble identifying courses. Student athletes should avoid scheduling classes during practice times.

What are living-learning communities? At UMW, living-learning communities (LLCs) offer an exciting and rewarding blend of academics and student life. Students in LLCs immerse themselves in an environment with like-minded individuals by taking at least one class together and living in a setting that offers out-of-classroom experiences facilitated by an upperclass program assistant. The out-of-classroom activities may include volunteer work, excursions, and meetings with experts in related fields, and they encourage students to learn alongside faculty. LLCs at UMW offer a truly unique opportunity for academic engagement, and you can learn more about them in the Residence Life section, or on their website: students.umw.edu/residencelife/llc.

What will I need to bring to my academic advising meeting at orientation? For a productive meeting, bring any information you have regarding Advanced Placement (AP), International Baccalaureate (IB), and/or Cambridge exams that you have taken. You should also come prepared to talk about both your academic interests and your plans for co-curricular activities including study abroad, internships, athletics, student government, and so forth.

Can I adjust my schedule after orientation? What about those courses I was preregistered for? Can I adjust those? Absolutely! The courses you were preregistered for were selected based on the responses on your first semester schedule questionnaire. But we understand that things change. You can adjust, but we suggest that you do it in consultation with your SSC.

Can I declare my major? What if I declare but change my mind later? What about minors? New students are undeclared when they enter the University. Once a student has earned 28 credits, he or she can declare a major. To declare a major, complete the PDF form. Then go to the department chair of the appropriate academic department. He or she will assign you a major advisor in the department. Declaring a minor is done with the same form. You can always change your mind about the major you select. In doing so, we urge you to speak with an advisor.

I’m struggling a bit. Where do I go for help? First, you should always consider your professor as your most valuable resource. Every professor has office hours when you can ask for assistance. These hours are listed
on the course syllabus. Many options for tutoring are available through the Office of Academic and Career Services. Stop by Lee Hall for more details. The Writing Center offers help with writing projects for your classes and beyond, and the Speaking Center offers help with communication skills through videotaped practice presentations and feedback. Both centers are in the new Information and Technology Convergence Center, Room 429.

I heard that I can take a class pass/fail. What does that mean? Classes taken pass/fail earn you credits when you pass, but affect your GPA only if you fail. You may take any class pass/fail, but there are guidelines. All classes that you wish to use to satisfy general education requirements (including speaking or writing intensive) and major or minor requirements, must be taken for a standard grade. The exceptions are some experiential learning classes. You may take as many as eight pass/fail classes – limited to one per semester. The deadline to switch a class from graded to pass/fail is the end of the ninth week of the semester.

I’m over my head. How do I get out of a class? You have three options. Students can drop a class during the first three weeks of the semester. When you drop a class, it is removed completely from your official academic record. After the third week, students can withdraw from an individual class through the ninth week of the semester – the same as the deadline to switch a class to pass/fail. In this case, the student receives a grade of W on his or her transcript. This does not affect the student’s GPA. Until the last day of classes, a student can withdraw from the University. In this case, the student receives a grade of W for every course, and there is no effect on the student’s GPA.

Students and parents are urged to enroll in the University’s free emergency notification system: UMW Alerts. This will be the primary (although not the only) system used in case of emergencies. Sign up at alert.umw.edu.

General Education Requirements

General education is the foundation of a liberal arts and sciences education. The course work is designed to cultivate the skills, knowledge, and habits of mind that are essential in every field of study and that enable graduates to make effective decisions as citizens of a rapidly changing, richly diverse, and increasingly interconnected world. The requirements are designed to put the liberal arts in a contemporary context and to provide students with maximum flexibility in the way the requirements may be met. For complete details, students should see the Undergraduate Academic Catalog, which will be available online. A brief sketch of the requirements appears below.

Summary of General Education Requirements

- First-Year Seminar (one course); not required for transfer students
- Quantitative Reasoning (two courses)
- Natural Science (two-course sequence; at least one course with a lab)
- Human Experience and Society (two courses from two separate disciplines; at least one of the courses taken must be selected from one of these disciplines: anthropology, economics, geography, linguistics, political science, psychology, or sociology)
- Arts, Literature, and Performance (two courses; one exploring the process for creating artistic work, the other focusing on appreciation and interpretation of artistic works)
- Global Inquiry (one course)
- Language (intermediate competency in a second language)
- Experiential Learning (one faculty-supervised experience)
- Writing Intensive Requirement (four courses designated WI)
- Speaking Intensive Requirement (two courses designated SI)
Conveniently located on Campus Walk, Simpson Library gives access to a full range of innovative and cost-effective services that satisfy the changing needs of UMW students and faculty – whether for information, education, or recreation. Your library has more than 450,000 volumes and 67,000 periodicals, links to thousands of electronic publications, and a wide array of databases that furnish online access to books, magazines, journals, and newspapers.

Stop by the soft-seating area on the first floor, with its shelves of popular reading volumes, movies on DVD, and the comfortable chairs and casual atmosphere that invite conversation and relaxation. A full list of offerings and services can be found on the library’s extensive website at libraries.umw.edu.

Office of Academic and Career Services: World Ready

OACS assists new students from summer orientation through graduation and beyond. In addition to advising, skills workshops, and tutoring, the office provides career services. One of the office’s primary obligations is to coordinate the academic activity related to student internships. This means finding an internship, setting up a contract to earn academic credit for the experience, acting as a liaison between the agency and UMW, and registering you for internship credits. OACS can also help you achieve your goals by providing:

- counseling sessions to help you choose a major and explore related career fields;
- structured advice on careers and graduate schools so that you know your options;
- networking opportunities through specialized and general career fairs on campus to help you make connections early;
- résumé and etiquette workshops on campus to keep you prepared.

Tutoring and Academic Success Seminars

Peer tutors are provided by appointment for almost every lower-level course, and walk-in tutoring is available for mathematics, biology, chemistry, and physics courses. A variety of faculty-recommended websites with lessons, quizzes, and tips can be found at academics.umw.edu/academicandcareerservices/tutoring.

Academic success seminars provide students with the tools to be successful in their academic endeavors. Seminar topics include time management, study and note taking skills, test anxiety, and test preparation. Every seminar includes a short presentation, an interactive activity, and a takeaway. Dates and locations of upcoming seminars can be found on the OACS website (academics.umw.edu/academicandcareerservices/focus-seminars), where you can also register to attend.
BUSINESS MATTERS

IN THIS SECTION:

- Banking
- Bookstore
- Copy Center
- Financial Aid
- Post Office
- Student Accounts
Banking

There is an ATM in Lee Hall operated by BB&T Bank. For BB&T accounts there will be no transaction fee. For all others the transaction fee will be $2.

Financial institutions in the vicinity of campus include the following (all area codes are 540):

- BB&T
  - 400 George St.
  - 899-5500
- Bank of America
  - 1481 Carl D. Silver Parkway
  - 548-2827
- First Citizens Bank
  - 3205 Plank Road
  - 786-2709
- NSWC Federal Credit Union
  - 2004 Augustine Ave.
  - 373-5127
- Virginia Partners Bank
  - 410 William St.
  - 899-0005
- Peoples Community Bank
  - 175 Kings Highway
  - 371-6889
- PNC Bank
  - 900 Princess Anne St.
  - 899-6240
- Stellar One
  - 1016 Charles St.
  - 373-9700
- SunTrust Bank
  - 3557 Plank Road
  - 899-5631
- Union First Market Bank
  - 2811 Fall Hill Ave.
  - 372-7760
- Wells Fargo
  - 501 1/2 Jefferson Davis Highway
  - 899-9203

Textbook Reservation Program

Look for additional information in the EagleNet Portal at easlenet.umw.edu or at umw.edu/bookstore.

Sign up by July 24!

Ensure access to used textbooks and convenient delivery with a deposit of $675 on your EagleOne card by July 24, 2014. The bookstore staff will obtain your schedule, gather the correct textbooks, and, with the help of the Residence Life team, deliver your textbooks to your residence hall! The textbook reservation program offers convenience and savings.

Bookstore

The University Bookstore is owned and operated by UMW and offers an extensive inventory of everything an Eagle may need for the coming year. The bookstore has used and new textbooks, e-books, and course packs. The bookstore team ensures that the correct materials are available on time for classes, and are competitively priced. For additional savings, students can participate in the textbook buyback at the end of each semester.

Wear and share your Eagle spirit! The store boasts a wide selection of UMW clothing, gifts, and insignia items.

The store sells computer supplies and student-priced software (MS Office and Office for Mac). For discounted Apple computers, designed to meet UMW specifications, order through the bookstore website, umw.edu/bookstore.
Copy Center

For a nominal fee, you may take care of all your personal copying and printing needs and send or receive faxes at the UMW Copy Center, located in the basement of Seacobeck Hall. Options include transparencies, laminations, specialty paper, personalized stationery, binding, labeling, shredding, inserting, collating, scanning, and digital photo processing.

Financial Aid

The Office of Financial Aid administers grants, scholarships, and loans to students with financial need as demonstrated by filing the FAFSA. Visit umw.edu/financialaid for more information.

- Eligible students received award letters and can view award offers on the EagleNet portal.
- Other documents required for verification are accessible through EagleNet, and are due to Financial Aid by June 1.
- Students interested in receiving need-based scholarships must also submit the General Scholarship Application by May 15.

Post Office

The campus post office is a full-service postal center. Each residential and commuting student will be assigned a mailbox to be used for official mail from UMW and for personal mail, including packages and mail requiring a signature.

You may retrieve your mailbox number and combination through the Banner program, by way of the EagleNet portal. You will keep the same mailbox as long as you reside on campus. Students at Eagle Landing will be assigned a box there. If you move off campus, you will be issued a new mailbox.
Student Accounts

Everything you need to know about current tuition and fees, room and board, payment options, due dates, and more can be found at adminfinance.umw.edu/studentaccounts, or by phone at 540/654-1250 or 540/654-1289.

Tuition bills are available online through EaglePAY. An email notification will be sent to your UMW email address once the bills are available. Students can add additional email addresses or sign up authorized payers within EaglePAY. Fall semester bills will typically be available during the second or third weeks of July, and the spring semester bills will be available during the second or third weeks of November. All new charges or unpaid account balances will be billed periodically throughout the semester. Accounts not covered by financial aid, prepaid tuition programs, or by the installment payment plan are due by the date specified on the bill (typically the beginning of August for the fall semester and beginning of December for the spring.)

You may pay your account with cash, cashier’s check, money order, personal check, automated clearing house (ACH), or credit card. Credit card payments are made online through a University-approved third party, which charges a service fee. Online ACH payments are not charged a service fee. Students who wish to grant access to another person to view and make payments on their account must first set up the person as an authorized payer within EaglePAY.

We encourage everyone to make payments online through EaglePAY, to avoid mailing delays that might cause a hold or a late fee on the account. If payments are mailed, they should be mailed directly to the UMW Cashier’s Office with the student ID attached. You also may make cash/check payments in person on the second floor of Lee Hall. Outside scholarships must be received by the due date of the bill. Failure to pay a bill by its due date may result in late fees and a hold on your account. Grants, loans, and scholarships are credited to student accounts in the order that UMW receives them. Accounts are reviewed periodically to identify overpayments, in order to issue refunds. Please see adminfinance.umw.edu/studentaccounts for further information.
CAMPUS HOUSING AND DINING

IN THIS SECTION:

- Application and Agreement for Residential Students
- Living Learning Communities
- Housing Q&A
Application and Agreement for Residential Students

UMW’s goal is to provide a living-learning environment that offers support, fosters academic achievement and personal development, and provides a sense of community to all its members.

New students pay a one-time $250 housing deposit as part of the admissions $500 enrollment deposit, guaranteeing campus housing. At new student orientation in June, students are provided with housing application information. Students complete their application after they attend orientation, submitting their Housing and Dining Services Agreement. This is a binding agreement between the student and the University for two full academic years (incoming freshmen) or one full academic year (incoming transfer students).
Living-Learning Communities

Living-learning communities (LLCs) at UMW provide students with a comprehensive residential experience that fuses classroom learning with real life. Students enjoy all of the benefits of residing on campus, with the added benefit of engaging with their instructors outside the classroom and developing strong friendships with fellow students. LLC participants also have access to many special resources, programs and activities including a three-day new student transition program, “Welcome Days,” with an early move-in, Aug. 18, 9 a.m.-noon.

Questions and Answers about Living-Learning Communities

Are living-learning communities connected to a specific academic major? Some LLCs are connected to a particular major such as pre-business, while other LLCs are based on shared interest such as leadership, service, or social justice.

How do I sign up for a living-learning community? On your first semester schedule questionnaire, indicate under the living-learning community section which LLC you are interested in. You will be enrolled automatically in the associated class and housed within the community.

Who works with LLC participants? We have a dedicated team of faculty, staff and students who work with each LLC at UMW to plan activities. Team members include faculty who teach the associated classes and engage with LLC members, area coordinators (professional staff members of Residence Life), and program assistants (upperclass students who create a positive residential component).

Where will I live if assigned to an LLC? Each living-learning community is assigned to a specific residence hall. Students participating in an LLC will be enrolled in the associated course and reside together in the associated residence hall. Participants will be assigned a roommate based on answers provided on the Residence Life Housing and Dining Services Agreement. Roommate preferences will only be honored if both students are members of the LLC.

Which LLCs are offered for fall 2014? UMW will offer seven LLCs in fall 2014. These communities are:

- Empower U!
- Pre-Business
- SOAR: Service, Outreach, and Activism Residents
- Genocide, War Crimes & Humanitarianism
- Documenting Life at UMW
- Justice for All
- Mindfulness House
- GreenHouse
- VISION

For more information visit students.umw.edu/residencelife/llc
HOUSING
Questions & Answers

Can I request to live in a specific residence hall? View the first-year residence halls on the Residence Life home page. While we cannot guarantee placement in the residence hall of your choice, you have the opportunity to indicate your building preferences on the housing and dining services agreement.

Is there a housekeeping service to clean my room and bathroom? No, but housekeeping does clean hall bathrooms that are shared by an entire floor.

How many roommates will I have? Residence halls have double, triple, and quad rooms, and every student has the same chance of being placed in any of them. Roommates are randomly assigned based on preferences noted on the housing and dining services agreement.

What are bathroom facilities like? In some residence halls each floor shares a common bathroom containing individual toilet stalls and shower stalls. Others have suite-style bathrooms with two bedrooms connected by a shared bathroom. UMW students will attest that both styles have advantages.

What are community standards? Community standards are rules and regulations relating to visitation, quiet hours, or any other issue that affects everyone in the community. The community will vote on standards for your residence hall at the first hall meeting of the semester.

May I install a window air conditioning unit in my room if my building does not have AC? No. Window AC units are prohibited in the residence halls unless you have submitted documentation of a medical need for AC and have been approved. The form can be found on the Residence Life forms page at students.umw.edu/residencelife/forms.

What are resident assistants, and how can they help me? Resident assistants are specially trained upperclass students who live in the building and assist residents in their adjustment to life at UMW. They can help with everything from work orders and maintenance requests to providing social and educational programming. RAs are available to answer any question a resident might have about life at UMW.

I usually just use my cellphone. May I bring it to UMW? Absolutely! Most students on campus have cellphones and many elect to use them for long distance service. Residence hall rooms are not equipped with phones, but there are phones on every hall for emergency purposes. Students also can elect to contract for a room phone with Apogee, our digital services partner, for an additional fee. Cellphone reception in the area and in campus buildings varies for some service providers.

Can I bring a fridge for my room? Personally owned refrigerators that are 2 amps or 4.5 cubic feet or less are permitted, providing they are UL approved. Only one refrigerator is permitted in a double or triple room, and two are permitted in a quad.

Will anyone be available to help move me into my building? Yes. UMW orientation leaders and upperclass student volunteers will be on hand to assist you if you move in on the main move-in day.

Can I request to live with a certain person? Absolutely! There is a section in the online agreement that allows you to indicate your preferred roommate. These requests can only be honored if both individuals request each other on their housing agreements. Individuals choosing to participate in a living-learning community (LLC) will only be placed with their preferred roommate if they are both participants of the LLC.
What is included in my room? Each residence hall is unique, but some standard furnishings include a twin-bed frame and mattress, desk and chair, dresser, and closet space for each resident. Rooms are equipped for cable television and computer network connections for each resident. Wireless network access is also provided throughout the residential buildings.

Do all residence halls have elevators? No. Halls that do have elevators are Alvey, Arrington, Jefferson, Marshall, Mason, Randolph, and South.

When is move-in? Move-in for new students is Friday, Aug. 22, 2014, beginning at 7:30 a.m. All individuals housed in first-year housing should report directly to their assigned residence halls. Transfer students in other buildings will be notified of the nearest first-year building, where they will check in. Early arrivals will not be permitted except in connection with a University activity, nor may personal belongings be moved in early. Please plan accordingly. If you need to arrive in the Fredericksburg area early, you should make arrangements at a local hotel. A schedule of the openings and closings of residence halls for the entire academic year can be found in the EagleNet Portal.

What size sheets should I buy? All resident rooms have twin beds, and most have extra-long 80-inch mattresses. It is best to buy XL twin sheets or twin sheets with "expanded" or "deep" pockets.

Can I have overnight visitors in the residence halls? Except for first semester in first-year halls, overnight visitation is decided by community standards vote in each residence hall at the first meeting of the semester. Residence Life encourages roommates to discuss overnight visitation for their roommate agreement. Most communities permit overnight visitors, but check with your roommate(s) first to ensure everyone is in agreement.

How can I get around without a car on campus? • Ride FRED buses for free with your student ID throughout the city. On weekends, "FRED Express" stops just inside the main gates of UMW and on College Avenue in front of Seacobeck Hall. • Walk downtown and to Eagle Village Shopping Center. • Ride your bike. • Use the Greyhound bus and rail stations that are minutes from campus. Apply for Student Advantage discount cards through Amtrak. Ride the Virginia Railway Express (vre.org) to Northern Virginia and Washington, D.C. • Airports within a 75-mile radius include Richmond, Reagan, Dulles, and BWI.

What are complex councils, and how can I get involved? Complex councils are governing boards in each residential complex. They plan and implement programs, provide a forum for discussion, and encourage community involvement. Elections occur the first month of fall semester. If you would like more information via email about complex councils and how to get involved, mark the checkbox on the Housing and Dining Services Agreement.
Where can I eat on campus? There are five dining locations on campus. Seacobeck Hall features three dining rooms with various buffet-style menus and cooking stations. The Eagle’s Nest, located in Woodard Campus Center, offers national brands Vocelli Pizza and WOW Café & Wingery. The Market, also in Woodard CC, features Joe Stacks Coffee Bar & Deli as well as Simply To Go for meals for students on the run. Naturally Woodstock, The Underground in Lee Hall, focuses on simple cuisine that uses local produce and eco-friendly products. Finally, Jazzman’s Café & Bakery in Simpson Library offers fresh coffee and treats.

How may I change my meal plan? Starting in mid-July, information on changing a meal plan can be found at students.umw.edu/residencelife/mealplan. Students have until the end of the second week of classes to decrease a meal plan.

What’s being served? To check the day’s or week’s menus, visit Eagle Dining at umwdining.com, follow us on Twitter (@umwdining) or “like” Eagle Dining on Facebook (UMWdining). Vegetarian, vegan, and gluten-free menu offerings are available during each meal period. If you are on a restricted diet, contact the general manager at 540/654-2230.

What are flex dollars? Flex is a cash equivalent built into all of the meal plans. Though not real money, flex is a debit account for making additional food purchases at all of the dining operations. Flex balances roll over from the fall to the spring semester. Unused balances at the end of the spring semester will be forfeited.

May I bring a guest for dinner? Yes! Every block meal plan allows you to use five of your meals for guests! If you’ve used all your guest meals or your plan does not include them, you may purchase meals at any dining facility with Flex Dollars, EagleOne, cash, or credit card.

How do I choose a meal plan? Eagle Dining offers a variety of meal plans tailored to fit the appetite of any residential or commuter student. You may choose from several block meal plans that provide a set number of meals each semester, or a “go green” meal plan.

What is EagleExpress? EagleExpress is a food cart that can be found along Campus Walk and at campus events. The cart provides hot and cold drinks, snacks, and ready-to-go food items. You can pay with cash, EagleOne, or flex dollars.

What are EagleOne dollars? Your EagleOne card is your admission ticket to the dining facilities. You can purchase EagleOne dollars throughout the academic year at the EagleOne ID Center, the Office of Student Accounts, by mail, or online at adminfinance.umw.edu/eagleone. EagleOne dollars may be used at Seacobeck, the Eagle’s Nest, the Underground, the bookstore, and most other campus locations, and at numerous off-campus businesses. Purchases made with EagleOne dollars are subject to Virginia sales tax. Unused EagleOne dollars will remain in your account for the duration of your enrollment.
Where to eat on campus

Seacobeck Hall


The South Market offers a mix of Asian, Tex-Mex, and American cuisine. At the Pacific Rim you can get made-to-order stir fry, like beef and broccoli or General Tso’s chicken. Fresh sushi is available, too!

The UMW Bistro Enjoy classic Italian menu items like freshly made pizza, made-to-order pasta, paninis, salad specials, and a gelato bar.

Lee Hall

Naturally Woodstock at The Underground in Lee Hall offers delicious sandwiches, wraps, salads and sweet treats, including frozen yogurt and fruit smoothies.

Simpson Library

Jazzman’s Cafe & Bakery, in Simpson Library, has coffee and tea, freshly baked specialty muffins, scones, and brownies.

Eagle’s Nest

WOW Cafe and Wingery features chicken wings and tenders, burgers, quesadillas, and more. Customize your meal with one of our spicy, sweet, or savory sauces!

Vocelli Pizza offers fresh-from-the-oven Italian flavor from famous Vocelli rolls to delicious vegetarian gourmet pizzas. Fresh salads and appetizers are also on the menu.

The Market

Simply To Go. Choose from sandwiches, salads, fresh fruit cups, drinks, or desserts all packaged to be convenient and transportable. Stop here and get a full meal fast.

Joe Stacks fixes your sandwich however you like it – choose your bread, meat, cheese, and toppings! Joe Stacks also proudly serves smoothies, hot and iced teas, and your favorite Starbucks coffee drinks.

Campus Walk

What is Wholly Habaneros? UMW’s own food truck will be on Campus Walk Monday through Friday serving up tasty Mexican cuisine. Enjoy tacos, burritos and much more! Accepts cash, credit card, Flex and EagleOne.

For hours of each restaurant visit umwdining.com.
LIFE AT UMW

IN THIS SECTION:

- Athletics
- Commuting Students
- Disability Resources
- Getting Involved at UMW
- Center for Honor, Leadership, and Service
- The Arts
- Honor System
- Judicial Affairs and Community Responsibility

Healthy U
- Campus Recreation
- Counseling and Psychological Services (CAPS)
- Health Center

- Center for International Education
- Multicultural Student Affairs
- Convergence Center
- Sustainability
Athletics

UMW is a proud member of the NCAA Division III and is renowned as one of the strongest broad-based programs in the nation. Of the 21 sports at UMW, 20 have competed in national championship events, and the Eagles have brought home national titles in five sports. As a charter member of the Capital Athletic Conference (CAC), the Eagles have won the CAC All-Sports Award 12 times in the 24-year history of the league. UMW also has produced hundreds of All-America selections, and countless all-region and all-conference picks.

As a DIII institution, we do not offer athletic scholarships, nor do we utilize the national letter of intent program. However, all of our sports are very competitive, and spots on the rosters are not taken for granted. Have a thorough and complete conversation with your head coach about where he or she sees you on the team. There may be an expectation of some level of tryout. All roster spots are evaluated annually, based on criteria such as academic and athletic performance, team commitment, and social responsibility. If you have any questions about where you stand or what the expectations will be, please direct them to your head coach. All potential student-athletes must meet NCAA eligibility, complete mandatory athletic training forms, NCAA forms, and register for the PHYD 400-level course corresponding to their sport. Please contact the head coach directly if you have not received instructions to complete paperwork. All forms are digital and must be completed by Aug. 1, 2014.
Overnight housing:
In the event of severe weather, you may contact the Office of Residence Life to arrange for temporary overnight housing.

Disability Resources

The Disability Resources office works to eliminate barriers and create a welcoming and inclusive environment for all students, including students with disabilities. However, there may be classes, programs, or educational experiences in which you require accommodations due to a disability. To request accommodations, please submit documentation of your disability with our registration form to the Office of Disability Resources for review. Once our review is complete, you will be contacted via your UMW email for next steps. For the disability registration form and information on how to register, please see academics.umw.edu/disability/how-to-register. To learn more about documentation requirements, assistive technologies, services available, and frequently asked questions, please see academics.umw.edu/disability.

If you need accommodations in your residence hall, such as a wheelchair-accessible room or visual fire alarm, complete the housing accommodations application at academics.umw.edu/disability/accommodations/housing-accommodations, by June 30, 2014.
Getting Involved at UMW

Love a good concert? Enjoy a good movie? Excited about traditions?

Student Activities and Engagement (SAE) is the place to go if you want to get involved on campus. SAE houses more than 120 different organizations that create events on campus – from weekly bingo in the Underground to major concerts in the Anderson Center. Class Council, GIANT Productions, the Student Government Association, and University Programming Council are just a few programming organizations that ensure there is always something fun to do on campus! Enjoy culture? Join one of the many cultural groups at UMW such as the African Student Union, the Jewish Student Association, and People for the Rights of Individuals of Sexual Minorities. Want to apply some of those things you learn in the classroom? Join one of our multiple academic-based clubs. You can find all of this and more at students.umw.edu/studentactivities.

Love doing community service?

The Community Outreach and Resources office, better known as COAR, organizes service opportunities for students throughout the year. COAR is a branch of the Center for Honor, Leadership, and Service. COAR runs an average of 20 weekly ongoing programs that include tutoring and mentoring children and teens, building with Habitat for Humanity, working with the elderly and animals and working on environmental projects like tree plantings and stream restorations. In addition, COAR sponsors a variety of on campus service programs for the community such as a campus trick-or-treat in the fall and an egg hunt in the spring. Whether you want to volunteer on your own, or with a friend, club, hall, or team, COAR is a great place to start!

Like getting a head start?

A limited number of new students can sign-up for the four-day NEST program – a “pre-arrival” trip (with associated fee). See more details on page 11 and at students.umw.edu/fredericksburg-orientation.

Where can I worship?

In addition to Fredericksburg-area houses of worship, several campus ministries and clubs offer fellowship and activities to support students’ spiritual growth.

- **Baptist Collegiate Ministry (Interdenominational)**
  Contact: connect@umwcenter.org; umwcenter.org

- **Campus Christian Community**
  Contact: 540/373-9255

- **Canterbury Club (associated with Trinity Episcopal Church)**
  Contact: info@umwcanterbury.com

- **Catholic Campus Ministry**
  Contact: 540/373-6746; umwccm.org

- **Encounter Club (associated with Spotswood Baptist Church)**
  Contact: eswauger@gmail.com; encounter647.org

- **The Gathering (interdenominational Christian club)**
  Contact: Student Activities for more information.

- **Grace Campus Ministries (affiliated with Grace Church)**
  Contact: umw.gcm@gmail.com; gcofonline.org

- **Intervarsity Christian Fellowship**
  Contact: ivmdub@gmail.com

- **Islamic Student Association**
  Contact: isa.eagles@gmail.com

- **Hillel (Jewish)**
  Contact: hillel@umw.edu
The arts are a vibrant aspect of life at UMW, providing opportunities for students to experience theater, dance, music, and the visual arts as artists and audience members. UMW students benefit from unsurpassed teaching in small classes guided by an extraordinary faculty and world-renowned guest artists, as well as the abundant arts resources in Richmond and Washington, D.C. Whether you take a studio art class, join the orchestra, audition for a play or musical, dance with one of the many student dance organizations, or sing in a choir, you can be a part of the rich legacy of arts at UMW.

For more information on how you can be a part of the arts, contact Professor Gregg Stull at gstull@umw.edu for information on theater, dance, and music activities. Email Professor Carole Garmon at cgarmon@umw.edu to learn more about participating in studio art and art history events.
Honor System

The student-run honor system at UMW is a deeply cherished tradition founded upon the personal integrity of each individual member of the University community. It requires honorable conduct at all times and in all dealings with others, and is the basis for the sense of community that characterizes our campus. The system deals specifically with lying, cheating, and stealing in all their forms, and each student is required to verify acceptance of the honor system by signing the honor pledge. Violations of the honor code can result in temporary or permanent notations on the student’s transcript. The Honor Council office can be reached at 540/654-1144 or email honor@mail.umw.edu.

Judicial Affairs and Community Responsibility

The Office of Judicial Affairs and Community Responsibility (OJACR) plays a role in helping students to have the best possible living and learning experience at UMW. This is a community in which all students are asked to accept responsibility for their actions. The vast majority of our students consistently meet that expectation. However, when potentially disruptive or harmful situations arise – for example, irresponsible use of alcohol, possession or use of illegal drugs, serious interpersonal conflicts, sexual misconduct, vandalism, or noise disturbances – they need to be addressed. Through education, and through a student-centered hearing process, students learn that their behavior has an impact on others. Students whose experiences at UMW have been compromised by the behavior of others should view OJACR as a resource and as an advocate for their rights. OJACR can be reached at 540/654-1660 and is located in Marye House.

TIPS

Participate in all of the orientation week activities and keep your residence hall room door open – you’ll meet more people that way.

Get involved! Don’t be afraid to try something new just because you don’t know anyone else doing it. The possibilities are endless with sports, student government, and more than 100 clubs.

Become a tutor, lead others in community service, become a peer mediator or wellness educator. Participate in an “alternative” break.

Don’t stay up all night just because you can!
Healthy U Campus Recreation

Students enjoy a comprehensive recreation program with something for everyone. Intramural sports events range from team leagues in basketball and flag football to retro events like dodgeball and kickball. The Fitness Center houses state-of-the-art cardiovascular, free weight and circuit equipment. Group fitness and wellness programs are free to members of the UM community. The Campus Recreation Field complex offers synthetic recreation field surfaces with advanced lighting for intramural and sport club use, softball and baseball diamonds, and a premier beach volleyball court.

The Eagle sport club program provides students the opportunity to compete in intercollegiate athletics locally, regionally, and nationally. It offers more structure and commitment than the intramural sports events, yet allows the student-athlete to dedicate less time than the intercollegiate varsity teams. UM offers the following active sport clubs:

- Baseball
- Basketball (M&W)
- Boxing
- Canoe and kayak
- Cheerleading
- Color guard
- Crew (M&W)
- Cycling
- Fencing
- Field Hockey
- Lacrosse (M&W)
- Polo
- Quidditch
- Rugby (M&W)
- Ski/Snowboard
- Soccer (M&W)
- Softball
- Swimming
- Tennis
- Terrapins (synchronized swimming)
- Ultimate (M&W)
- Volleyball (Coed/W)

Go to umw.edu/recreation for updates and forms to register for intramural sports.

Counseling and Psychological Services (CAPS)

Good health involves more than your body. Managing stress, attending to your emotions, developing as an individual, and building resilience all contribute to psychological well-being, an important part of staying healthy. CAPS offers brief individual therapy and group counseling to full-time degree-seeking students. Crisis intervention, consultation, educational programming, and referral services are open to the entire UM community.

To make an appointment, call 540/654-1053 or stop by the CAPS office on the first floor of Lee Hall during regular business hours. CAPS is staffed by licensed professionals who are experienced in working with a wide array of issues that confront college students, from homesickness to social concerns to depression and anxiety. Services are free and confidential.

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The Health Center’s self-care center on the first floor of Lee Hall is available 24/7 and offers students:

- Free access to disposable thermometers
- Small quantities of over-the-counter remedies for colds, headaches, and other minor ailments
- Condoms
- A large selection of literature on a variety of topics ranging from cold care to body art.

Other services available for small additional fees include:

- An allergy immunotherapy program
- A weekly women’s clinic for gynecologic care, contraceptive counseling, and prescriptions
- Lab work (both on site and by referral to local medical labs)
- Referrals for x-rays and diagnostic imaging procedures
- Prescription medications.

If you have recently been or are currently in therapy:

- Learn about the scope of our services – CAPS offers short-term therapy with no session limit and unlimited group therapy, crisis intervention, and consultation services.
- Develop a coping plan with your clinician that addresses your transition to college.
- Talk with your clinician about warning signs and helpful steps to take if your symptoms recur.
- Learn about resources at UMW and in Fredericksburg and how to access them. (Remember, freshmen may not bring cars, so please plan accordingly.)
- Talk with your doctor before making any medication changes and about medication refills. Don’t find yourself calling for a refill the day your prescription runs out!
- If you anticipate needing longer-term therapy or psychiatric services, CAPS can assist you in locating mental health resources in the community, including providers’ insurance information and their approaches to therapy. Be sure you have your health insurance information card; many insurance plans require that you use the services from their preapproved lists of providers for the charges to be covered.

Health Center

The UMW Student Health Center provides an array of services to assist students when they are ill, and to help them stay healthy through education, prevention, and self-care. Located on the first floor of Lee Hall, the center is open during regular business hours with a medical staff that includes a full-time physician, two nurse practitioners, and three registered nurses. After hours, you may call HealthLink (741-1000), a local nurse-triage service, for a phone consultation for no additional fee.

All full-time students are eligible to use the Health Center.

All incoming full-time students, whether residential or commuting, are required to submit to the Health Center by Aug. 1, 2014, a completed health history, tuberculosis screening, and immunization form signed by a health care provider. For more information and to download the form, please see “New Students” at students.umw.edu/healthcenter/, or call the Health Center at 540/654-1040. Completed forms should be mailed or faxed to:

University of Mary Washington, Student Health Center
1301 College Avenue, Fredericksburg, VA 22401
FAX 540/654-1077

IMPORTANT NOTE: Students who do not submit their health form to the Student Health Center by the due date will have a hold placed on their accounts and will not be able to register for second-semester classes until their completed form is turned in.
Center for International Education (CIE)

Every year, hundreds of University of Mary Washington students study abroad at some of the world’s most prestigious universities while earning credit toward their UMW degrees. The intercultural skills students acquire while abroad set them apart to potential employers and graduate schools, which are increasingly seeking globally educated, trained and experienced graduates. Likewise, every year UMW welcomes talented international students from all over the world, some as degree-seeking undergraduates and others who are themselves studying abroad for a semester or a year.

Through the CIE (Lee Hall, fourth floor), students have access to numerous opportunities to study, intern, research, or volunteer abroad. CIE works closely with faculty to develop, promote, and enroll students in UMW faculty-led and partner programs; organizes the annual education abroad fair; and regularly invites study-abroad providers to campus to inform UMW students about international opportunities.

CIE assists international students with immigration matters, practical matters (e.g., banking and billing questions, cellphone plans, health insurance), and pre- and post-graduation employment options. CIE also coordinates the InterLink Cultural Mentor program, providing each interested international student with a globally minded American counterpart to ease the transition to campus life.

Multicultural Student Affairs

The University of Mary Washington continually and actively seeks a rich blend of cultural diversity in its faculty and staff, students, curriculum, and activities. The James Farmer Multicultural Center, named after the prominent civil rights leader who taught at UMW, specifically focuses on the academic and social well-being of underrepresented students through programming, mentoring, and leadership opportunities. The center offers a variety of cultural programming including the highly respected Cultural Awareness Series. The series culminates with the spring Multicultural Fair, which attracts huge crowds to campus.
The Information and Technology Convergence Center will be UMW’s “academic commons” – where technology, information, teaching, and learning resources come together in an environment that is modern and dynamic. It will be different from anything else on campus, as you’ll notice from the two-story video wall!

Located on Campus Walk next to Simpson Library, this building has been designed with students in mind. You can gather, study, work, and play in a variety of spaces – all with the latest technology.

Here are a few features of the Convergence Center:
- self-service computer workstations
- a self-service multimedia lab for computer and video productions
- a sophisticated video production space (like a small television studio)
- group collaboration spaces with flat-panel screens
- conference and meeting rooms throughout the building
- several high-tech classrooms and a digital auditorium;
- new locations for the Speaking and Writing Centers
- UMW’s new Digital Knowledge Center
- a new digital gallery and a cafe

To learn more, and to view the live Web cam, go to: provost.umw.edu/convergence-center.

Get Involved in SUSTAINABILITY AT UMW

Environmental Sustainability Minor: An interdisciplinary minor offers students a deeper understanding of sustainability, the environmental movement, social justice, economic development, and their interaction in the real world.

Ecology Club: A campus leader in the sustainability movement, this student–run club partners with national and local organizations as well as on-campus groups to make positive change locally and nationally.

Eco Reps: Students work with the UMW Sustainability Office to manage sustainability initiatives and foster awareness among faculty, staff, and students.

President’s Council on Sustainability: Students, faculty, and staff serve on the University’s advisory council responsible for planning and implementing sustainability goals.

RecycleMania: A national recycling competition focuses on student-led activities.

UMW is committed to sustainability; whether it is energy conservation, recycling, LEED buildings, or Green Dining you will find comprehensive initiatives and programs where you can affect your campus and community. To get involved, contact the UMW Sustainability Office at sustainability@umw.edu, or visit sustainability.umw.edu.
PARENTS and FAMILIES
Welcome! Whether or not this is your first experience sending a son or daughter off to college, you are bound to have questions. This book is a resource to assist you over the next several months in finding answers to those questions.

The UMW Office of Alumni Relations has partnered with on-campus marketing and the campus post office to provide special-occasion cakes, baked goods, and care packages for birthdays and final exams. Proceeds from the program support a UMW Fredericksburg Network Scholarship. This is the only program endorsed by the University to provide cakes or exam “survival kits.” The unique delivery system allows you to include handwritten notes and ensures on-time notification and delivery. Letters with ordering information will be sent to UMW families at the beginning of the academic year. To learn more, visit: umw.edu/parents.

**Absence from Class:** To make up missed work for absences of one or two days, students should contact each professor personally upon returning to class. For more lengthy absences, the student or his or her family may contact the Office of Academic and Career Services, which will work with you to notify all professors on your student’s schedule.

**Automobiles:** Because residential first-year students are not permitted to have vehicles at UMW, you may wish to investigate with your automobile insurance company the possibility of significant savings through two types of college student credits. “Lay-up credit” requires payment of only 10 percent of the regular liability premium based on a car that is not being used, and a 25 percent savings may be possible for “children away at school” for those on their parents’ policies who are attending a school more than 150 miles from home.

**EagleOne Account:** Deposits may be made to your student’s account 24/7 by visiting adminfinance.umw.edu/eagleone.

**Family Weekend:** This occasion gives families and friends of UMW students an opportunity to visit the campus and spend time together while getting an inside look at the University’s academic, social, and athletic activities.

**FERPA (Family Educational Records and Privacy Act):** Unless your student signs the “Student Consent for Release of Information” form and checks the box for “Official Grade Reports,” you won’t receive information about your student’s performance. This consent form is available in the Office of the Registrar, Lee Hall, second floor. Faculty and UMW staff are also restricted in the information they may share with you about how your student is doing in a particular course and other academic areas, even if you are financially responsible for the student. This is not a University policy. This is a requirement of FERPA, a federal law. For more information about FERPA, visit the Office of the Registrar online at academics.umw.edu/registrar or the U.S. Department of Education online at ed.gov/policy/gen/guid/fpco/index.html.

**Notification of Parents/Guardians:** To the extent allowed by federal law, the dean of student life will contact parents or guardians of students who are found responsible through the judicial process for an intoxication violation, or who accumulate two minor alcohol violations*.

In most cases, a student’s judicial records are not disclosed to anyone outside the University, including parents, unless the student has signed the “Student Consent for Release of Information” form and checked the box for “Information Concerning Student Conduct/Disciplinary Actions and Their Consequences.”

*Notification also occurs when a student has violated UMW’s Drug Policy.
Opportunities to Stay in Touch: UMW offers many opportunities for parents to stay connected. Learn more by visiting umw.edu/parents. Please ask your student to review or complete the Parent and Family Information Form available in the EagleNet Portal. This will ensure that you receive communications, including information about Family Weekend and other special events, as well as the UMW Magazine.

Parent Leadership Circle: The UMW Parent Leadership Circle is a group of active Mary Washington parents who provide outreach for the University. Members help inform fellow parents of the importance of supporting UMW, and they choose to support the University with an annual leadership-level gift. For more information, visit giving.umw.edu/immediate-impact/parents.

Parking: When visiting your student during the academic year, please use the visitor spaces near George Washington Hall or Level 4 of the Alvey Drive parking deck. An overnight guest must obtain a visitor dash pass from Parking Management, Lee Hall, or UMW Police, Brent Hall (after office hours). adminfinance.umw.edu/parking

UMW Police – Safety and Security: The campus is protected by its own police officers, 24 hours a day all year, including holidays and breaks. The UMW PD is a full-service law enforcement agency with a range of programs from Adopt-A-Hall, which offers crime prevention tips and personal security seminars, to free licensed RAD (Rape Aggression Defense) courses. The PD also operates an on-campus safety escort in the evenings, and students may request a ride from outlying parking areas or an escort to their residence hall.

UMW has fire detection and alarm systems in all buildings. Smoke detectors are in the hallways, stairwells, and rooms of residence halls. Each hall has three fire drills each semester to ensure that everyone knows how to be safe during a fire emergency. Fire safety violations such as false alarms or tampering with fire extinguishers are taken very seriously and may result in severe disciplinary action such as suspension or loss of housing privileges in addition to responsibility for the cost of damages.

Student Employment: Approximately 20 percent of UMW students work on campus, each earning an average of $1,545 each per school year. The Office of Financial Aid provides information to students interested in employment on campus. Students wanting information about employment in the campus dining hall, Eagle’s Nest, or catering operation should contact UMW Dining Services.

Study Skills and Tutoring: The Office of Academic and Career Services offers seminars and a series of workshops on topics such as note taking, time management, textbook reading, and other important study concerns. It also coordinates a peer tutoring program for students who need a refresher or extra help in their courses. More information is available at academics.umw.edu/academicandcareerservices/ focus-seminars and academics.umw.edu/academicandcareerservices/tutoring.

Limited housing options are available during Thanksgiving, winter, and spring breaks for international and out-of-state students, but only for those who apply by the communicated deadline. Students should contact the Office of Residence Life to investigate possible housing options for breaks.
BANNER – an online administrative system accessed via the EagleNet Portal that provides personal information and transactions such as:
- registration for classes during appointed times
- modification and view of current classes and registration holds
- unofficial transcript with final grades for completed classes, term GPA, and cumulative GPA
- view of transferred credits from other institutions
- retrieval of mailbox number and combination
- view of meal plan selection

BALL CIRCLE – grassy area across from Lee Hall frequented by flag football players and sunbathers

BATTLEGROUND – athletic complex one block from campus, home to the outdoor varsity teams, rugby teams, track, and indoor and outdoor tennis complexes

BEACH – lawn area between Mason and Randolph halls frequented by Frisbee players and sunbathers

BLUE LIGHTS – emergency lights located on campus with phones that are directly connected to UMW Police

The BULLET – student-run weekly newspaper

CAMPUS WALK – large brick walkway through the center of campus with lots of benches and great gathering places

CANVAS – online course management system that provides course information such as notes, grades, assignments, and class announcements. Use varies by professor. May be accessed through EagleNet, through the QuickLinks at the top of the UMW home page, or via canvas.umw.edu.

CENTRAL PARK – 310-acre shopping area located west of campus on Route 3, with more than 100 stores (Target, Wegmans, Walmart, Old Navy, etc.) and many national chain restaurants

CHEAP SEATS CINEMA – shows latest blockbuster movies on weekends for $1

CLASS COUNCIL – organization charged with maintaining UMW traditions

CLUB CARNIVAL – biannual event held the first week of each semester, during which students can find out about clubs and organizations

COAR – Community Outreach and Resources, run by students who coordinate volunteer activities on and off campus and service-learning programs

DODD – auditorium in GW Hall, home to many UMW traditions, concerts, and $1 movies

DOUBLE DRIVE – U-shaped driveway located off College Avenue at the main gates of the University; also known as GW Circle

DOWNTOWN – located within walking distance of campus, featuring shops, restaurants, and historic sites

EAGLE – UMW mascot

EAGLE VILLAGE – a residential and retail mixed-use village for townspeople, students, and faculty to shop, live, work, and enjoy entertainment facilities. EAGLE LANDING is the residence hall at Eagle Village.
**EagleNet PORTAL** – important source for UMW information; located at [EagleNet.umw.edu](http://EagleNet.umw.edu)

**EagleOne** – relates to EagleOne card, or funds deposited in EagleOne account

**EaglePAY** – online billing and payment system; located in EagleNet Portal

**EMPLOY-AN-EAGLE** – online database managed by Academic and Career Services where internship and job opportunities are posted

**eSUDS** – online laundry monitoring system used in most residence halls

**FLEX** – (n.) extra money that comes with your meal plan to use at the Eagle’s Nest or Seacobeck; (v.) to use your flex dollars to pay for yourself or someone else, ex. “I’ll flex you today.”

**FOUNTAIN** – social center of campus, located in Palmieri Plaza

**FRED** – bus system that can take you almost anywhere you need to go in Fredericksburg

**GIANT** – a student organization that provides concerts and other entertainment for the campus throughout the year

**GW** – George Washington Hall, home to Dodd Auditorium and the offices of the president and others

**HONOR COUNCIL** – promotes awareness of and adherence to the honor system and assesses violations related to lying, cheating, or stealing

**HOTLINE** – extensions to call for University schedule updates (654-2424) and athletic schedule updates and team results (654-1869)

**IT HELP DESK** – provides assistance with computers and technology (654-2255)

**JEFFERSON SQUARE** – lawn between Jefferson, Bushnell, and Combs halls

**JRB** – Judicial Review Board holds hearings and issues sanctions regarding violations of the community standards, such as alcohol offenses or property damage

**The LINK** – connecting area between Mason and Randolph halls

**LEE HALL** – houses essential student services, The University Bookstore, and The Underground

**Mdub** – otherwise known as Mary Washington

**NEST** – nickname for the Eagle’s Nest food court in Woodard Campus Center

**ORGSYNC** – online portal where everyone connects!

**SAE** – Office of Student Activities and Engagement; helps students plan events, start a club, request club funding, approve fliers, and more

**SEACO** – nickname for Seacobeck Hall, the main campus dining facility

**SGA** – Student Government Association, which includes the Honor Council, JRB, Legislative Action Committee, Academic Affairs Council, Association of Residence Halls, Senate, and Commuting Student Association

**SPIRIT ROCK** – boulder near the Campus Center on which students may paint messages

**The UNDERGROUND** – student programming facility that hosts events nearly every night of the week

**UMWQEP** – UMW’s Quality Enhancement Plan: First-Year Seminar: Research, Write, Speak

**WEBMAIL** – email system provided for students and faculty

**WMWC** – student-run radio station webcasting at [wmwc.umwblogs.org](http://wmwc.umwblogs.org)
YOUR UMW BOOKSTORE | We’ve got all your gear right here.
Directions to Campus
Once in Fredericksburg

To Ball, Custis, Madison, Marshall, Russell, Virginia, or Willard halls

From Route 3: Turn left onto William Street (Route 3 East-Business) at the intersection of Route 3 and the Blue-Gray Parkway. This will be the sixth traffic light past I-95. Continue on William Street one block past College Avenue and turn left at the next intersection onto Sunken Road.

From U.S. 1: Turn onto College Avenue at the traffic light by the Eagle Village Shopping Center. Continue to William Street and turn left. Continue one block and turn left at the next intersection onto Sunken Road.

To find Marshall Hall or Russell Hall from Sunken Road: Make the first left into Marshall parking lot or the second left into Russell parking lot.

To find Ball, Custis, Madison, Virginia, or Willard halls from Sunken Road: Follow Sunken Road to the University’s main rear gate, turn left, and follow the road up the hill. At the top of the hill, bear to the right – do not enter the circle. Follow that road until you reach Woodard Campus Center. University personnel will direct you from there.

To Alvey or Arrington halls

From U.S. 1: traveling north: Make the first right past College Avenue onto Alvey Drive.

To Bushnell, Framar, Jefferson, Mason, Randolph, South, or Westmoreland halls

From Route 3: Turn left onto William Street (Route 3 East-Business) at the intersection of Route 3 and the Blue-Gray Parkway. This will be the sixth traffic light past I-95. Continue on William Street about one-half mile and turn left onto College Avenue.

From U.S. 1: At the traffic light by the Eagle Village Shopping Center, turn onto College Avenue.

To find Mason, Jefferson, Randolph, Bushnell, or Westmoreland halls from College Avenue: Proceed to the University’s main gate (located at a traffic light). Turn onto Double Drive. University personnel will direct you from there.

To find South Hall or Framar Hall from College Avenue via Route 3: From College Avenue, take an immediate right into Jefferson parking lot.

To find South Hall or Framar Hall from College Avenue via U.S. 1: From College Avenue, proceed through the traffic light at Double Drive and take an immediate left into Jefferson parking lot.

To Eagle Landing

From U.S. 1: Turn into the Eagle Village Shopping Center. Follow the road straight until you come to a stop sign. Take a right and **pull into the parking deck** for check-in at Eagle Landing. It is very important to avoid parking (even for a moment) in the customer parking lot near Eagle Landing.
WHERE DO YOU THINK BEST?